

Sew Up the Safety Net for Women & Children

Clinician Fact Sheet

Program Basics

- Linking women to needed medical and social resources to prevent poor birth outcomes and address Detroit's high infant mortality rate
- 1,500 underserved or at-risk women (375 pregnant + 1,125 non-pregnant) from the Detroit neighborhoods of Brightmoor (48223), Chadsey-Condon (48208, 48210), and Osborn (48205, 48234)
- *Sew Up the Safety Net* facilitates coordination among existing community and clinical programs
- Enrollment begins March 2012
- A partnership of Detroit's major health systems and more than 30 community and academic, and public health partners*
 - Participating health systems include: Detroit Medical Center, Henry Ford Health System, Oakwood Healthcare System, St. John Providence Health System
 - Participating public health departments include: Detroit Department of Health and Wellness Promotion, Wayne County Health Department and the Michigan Department of Community Health

How does the program work?

Community health workers called Community & Neighborhood Navigators (**CNNs**) – on staff at *Sew Up the Safety Net* – are uniquely trained to help women navigate clinical, social and economic challenges. Their services are FREE to the women who participate in the program.

The CNN:

- Works with program participants to develop an individualized healthy-living plan
- Visits pregnant women at home to support and guide them through their infant's first birthday
- May accompany women to their prenatal or pediatric visits
- Connects women with health care providers, community organizations, and other resources (such as transportation, workforce development, access to healthy food, safe places to be physically active and financial literacy)

Resources provided:

- United Way 2-1-1: A telephone and web-based community resource guide to over 30,000 services in southeast Michigan
- Health Education: The Text4baby service sends health education text messages to participants cell phones. This program is found to increase preconception and prenatal health knowledge and link women to resources
- Support: *Sew Up the Safety Net* provides group sessions for both pregnant and non-pregnant participants in their own neighborhoods
- Bright Futures for Women: This American Academy of Pediatrics program addresses the physical and emotional needs of women with at least one child who may become pregnant again

**For more information please contact:
313-874-4581 or www.henryford.com/susn**

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