

NATIONAL CARIOGENIC SHOCK INITIATIVE ALGORITHM

INCLUSION CRITERIA

Acute Myocardial Infarction: STEMI or NSTEMI

- Ischemic Symptoms
- EKG and/or biomarker evidence of AMI (STEMI or NSTEMI)

Cardiogenic Shock

- Hypotension (<90/60) or the need for vasopressors or inotropes to maintain systolic blood pressure >90
- Evidence of end organ hypoperfusion (cool extremities, oliguria, lactic acidosis)

EXCLUSION CRITERIA

- Evidence of Anoxic Brain Injury
- Unwitnessed out of hospital cardiac arrest or any cardiac arrest in which ROSC is not achieved in 30 minutes
- IABP placed prior to Impella
- Septic, anaphylactic, hemorrhagic, and neurologic causes of shock
- Non-ischemic causes of shock/hypotension (*Pulmonary Embolism, Pneumothorax, Myocarditis, Tamponade, etc.*)
- Active Bleeding
- Recent major surgery
- Mechanical Complications of AMI
- Known left ventricular thrombus
- Patient who did not receive revascularization
- Contraindication to intravenous systemic anticoagulation
- Mechanical aortic valve

ACTIVATE CATH LAB

ACCESS & HEMODYNAMIC SUPPORT

- Obtain femoral arterial access (via direct visualization with use of ultrasound and fluoro)
- Obtain venous access (Femoral or Internal Jugular)
- Obtain either Fick calculated cardiac index or LVEDP

IF LVEDP >15 or Cardiac Index < 2.2 AND anatomy suitable, place IMPELLA

Coronary Angiography & PCI

- Attempt to provide TIMI III flow in all major epicardial vessels other than CTO
- If unable to obtain TIMI III flow, consider administration of intra-coronary vasodilators

Perform Post-PCI Hemodynamic Calculations

1. Cardiac Power Output (CPO): $\frac{MAP \times CO}{451}$

2. Pulmonary Artery Pulsatility Index (PAPI): $\frac{sPAP - dPAP}{RA}$

Wean OFF Vasopressors and Inotropes

If CPO is >0.6 and PAPI >0.9, operators should wean vasopressors and inotropes and determine if Impella can be weaned and removed in the Cath Lab or left in place with transfer to ICU.

Escalation of Support

If CPO remains <0.6 operators should consider the following options:

- PAPI is <0.9 consider right sided hemodynamic support
- PAPI >0.9 consideration for additional hemodynamic support

Local practice patterns should dictate the next steps:

- Placement of more robust MCS device(s)
- Transfer to LVAD/Transplant center

If CPO is >0.6 and PAPI <0.9 consider providing right sided hemodynamic support if clinical suspicion for RV dysfunction/failure

Vascular Assessment

- Prior to discharge from the Cath Lab, a detailed vascular exam should be performed including femoral angiogram and Doppler assessment of the affected limb.
- If indicated, external bypass should be performed.

ICU Care

- Daily hemodynamic assessments should be performed, including detailed vascular assessment
- Monitor for signs of hemolysis and adjust Impella position as indicated

Device Weaning

Impella should only be considered for explantation once the following criteria are met:

- Weaning off from all inotropes and vasopressors
- CPO >0.6, and PAPI > 0.9

Bridge to Decision

Patients who do not regain myocardial recovery within 3-5 days, as clinically indicated, should be transferred to an LVAD/Transplant center. If patients are not candidates, palliative care options should be considered.

** QUALITY MEASURES **

- Impella Pre-PCI
- Door to Support Time < 90 minutes
- Establish TIMI III Flow
- Right Heart Cath
- Wean off Vasopressors & Inotropes
- Maintain CPO >0.6 Watts
- Improve survival to discharge to >80%

NATIONAL CARDIOGENIC SHOCK INITIATIVE

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