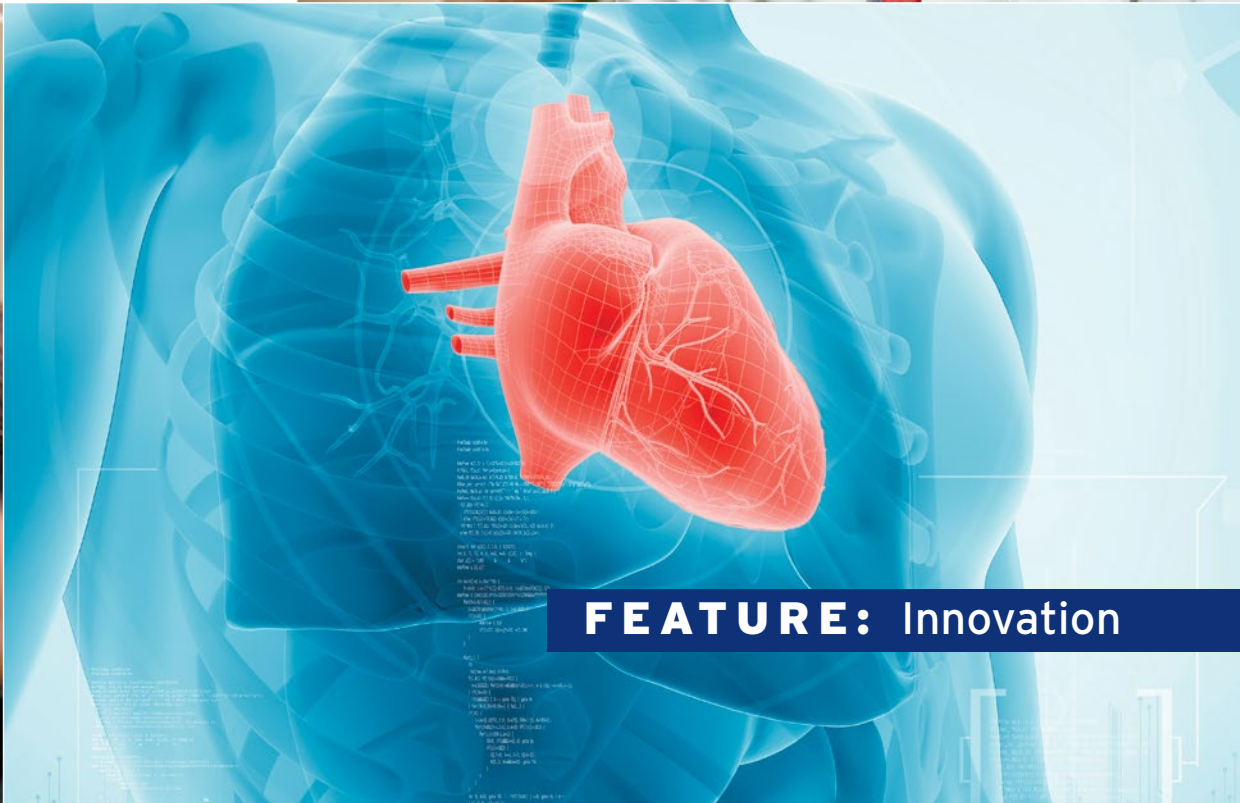


# Rounds

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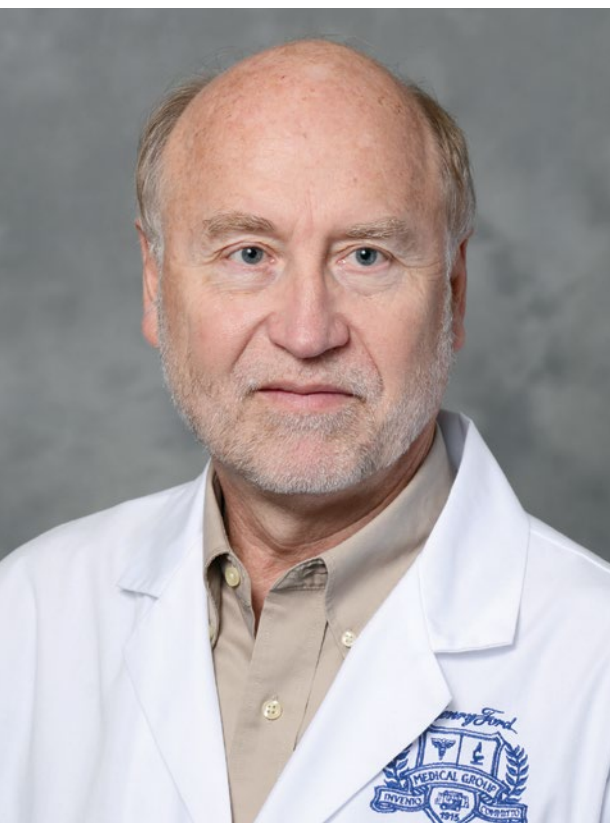
A publication for  
members of the  
Henry Ford Medical  
Group Alumni  
Association, Henry  
Ford physicians,  
residents and alumni



ALUMNI



## From the President



Lawrence Mitchell, M.D.  
President, Henry Ford Medical Association

In this issue of ROUNDS we take the opportunity to acknowledge, thank, and honor our residents and fellows who provide exemplary care to our patients at HFHS, both on an inpatient and outpatient basis. Included in this edition is a list of all graduating house staff from 2016, and the recipients of the four awards presented at the Outstanding Resident Award Banquet held at the Detroit Athletic Club last spring. The awards program was established 26 years ago through the efforts of Drs. Jan Rival, Roger Smith, and Mike Benninger. Three of the awards are named after these 3 individuals, and the fourth award for teaching is endowed and named after Dr. Peter Coggan, the former head of medical education.

This year there were 24 individuals nominated by their Department Chair or Program Director to receive one of these four awards. As you can imagine, attempting to select from such a talented group of nominees is almost an impossible task. The choices were made by the Executive Committee of the Alumni Association

and the Graduate Education Committee. During the presentation we had the opportunity to meet each of the nominees on an individual basis and hear from them about their experience at HFHS and some of their future plans. I'm sure every member of the Alumni Association joins me in expressing thanks and congratulations to each nominee for their accomplishments in continuing the tradition of excellence we have come to expect and recognize in our physician training program.

I want to acknowledge and apologize for the delay in the publication of this issue; we are currently in the process of restructuring the Alumni Association to better enhance communication and services between HFHS colleagues and external alumni. Our goal is to provide more targeted services and programs based on our mutual mission to serve as a continuing resource to HFMG alumni throughout your careers and beyond. More about these changes will be highlighted in upcoming issues.



# Rounds

## PROFILE: Dr. Nicholas Frisch

### 2016 Outstanding Resident

Last spring, Nicholas Frisch received the Outstanding Resident Award, which recognizes exceptional patient care, academic and research excellence and commitment to community service. Residency Program Director, Bill Matzouros, M.D., wrote in a recommendation letter for the award, “I can’t express enough in a letter how good a person Nick Frisch really is. He is professional and kind and has been a leader in a fantastic class of residents.”

#### AWARD RECIPIENTS

**Nicholas Frisch, M.D.**  
Orthopaedic Surgery  
*Michael S. Benninger, M.D. Outstanding Resident Award*

**Jesse Sammon, D.O.**  
Urology  
*Jan Rival, M.D. Outstanding Resident Award*

**Rafael Cabrera Salinas, M.D.**  
Cardiology  
*Roger F. Smith, M.D. Outstanding Fellow Award*

**Robert Keller, M.D.**  
Orthopaedic Surgery  
*Peter Coggan, M.B., B.S. Outstanding Teaching Award*



*Dr. Nicholas Frisch values the opportunities he gained in learning and research at Henry Ford Health System.*

## In Praise of Collaboration

When someone asks “What makes Henry Ford Health System different?,”

Dr. Nicholas Frisch, M.D./MBA and former orthopedic surgery resident, believes he knows the answer. “The truth is that it’s the camaraderie,” he said. “You can feel it; it’s palpable.”

That sense of trust and friendship is what first drew Frisch to Henry Ford Health System.

“I did a rotation here in medical school (he attended Tufts University), and I noticed the camaraderie then. This was my first choice for residency, and after being here, I sense it even more. There are so many resources here, and people are willing and eager to work together.”

In his five years at Henry Ford, Dr. Frisch had multiple opportunities to work with a variety of people and departments to pursue collaborative research—something he gets

excited about. “We were working on learning more about metal ion toxicity in patients as a result of the components used in hip replacements,” said Frisch. “We collaborated with research cardiology to compare echocardiogram findings in our patient population with large cardiac population data. We worked with musculoskeletal radiology to perform ultrasounds in asymptomatic patients with pseudotumors. That’s the type of

collaboration I’m talking about—everyone you ask is willing to participate.”

In 2014, Frisch worked with Dr. Robert Keller, former orthopedic resident and M.D., and Dr. Stephen Bartol, chief medical officer of Henry Ford Innovations (HFII), to develop digital wearable sensors that utilized smartphone technology to limit range of motion and encourage healthy recovery after orthopedic surgeries. The design won second place in the Innovation Institute’s Digital Health Challenge and led to provisional patent filing in collaboration with HFII. Development of this tool could help prevent common dislocations after surgery and reduce avoidable readmission.

Frisch presented four projects at the International Society for Technology in Arthroplasty (ISTA) in Vienna, Austria. One has been accepted for publication in the Journal of Arthroplasty and another has been accepted in Orthopedics.

“The incredible thing about Ford is that it is a resident-driven program. Residents are given a lot of autonomy and encouraged to pursue their specific areas of interest. Throughout the process our staff maintain

research; he always figures out how to get it done. Frisch acknowledges Bartol for pushing him to design and develop his business interests outside of clinical. He also recognizes Dr. Michael Mott, M.D., as another key mentor. “Dr. Mott is one of the smartest guys I’ll ever work with. He made sure that at the end of the day, my clinical growth as a surgeon remained a top priority.”

firsthand how orthopedic practices could change his life, and today, he thoroughly enjoys being able to help others experience that feeling as well. “Being able to take people who are in pain, suffering, and are having difficulty walking, and then see them come out of surgery and be able to move without pain within hours or days, well, it’s incredibly rewarding.”



*Dr. Nicholas Frisch sought to strike a balance between research and clinical care during his residency at HFHS.*

### THERE’S AN APP FOR THAT

Frisch, Keller and Bartol teamed up again this spring to enter the HFII/Ford Motor Company Health App Challenge. In collaboration with a talented group at Ford Motor Company (Hussain Nassralah, Austin Kirk, Fuyi Wang) they won the challenge for developing an app that will bridge the inherent gaps in delivering ambulatory care to passengers involved in motor vehicle accidents. The app, called Life SYNC, will provide emergency first responders with crucial health information via a mobile app synced with Ford vehicles at the time of purchase. The group is hoping to develop this product further with Ford Motor Company.

active engagement and support,” said Frisch.

Projects Frisch has worked on include ones on trauma, chondrosarcoma, implant designs, anti-coagulation tools, and other topics.

Frisch accomplished all of this while maintaining his regular clinical duties, and he credits his mentors with helping him balance responsibilities. “Chairman Dr. [Theodore] Parsons, (M.D.) is an incredible advocate for residents and the orthopedic department. He was a really strong influence for me in coming here,” Frisch said. In addition, Dr. Craig Silverton, D.O., has “been the single best thing that’s happened to me since I’ve been at Ford. He is the senior author on the majority of my

Frisch’s desire to pursue research stems from his strong belief that through evidence-based clinical practice, one can achieve favorable patient outcomes in orthopedics. Like many in the medical field, Frisch has a story about how a personal injury led him to medicine. In high school he suffered a debilitating ski injury that required surgery, but just a few months later, he was back on the snow training in Mt. Hood, Oregon, with his team. “I was so grateful and truly amazed that it was possible for the physician to perform this surgery and for me to have such a rapid recovery and be back on my feet in a short amount of time,” he said. He experienced

Frisch is currently participating in a one-year adult reconstruction fellowship at Rush University Medical Center in Chicago next year. After that he hopes to return to Michigan with his wife Paige and two young children to settle permanently. “Practicing medicine was a long-term goal that would have been insurmountable without the unwavering support of my wife,” said Frisch. Frisch’s time at Henry Ford has allowed him to develop as a clinician, a researcher and a person, and he couldn’t be happier. “Henry Ford is leading the way in healthcare,” he said. “This is an incredible work-hard, play-hard environment, and the people here have become some of my closest friends.”





### INNOVATION: We Are All Heart



## Henry Ford Hospital and Henry Ford Macomb named Top 50 U.S. Cardiovascular Centers

**H**enry Ford Hospital and Henry Ford Macomb Hospital have been named Top 50 Heart Hospitals for 2017.

Selected from more than 1,000 hospitals evaluated across the United States, this is the fifth time each of the Henry Ford hospitals have received the award through the 100 Top Hospitals program by Truven Health Analytics.

“We continually strive to provide highly advanced, life-saving cardiovascular options to the people of southeast Michigan,” says cardiologist Henry Kim, M.D., Division Head for Cardiology in the Edith and Benson Ford Heart & Vascular Institute at Henry Ford Hospital. “To be recognized for that both at Henry Ford Hospital and Henry Ford Macomb Hospital is truly an honor.”

The Truven evaluation is based on publicly available data that compares patient outcomes, operational efficiencies and financial metrics. Study winners had better outcomes while operating more efficiently and at a lower cost than others included in the analysis.

Together, Henry Ford Hospital and Henry Ford Macomb offer cardiovascular options not available at other heart centers in the region, including complex cardiac electrophysiology, advanced cardiac imaging, cardio-oncology

and specialists in congenital heart disease.

Henry Ford Hospital is a heart magnet hospital for patients throughout Michigan, providing highly specialized care while partnering with cardiologists at patients’ local hospitals. The hospital is also the only center in metro Detroit area to offer advanced heart failure treatments ranging from heart pumps to heart transplants, and provides specialized attention through the Henry Ford Women’s Heart Center.

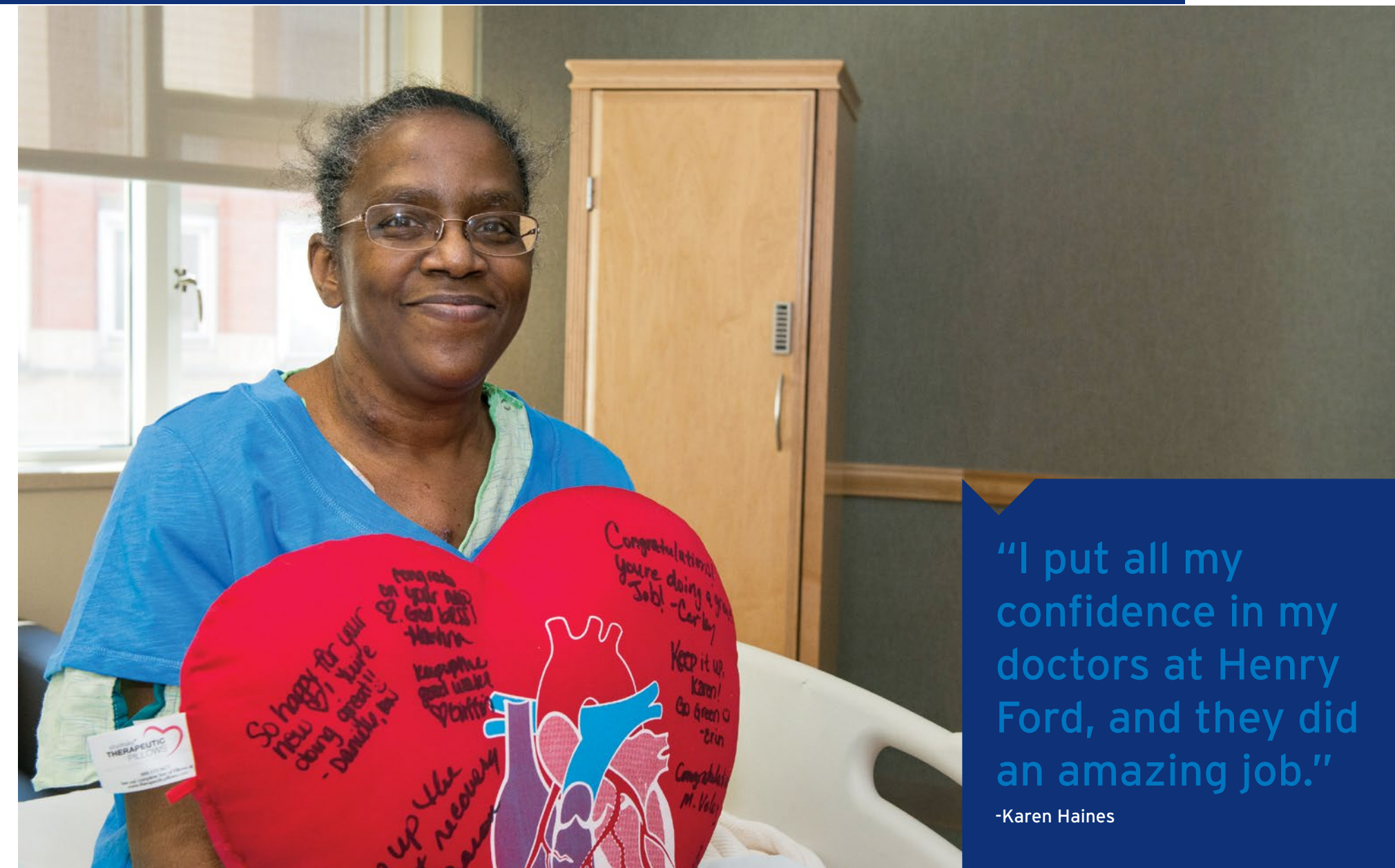
The hospital’s Center for Structural Heart Disease is home to pioneering interventional cardiologist William W. O’Neill. He is one of only 26 Master Fellows out of 4,500 world-wide members of the Society for Cardiovascular Angiography and Interventions (MSCAI), the professional medical society for invasive and interventional cardiologists. Dr. O’Neill, who pioneered the use of angioplasty to stop heart attacks, and his team continue to perform ground-breaking, catheter-based procedures to treat structural heart disease.

That dedication to advanced care also extends to the award-winning Henry Ford Macomb. The hospital’s medical director of cardiothoracic surgery, Steven Harrington, M.D., and cardiac surgeon Raed M. Alnajjar, M.D.,

attribute the award to fast, efficient and highly effective treatment for everything from the time it takes to treat a patient experiencing chest pain to the costs associated with cardiovascular care.

From ensuring 100% of patients undergoing angioplasty receive aspirin—which lowers risk while doctors open blocked or narrowed heart arteries—to low rates of vascular complications and blood transfusions during procedures, the Clinton Township hospital leads the region in cardiac care. Henry Ford Macomb offers one of the nation’s largest cardiac robotic surgery programs. The hospital also extended cardiology care into the community by providing 12-lead echocardiogram devices to area ambulance providers so cardiovascular specialists can prepare for life-saving interventions during heart attacks while patients are en route to the hospital.

“Our motto, ‘All for you,’ isn’t just a slogan; it’s how we practice medicine, every day,” says Dr. Harrington. “We also share our best practices with other health systems, with the thought that we truly focus on improving patient care across the board.”



“I put all my confidence in my doctors at Henry Ford, and they did an amazing job.”

—Karen Haines

## First Heart-liver Transplant Patient in Metro Detroit

**M**other of three Karen Haines, the first heart-liver transplant patient in metro Detroit, said she was excited to go home just over two weeks after her surgery at Henry Ford Hospital.

“Of course, I’m not 100 percent, but I’m working on it,” says Haines, 59, of Okemos, who is also a grandmother of four. “I put all my confidence in my doctors at Henry Ford, and they did an amazing job.”

Haines guided UPS planes in and out of Capital Region International Airport in Lansing before cardiomyopathy diagnosed in 2005 forced her to quit. She started noticing shortness of breath as she walked from ramp to ramp and while doing routine things at home. Doctors believe a virus caused the infection that affected her heart’s ability to pump properly.

“Karen’s heart transplant was first complicated by Hepatitis C which disqualified her,” explains Hassan Nemeh, M.D., surgical director of heart transplant, Henry Ford Transplant Institute. She most likely contracted the virus in 1988 through a blood transfusion during treatment of complications from pregnancy.

Fortunately for Haines, doctors developed a cure for Hepatitis C. She underwent treatment from September through December, 2014.

But despite the cure, her doctors worried that hidden damage from the Hepatitis C virus might someday affect her liver. The United Network for Organ Sharing, which coordinates organ donation in the United States, reports only one other heart-liver transplant has been performed in Michigan, a pediatric transplant in 2010.

“Our heart and liver transplant teams determined a dual transplant—including a healthy liver—was the best option for Karen,” says Atsushi Yoshida, M.D., surgical director of liver transplant, Henry Ford Transplant Institute. “Despite the rare nature of such a procedure,

our surgeons are very experienced in both types of transplants. The operation went very smoothly.”

Dr. Nemeh says, “We believe Karen’s positive spirit and seamless teamwork helped her quick recovery. We were very excited to see Karen go home two weeks after her surgery with such energy and enthusiasm. Her recovery and return to her family is the best reward.”



Transplant Surgeon Dr. Marwan S. Abouljoud stands next to Karen Haines, the first person to receive a heart-liver transplant in metro Detroit.





## ACHIEVEMENT: Hard Working Residents



### 2016 Outstanding Resident Award Nominees

#### OUTSTANDING RESIDENT AWARD NOMINEES

Sameer Avasarala, M.B., B.S., Internal Medicine  
 Anoop Chhina, M.D., M.B., B.S., Anesthesiology  
 Megan Fojtik, D.O., Psychiatry  
 Ben J. Friedman, M.D., Dermatology  
 Nicholas Frisch, M.D., Orthopaedic Surgery  
 Amit Gupta, M.B., B.S., Family Medicine  
 Vivek Katukuri, M.B., B.S., Obstetrics & Gynecology  
 Sam Langberg, M.D., Emergency Medicine  
 Karyn Ledbetter, M.D., Diagnostic Radiology  
 Aqueel Pabaney, M.B., B.S., Neurosurgery  
 Kelly J. Rosso, M.D., M.S., General Surgery  
 Jesse Sammon, D.O., Urology  
 Steven Saraf, M.D., Ophthalmology  
 Matthew M. Smith, M.D., Otolaryngology  
 Sean Vance, M.D., Radiation Oncology

#### OUTSTANDING FELLOW AWARD NOMINEES

Faiza Bhatti, M.B., B.S., Gastroenterology  
 Rafeal Cabrera Salinas, M.D., Cardiology  
 Preetika Kataria, M.B., B.S., Anesthesiology: Pain Medicine  
 Kimberly Nicol, D.O., Cardiothoracic Anesthesiology  
 Abdul Kareem Uduman, M.B., B.S., Sleep Medicine

#### OUTSTANDING TEACHING AWARD NOMINEES

Stephen Chiang, M.D., Internal Medicine  
 Robert A. Keller, M.D., Orthopaedic Surgery  
 Takunda Mugwisi, M.D., Obstetrics & Gynecology  
 Adam Robin, M.D., Neurosurgery  
 Santiago Uribe-Marquez, M.D., Anesthesiology

## Celebrating Outstanding Achievements

Every year since 1991, appointees from Henry Ford Hospital and Henry Ford Medical Group choose graduating resident physicians to receive the Outstanding Resident Awards. The awards were established to provide recognition for graduating residents who excel in scholarly activity, patient care, and teaching and educational activity. Program directors nominate one individual for each award category based on a review of the award criteria. Once submitted, Medical Education provides additional information about the nominees to the voting committee. The voting committee includes the Henry Ford Medical Group Alumni Committee, and at least six other GMEC members. Each member reviews and ranks the nominees, and rankings are reviewed by the Executive Committee. Awards are presented to residents in the spring of each year, and they are honored with a plaque and monetary gift.

#### OUTSTANDING RESIDENT AWARDS

Recognizes excellence in scholarly activity, patient care, and teaching and educational activity. *Open to HFH residents only*

##### Two Awards available:

- Jan Rival, MD Outstanding Resident Award
- Michael S. Benninger, MD Outstanding Resident Award

#### OUTSTANDING FELLOW AWARD

Recognizes excellence in scholarly activity, patient care, and teaching and educational activity. *Open to HFH Fellows only*

##### One Award available:

- Roger F. Smith, MD Outstanding Fellow Award

#### OUTSTANDING TEACHING AWARD

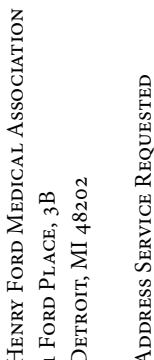
Recognizes excellence in teaching and educational activity  
*Open to HFH Residents and Fellows*

##### One Award available:

- Peter G. Coggan, MD Outstanding Teaching Award







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[henryford.com/alumni](http://henryford.com/alumni)

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Jan Rival, M.D., *Secretary*  
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# HFMG Alumni Association

# Look What's New in 2017:

## *New Name, New Services*

**A**s we start off this new year, we are changing our name to better reflect our mission. From now on, the Henry Ford Medical Group Medical Association will be known as HFMG Alumni Association. Our mission remains the same as it was when the organization was established in 1950: to foster professional and social relationships for current and former staff who trained or worked at Henry Ford.

To better serve you, our alumni, we plan to make some new services available in 2017 as well.

## WHAT YOU CAN LOOK FORWARD TO:

- Concierge patient referral services
- Lifetime access to the Henry Ford Innovation Institute
- Discounted CME opportunities

- Alumni finder program to connect you with past colleagues or Henry Ford trained providers living outside of Michigan

Keep your eye on [henryford.com/alumni](http://henryford.com/alumni) as we launch and refine these services. If you have comments, feedback, or questions about how we can better serve you, please email them to the office of Physician and Alumni Relations.

We hope that Alumni Specialty Directors will enhance communications between you, Henry Ford Health System colleagues, and external alumni. Their advice and counsel will help the Alumni Relations Office, and the Alumni Association, provide more targeted services and programs based on our mutual mission to serve as a continuing resource to HFMD alumni throughout your careers and beyond.

## WE WILL MISS: Obituaries

**DR. MELVIN BLOCK, M.D.**

The Department of Surgery is saddened to hear of the recent passing of Dr. Melvin Block at his home in Los Angeles. Dr. Block was a giant in the Department and served as Chairman from 1975-1979. He was a master surgeon, and one of the first clinicians in the country to use calcitonin as a marker of medullary thyroid cancer. He had a “can do” attitude that helped build many programs within the department and with our expansion to satellite practice. Dr. Whitehouse reminisced that he was a “surgeon in career, but internist in soul”. Dr. Block was 95.

**DR. THOMAS BURCH  
STOCK, M.D.**

We are saddened to hear of the passing of Dr. Thomas Burch Stock. Dr. Stock grew up in Detroit and began his career as an intern at Mt. Carmel Hospital. He established his cardiology practice there, and stayed there through the late eighties. When he retired from Mt. Carmel, he joined Henry Ford Hospital until he retired in 1996. Dr. Stock married his wife Patricia Ann Sheehand in 1957, and they had seven children. They now have 16 grandchildren. Dr. Stock passed away peacefully at their home on Union Lake on October 18, 2016. He enjoyed work, his family, and traveling the world with his wife. He enjoyed fishing, hunting, golf, and bridge. Dr. Stock was 85 years old.

**DR. ROBERT KLAUTKY, M.D.**

A long-time member of the anesthesiology department passed away in June, 2016. Dr. Rober Klautky worked as an anesthesiologist for Henry Ford Health System for over 30 years. He will be remembered as a kind man who was devoted to his work as well as his family. Dr. Klautky was the husband of 51 years to Vivienne Klautky, and the father of Michael (Laura), Robert Jr. (Jill), Ewald, Christopher and Johnathan Klautky. He has 10 grandchildren. Dr. Klautky died on June 29 at the age of 84.

**PETER DRENCHKO JR., M.D.**

It is with great sadness that I share with you the news of the sudden death of our colleague Dr. Peter Drenchko, Jr., who passed away unexpectedly at his home, January 30th, 2017.

Dr. Drenchko started his medical career at the University of Michigan where he completed his medical education and internship in Family Medicine in 1983. In 1986, he completed his residency in Obstetrics & Gynecology at St. Joseph Mercy Hospital in Ypsilanti, MI. Upon graduation he went into private practice until he joined the HFMG in 1992.

Dr. Drenchko was a highly competent clinician, devoted teacher, compassionate provider and a sensitive human being. The family has requested memorial donations be made to The American Heart Association.