

Coronavirus Disease 2019 (COVID-19): **Pregnancy**, **Birth**, and **COVID-19**

Are pregnant people more likely to get very sick or die from COVID-19?

Yes. Pregnant people and recently pregnant people who get COVID-19 are more likely to need to stay in the hospital,

need intensive care, need a ventilator, and are more likely to die.

Does COVID-19 cause problems for a pregnancy?

Yes. Pregnant people with COVID-19 are more likely to have a preterm birth (delivering before 37 weeks) and are more likely to have a stillbirth.

Can pregnant people get the COVID-19 vaccine?

Yes. The CDC recommends all pregnant people get the vaccine. Data shows it is safe. Talk to a health provider to decide if it is right for you.



Does the COVID-19 vaccine make it harder to get pregnant?

No. There is no evidence that the COVID-19 vaccine (or any vaccine) causes infertility. The vaccine does not make it harder for you to get pregnant or carry a healthy baby. Many people who got the vaccines have gotten pregnant without problems.

Can people sick with COVID-19 breastfeed?

Yes. So far, we don't think that COVID-19 spreads through breast milk. If you have COVID-19 and choose to breastfeed, wash your hands before feeding and wear a mask while feeding to protect your baby.

Should my baby wear a face mask to protect them from COVID-19?

No. Children under 2 years old should not wear a face mask or shield. It could make it hard for them to breathe.

Know the signs of COVID-19 in babies

 Signs in babies include fever, being very tired or inactive, runny nose, cough, vomiting, diarrhea, not feeding well, and difficulty breathing.

If your baby has symptoms or you think your baby may have been exposed to COVID-19:

- Talk to your baby's healthcare provider within 24 hours
- Follow steps for caring for children with COVID-19.
- If your baby has COVID-19 emergency warning signs (such as trouble breathing), get emergency care right away. Call 911.

How can I protect my baby from COVID-19?



Limit the amount of visitors to see the baby.



Get the COVID-19 vaccine.



Keep 6 feet between baby and other people. Make people wear a mask while near baby if they are not fully vaccinated.



Bring your baby for newborn care visits.

Updated January 12, 2022 Visit <u>henryford.com/communityhealth</u> for more information.