

Coronavirus Disease 2019 (COVID-19): Accessing Care

Office of Community Health, Equity and Wellness

Updated August 26, 2020



COMMUNITY HEALTH, EQUITY & WELLNESS

Symptoms of COVID-19

Mild Symptoms

- Cough
- Shortness of breath
- Fever
- Chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Fatigue
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Severe/Emergency Warning Signs

- Trouble breathing
- Pain in the chest that won't go away
- Difficulty stay awake, becoming unconscious suddenly
- Bluish lips or face/loss of color in lips or face



What to do if you think you have COVID-19

- **Anyone who has severe symptoms:**
 - Get medical care right away
 - **Severe symptoms include trouble breathing, pain or pressure in chest that doesn't go away, sudden confusion or trouble staying awake/alert, and bluish lips or loss of color in lips**
 - If you have a different symptom that is severely concerning, call your medical provider
- **People who are at higher risk**
 - You are at higher risk if you are over 65 years old, live in a nursing home or long-term care facility, or have an underlying medical condition.
 - Call your provider right away, even if you have just mild symptoms
 - Get medical attention immediately if you have severe symptoms
 - You are at higher risk if you are over 65 years old or have serious underlying medical conditions
- People who are not at higher risk who have mild symptoms:
 - Call your provider first before going to the doctor in person



Accessing healthcare for other needs during COVID-19 (Not for COVID-19)

- If you have an emergency, you should still go to the emergency room
- When it comes to other health concerns, the current health crisis should not prevent you from getting the regular medical care you need
- Henry Ford is taking steps to ensure the safety of our locations, including screening everyone who enters our buildings, incorporating new social distancing signage to guide patients through the care environment, and requiring masks be worn by all staff, patients and visitors.



Virtual Doctor's Visits

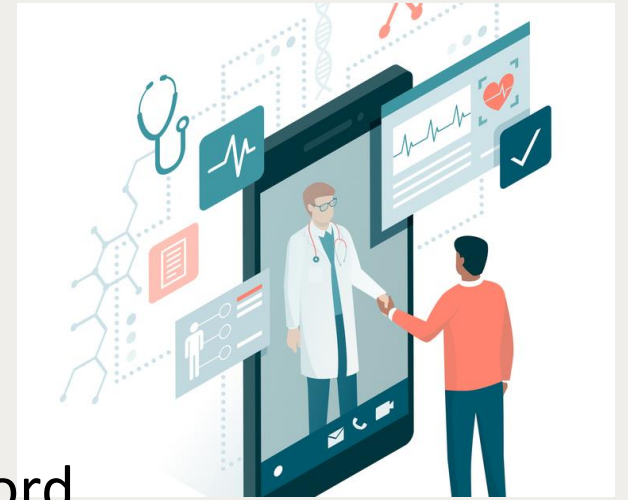
- Governor Gretchen Whitmer announced that Medicaid beneficiaries can receive telemedicine (virtual care) services in their home.
- In addition, insurance plans including Blue Cross Blue Shield of Michigan, Blue Care Network of Michigan, Priority Health, Meridian, CVS Health, McLaren and Health Alliance Plan also announced that they will cover and encourage the use of virtual care.
- Henry Ford Virtual Care: <https://www.henryford.com/services/virtual-care>
- Henry Ford MyCare 24/7 Advice Hotline (For non-emergency medical advice) is free: [\(844\) 262-1949](tel:8442621949)
 - For Henry Ford patients



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MyCare Video Visits On Demand

- Patient-centered, radical convenience
 - Avoid the drive, parking, and waiting room
 - See a Henry Ford provider with access to your medical record
- Video visit with a Henry Ford doctor for common illnesses and health conditions
- [Learn more about MyCare Video Visits](#)



Find testing sites in Michigan

- [Use this tool](#) to find COVID-19 testing sites in Michigan.
- You can also get help finding a testing site by contacting the Michigan COVID-19 Hotline at 888-535-6136 or emailing COVID19@Michigan.gov for more information.



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