



Follow-Up Guidelines for Kidney Transplant Recipients of the Henry Ford Transplant Institute

Required visits to the clinic on K-16 at the Henry Ford Hospital Campus

(Your doctor may require additional visits and lab tests)

Month One Two clinic appointments per week for blood draw and to see the Henry Ford transplant team

Month Two One clinic appointment per week to visit the Henry Ford transplant team, and one blood draw per week, done at your local lab prior to your transplant team visit

Month Three One clinic appointment every other week, and one blood draw per week at your local lab

After three months, you will follow up with your local nephrologist if you are not a Henry Ford nephrology patient. You will then see the Henry Ford transplant team on K-16 every six months.

Months four through 12 Blood draws every other week at your local lab. Appointments with your local medical provider once a month, or every two months at their direction

Remember: If your local medical provider, or the Henry Ford transplant team believe it is appropriate:

- You may have more frequent appointments and blood draws
- You may have to take infusions at the K-16 clinic or Emergency Department on the Henry Ford Hospital Campus
- You may have receive other intravenous (IV) medications
- You may have a biopsy of the transplanted kidney or other procedures related to your transplant at Henry Ford Hospital in Detroit
- You will have frequent changes in medications. You will need a support person with you during doctor visits, who can help you remember the medication instructions.