

**HENRY
FORD
HEALTH®**

The Office of
Community Health,
Education & Wellness

2026 Healing Arts Calendar

Under the microscope, research images emerge as art in the Pancreatic Cancer Research Center at Henry Ford Hospital in Detroit.



January

Donald Cronkhite
 Mezzo Forte, 2022
 oil on canvas

Artist Donald Cronkhite seeks to capture the ever-changing skies, dynamic weather conditions, and shifting light through his realistic cloudscape. On view at Henry Ford Medical Center-Plymouth.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 New Year's Day	2	3 Mahayana New Year (Buddhist)
4 World Braille Day	5	6 Three Kings Day	7	8	9	10
11	12	13	14	15 Makar Sankranti (Hindu)	16	17
18 World Religion Day	19 Martin Luther King Jr. Day	20	21	22	23	24
25	26	27 Holocaust Remembrance Day	28	29	30	31

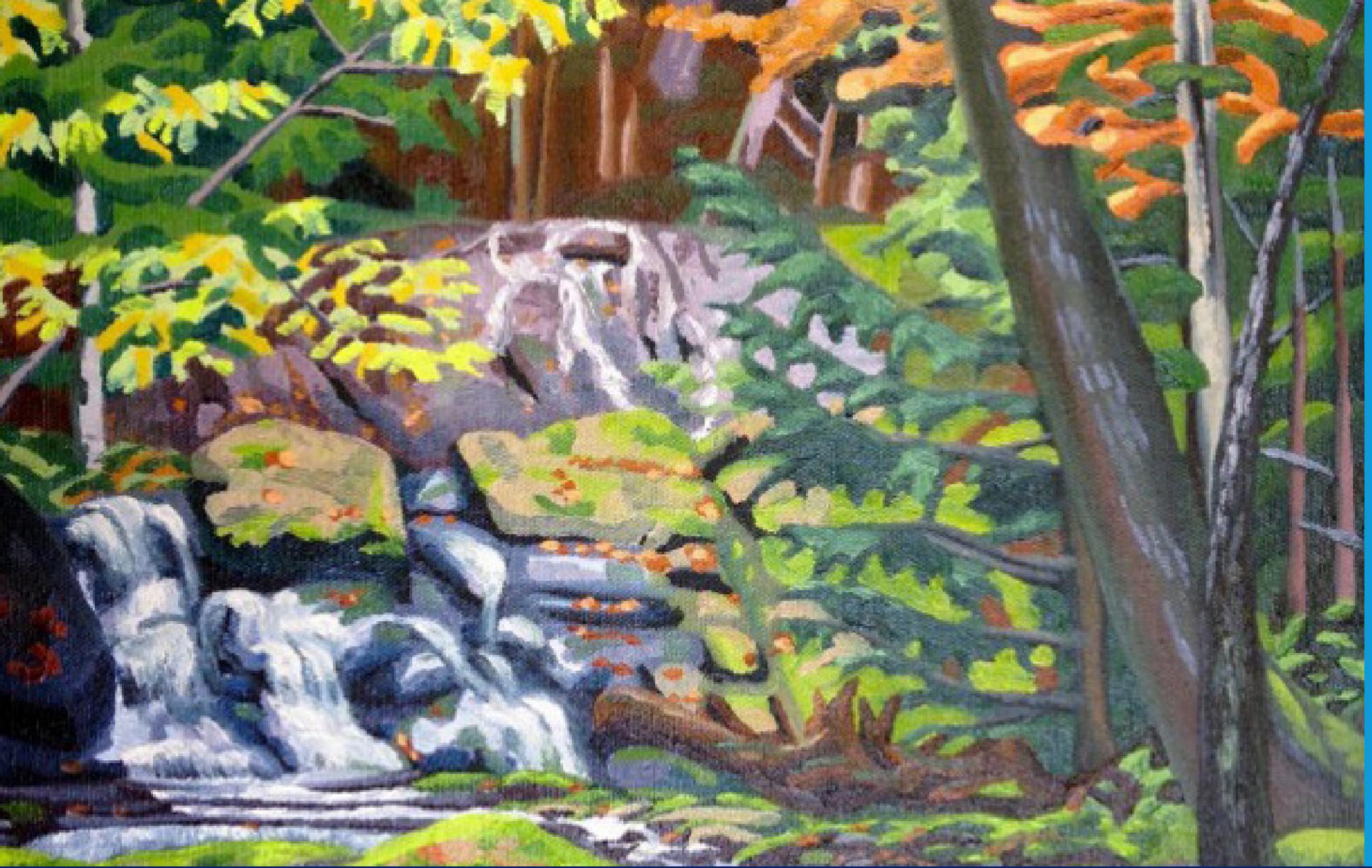


February

M. Saffell Gardner
 Title: Kyoto Morning
 acrylic on canvas

M. Saffell Gardner is a multidisciplinary Detroit artist known for his vibrant paintings, sculptures, and mixed media work exploring themes of ancestry, cosmology, and Black history. On view in the Henry Ford Health In-School Clinic at Western International High School in Detroit.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 World Cancer Day	5	6	7
8	9	10	11	12	13	14 St. Valentine's Day
15 Parinirvana Day	16 President's Day	17 Lunar New Year Ramadan begins (Islamic)	18 Ash Wednesday (Christian)	19	20 World Day of Social Justice National Family Caregivers Day	21
22	23	24	25	26	27	28

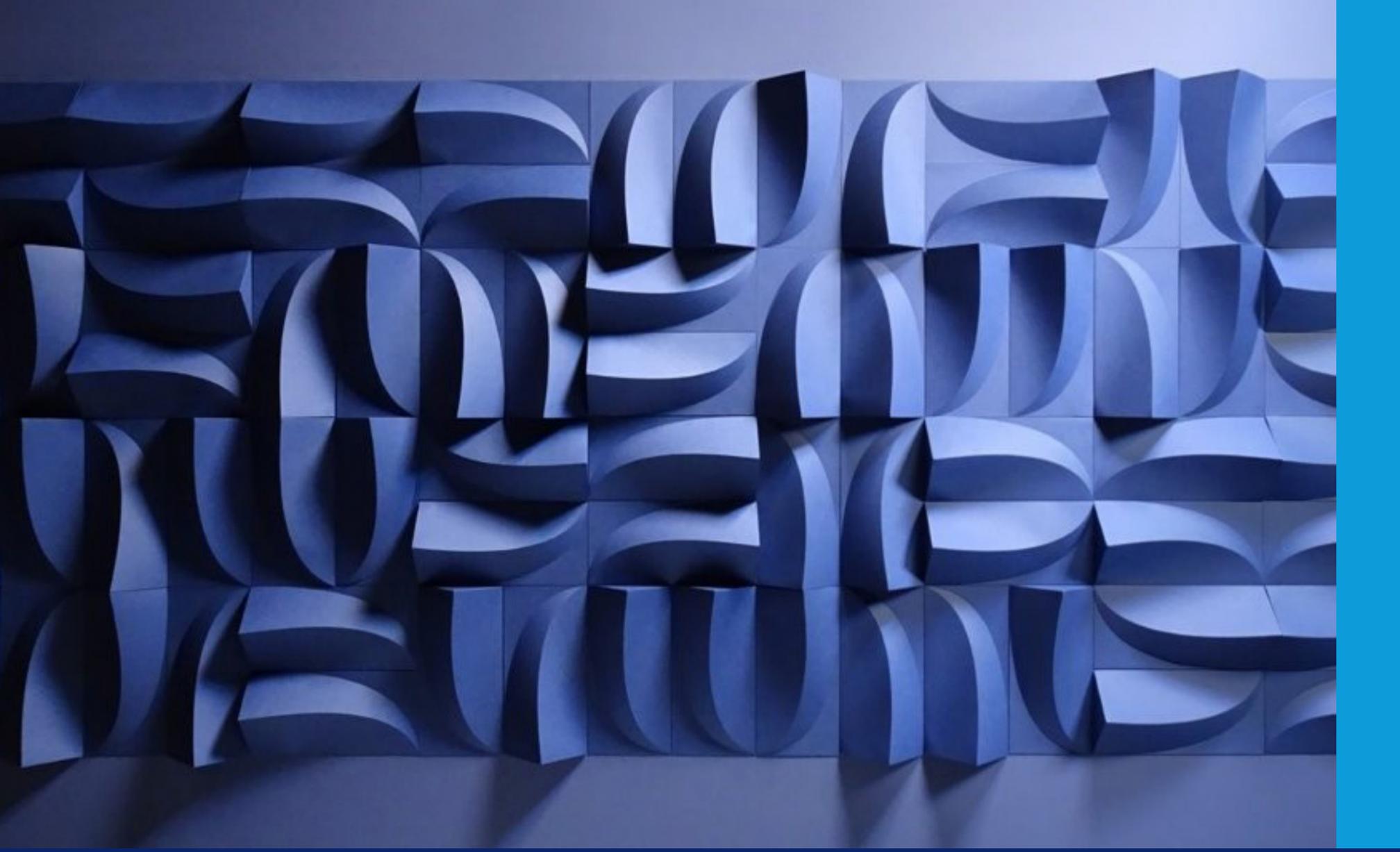


March

Alex Gilford
 Little Union Gorge, Porcupine Mountains Wilderness State Park, 2019
 oil on canvas

This painting was created during a Friends of the Porkies Artist in Residency at Porcupine Mountains Wilderness State Park. The artist discovered the gorge behind the off-grid log cabin where he stayed and painted en plein air, or in the outdoors, when the artist was directly experiencing the scene.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Purim (Jewish)	Caregivers Appreciation Day Magha Puja Day (Buddhist)	Holi (Hindu)			
8	9	10	11	12	13	14
International Women's Day						
15	16	17	18	19	20	21
		St. Patrick's Day		Ramadan ends	Spring Equinox Eid al-Fitr begins (Islamic)	Eid al-Fitr ends Naw-Ruz (Bahá'í New Year) International Day for the Elimination of Racial Discrimination
22	23	24	25	26	27	28
29	30	31	Developmental Disabilities Awareness Month Greek American Heritage Month Irish American Heritage Month		National Multiple Sclerosis Education and Awareness Month National Nutrition Month Women's History Month	
		International Transgender Day of Visibility				

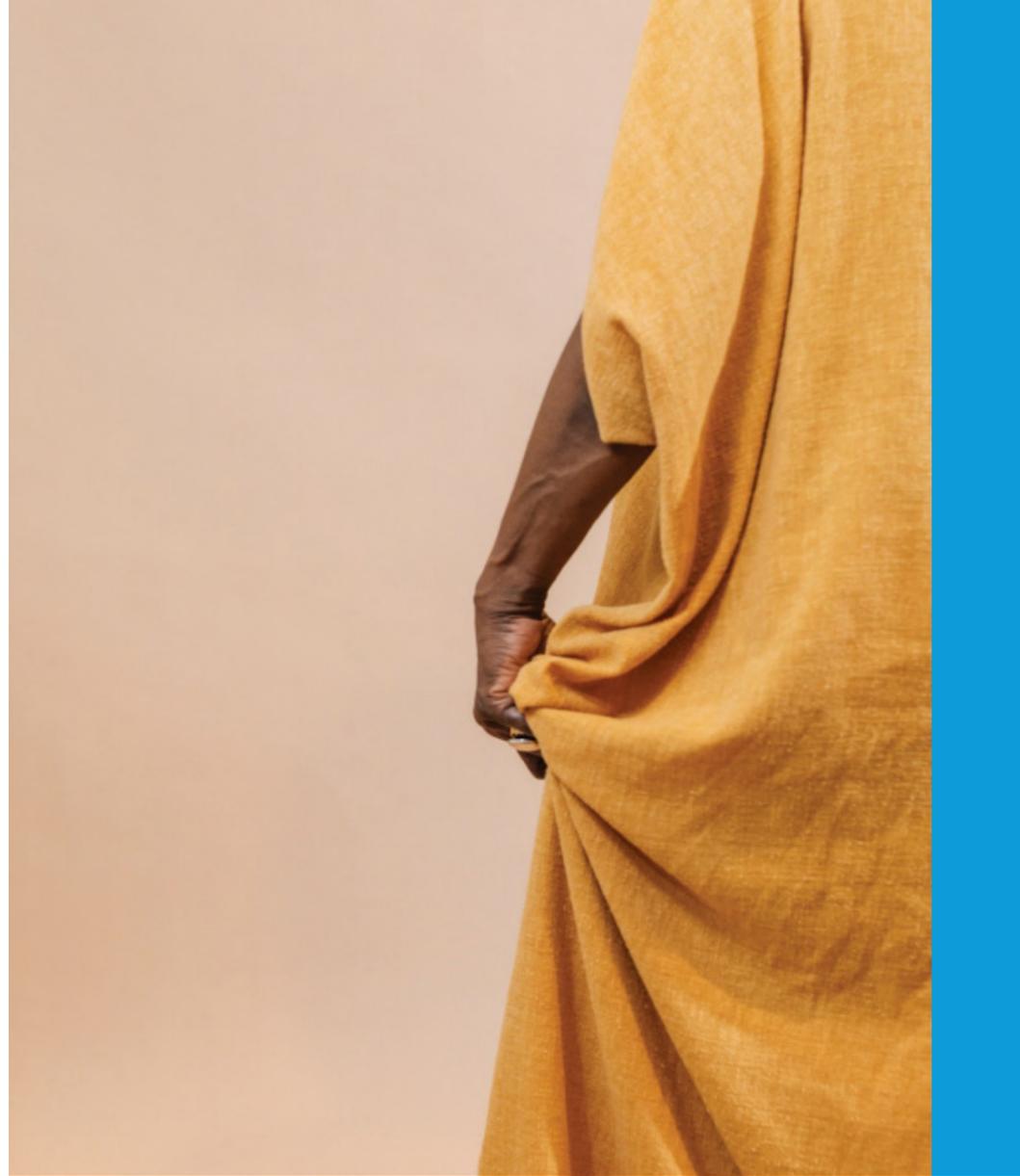


April

Matthew Shlian
Omaplata in Indigo, 2021
Paper sculpture

Matthew Shlian's artwork begins with an initial fold, a single action that causes a transfer of energy to subsequent folds. These folds ultimately manifest in drawings and three-dimensional forms. On view at Henry Ford Cancer-Detroit.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Passover begins (Jewish)	2 World Autism Awareness Day	3 Good Friday (Christian)	4
5 Easter (Christian)	6 National Public Health Week begins	7 Global Health Day	8	9 Passover ends	10	11 Black Maternal Health Week begins
12 Orthodox Easter National Public Health Week ends	13 Yom HaShoah (Jewish) begins	14 Vaisakhi (Sikh) Yom HaShoah (Jewish) ends	15 Jackie Robinson Day	16	17	18 Black Maternal Health Week ends
19	20	21	22 Earth Day	23	24	25
26 Lesbian Visibility Day	27	28	29	30		



May

Jova Lynne
Mitosis (left) and Handheld (right), 2023
Photography

Jova Lynne's artistic practice spans photography, video, performance, and installation to examine identity, power, and the body as a site of personal and political transformation. These photos embody the artist's interpretation of mitosis, where a single cell divides to form two identical daughter cells, a vital process for life on Earth, and feature the artist's grandmother. On view in at Henry Ford Hospital in Detroit.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Asian / Pacific American Heritage Month Haitian Heritage Month Jewish American Heritage Month Mental Health Awareness Month					1 Vesak (Buddhist)	2
3	4	5 Cinco de Mayo	6 National Nurses Week begins	7	8	9
10 Mother's Day	11	12	13 National Nurses Week ends	14	15	16
17	18	19	20	21 Shavout (Jewish) begins	22	23 Shavout (Jewish) ends
24 Pentecost	25	26	27	28	29	30
31	Memorial Day	Eid al-Adha (Islamic) begins			Eid al-Adha (Islamic) ends	



June

Bowen Kline
Lakeside Ride, 2019
Acrylic on panel

As a painter, Bowen Kline has always been interested in capturing “real life” and discovering the common elements everyone holds inside – those things that make us human. His practice is motivated by a desire to peel away the layers one builds up over time as a shield from the world and show how similar we all are to one another. On view in the ExCITE Clinic at Henry Ford Cancer in Detroit.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12 Filipino Independence Day	13
14	15	16	17	18	19 Juneteenth	20
21 Father's Day Summer Solstice The Longest Day (Alzheimer's Awareness)	22	23	24	25	26	27
28	29	30	Caribbean American Heritage Month LGBTQ+ Pride Month Men's Health Month		Alzheimer's Awareness Month	



July

Paloma Nunez-Regueiro
I am Here, 2021
Monoprint and linoleum print on BFK paper

Paloma Núñez-Regueiro is a Mexican printmaker born in Lima, Peru, now based in Ypsilanti, Michigan. Her work explores the vicissitudes of minorities and their stories to create a better understanding of their issues. She is an incessantly positive artist who profoundly believes in art as a tool to create the social change that can lead us to thoughtful actions, and the bettering of ourselves and our communities. On view at a Henry Ford Health In-School Clinic in Detroit.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Disability Pride Month French-American Heritage Month			1 Canada Day	2	3	4 Independence Day
5	6	7	8	9	10	11 World Population Day
12	13	14	15	16	17	18 Mandela Day
19	20 Colombian Independence Day	21	22	23	24	25
26 Anniversary of the Americans with Disabilities Act (ADA)	27	28	29	30	31	



August

Louise Jones ("Ouizi")
 Brigitte's Garden, 2021
 hand painted mural

Louise Jones (née Chen) also known as "Ouizi" is a second-generation Chinese American, born in Los Angeles, now based in Detroit, Michigan. She is widely known for her large floral murals in urban, public spaces throughout the United States. This mural was commissioned for the Henry Ford Cancer Pavilion in Detroit, celebrating the prize-winning gardens of the building's namesake, Brigitte Harris.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Breastfeeding Month						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31		Women's Equality Day	Ullambana (Buddhist)		



September

Ivan Montoya
Some Time Outdoors
Acrylic on canvas

Ivan Montoya creates paintings that express the Mexican diaspora through folkloric symbolism, and explore the dynamics between first and second-generation immigrants and their ancestors. On view at the Henry Ford Health In-School Clinic at Western International High School in Detroit.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Janmashtami (Hindu)	5
6 World Alzheimer's Awareness Month	7 Labor Day	8	9	10	11 Patriot Day	12
13 Ganesh Chaturthi (Hindu)	14	15 National Hispanic Heritage Month begins	16	17	18	19
20 Yom Kippur (Jewish) begins	21 Yom Kippur (Jewish) ends	22 Autumn Equinox	23	24	25 Sukkot begins (Jewish)	26
27	28	29	30			



October

A pumpkin-themed Art Therapy project inspired by famous contemporary artist, Yayoi Kusama, and led by Art Therapist, Calliandra Perry for a patient support group. Artmaking offers therapeutic benefits like stress reduction, improved mood, enhanced self-esteem, and improved emotional regulation.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
Breast Cancer Awareness Month	LGBT History Month					
Filipino American Heritage Month	National Bullying Prevention Month					
Italian American Heritage Month	National Disability Employment Awareness Month				Sukkot ends (Jewish)	
4	5	6	7	8	9	10
						World Mental Health Day
11	12	13	14	15	16	17
Navaratri begins (Hindu) National Coming Out Day	Thanksgiving (Canada) Indigenous Peoples' Day			National Hispanic Heritage Month ends		
18	19	20	21	22	23	24
	Navaratri ends (Hindu)		International Pronouns Day			
25	26	27	28	29	30	31
		Kathina (Buddhist)				Halloween



November

The David DiChiera Music Therapy Program supports live music performances across the region through special partnerships with the Detroit Opera and the DSO. At Henry Ford Jackson Hospital, a harpist from the Jackson Symphony Orchestra plays beautiful calming music for patients and staff in the infusion center.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Dia de los Muertos begins	2 Dia de los Muertos ends	3	4	5	6	7
8 Diwali (Hindu)	9	10	11 Veteran's Day	12	13	14
15	16	17	18	19	20 Transgender Day of Remembrance	21
22	23	24 Guru Nanak Jayanti (Sikh)	25	26 Thanksgiving (US)	27 Native American Heritage Day	28
29	30	National American Indian and Alaskan Native Heritage Month National Family Caregivers Month National Veterans and Military Families Month				



December

Artist: Sarah Kasper
 Firmly Rooted
 Acrylic on canvas

A vibrant sunset painting by artist, Sarah Kasper that is on display at Henry Ford Macomb Hospital in the North Tower.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 World AIDS Day	2 International Day of Persons with Disabilities	3	4 Hanukkah begins (Jewish)	5
6	7	8 Bodhi Day (Buddhist)	9	10 International Human Rights Day	11	12 Hanukkah ends
13	14	15	16	17	18	19
20	21 Winter Solstice	22	23	24	25 Christmas (Christian)	26 Kwanzaa begins
27	28	29	30	31	Jan. 1	Jan. 2



The 2026 Office of Community Health, Education & Wellness



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Director of Administration



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Megan N. Winkel
Manager, Arts In Health

Office of Community Health, Education and Wellness (CHEW) Administration



ERG Employee
Resource
Groups



Team members with disabilities and allies



Hispanic/Latino community members and allies



Hispanic/Latino community members and allies



African American community members and allies



Multigenerational team members and allies



iCARE4U
Working caregivers and allies

Working caregivers and allies



African American physicians, research scientists, executive leaders and allies



LGBTQIA+ team members and allies



Veterans and allies



Team members supporting well-being initiatives



Women and allies



Female physicians and allies



If you would like more information about an ERG, scan the QR code with your mobile device or send an email to diversity@hfhs.org

The Office of Community Health, Education & Wellness Administration offers this resource as a tool to promote inclusive communities, and to increase awareness and mutual understanding of some of the national, international, cultural and religious observances celebrated in 2026.

Contact the Office of Community Health, Education & Wellness Administration (diversity@hfhs.org) if there is a holiday and/or observance that is important to you that we have not included on the 2026 Calendar of Observances.

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