



Follow Up Guidelines for Heart Transplant Recipients of the Henry Ford Transplant Institute

Required visits to the clinic on K-14 at the Henry Ford Hospital Campus

(Your doctor may require additional visits and lab tests)

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| Months 1-6: | Bi-weekly clinic appointment visits at Henry Ford Hospital Clinic, K-14, Detroit. Weekly blood draws are required. |
| Months 7-12: | Monthly clinic appointment visits at Henry Ford Hospital Clinic, K-14, Detroit. Weekly blood draws are required. |
| After 12 months: | Quarterly clinic appointment visits at Henry Ford Hospital Clinic, K-14, Detroit. Monthly blood draws are required. |

Based on your outcome, your local medical provider or your Henry Ford Transplant Team may find it appropriate for you to:

- 1. Have more frequent visits and blood draws**
- 2. Receive additional IV medication**
- 3. Have additional biopsies of the transplanted heart of other procedures/imaging related to your transplant at Henry Ford Hospital**

You will have frequent changes in medications. You will need a support person with you during doctor visits to help take notes and remember all medication instructions.

You will not be medically cleared to drive for several weeks after transplant. Family will be responsible for driving you to your clinic appointments. Transplant recipients must avoid public transportation.