

# Questions for your care team

Caregivers are not expected to be medical professionals. Below are some key questions and concepts you can talk over with your patient's doctors, nurses and therapists while they are in the hospital or after discharge. Please add your own questions to this list.

- What are the machines/fluids for?
- What should I expect while the patient recovers?
- Can you review the patient's medical record with me?
- What kind of supervision will the patient need at home?
- Can I give the patient more pain medication if they ask?
- Are there side effects to any of the patient's medications?
- Is there anything specific ("red flags") I need to watch out for? Who do I call/what do I do if I notice any problems?
- Are there any activities the patient should not be doing? For example: walking, driving, living alone.
- Are there any foods the patient cannot eat?
- What kind of therapy will the patient need? How can I help?
- What do you need to know from me?
- This is what is most important to us once we get home: \_\_\_\_\_
- I'm worried about: \_\_\_\_\_
- I'm confused about: \_\_\_\_\_
- Can you please clarify what this means: \_\_\_\_\_

Other questions: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_