## National

## **Cardiogenic Shock Initiative**



# National Cardiogenic Shock Initiative (NCSI)

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#### Introduction

Acute myocardial infarction complicated by cardiogenic shock (AMICS) is a deadly condition with a historical in-hospital survival of only 50%<sup>1-3</sup>. To date, the only therapy proven to benefit patients in AMICS using data from randomized control trials has been early mechanical reperfusion<sup>3</sup>. Accordingly, current American and European guidelines confer a class IB indication for reperfusion therapy in the setting of AMICS<sup>4</sup>. Unfortunately, little progress has been made on improving survival with subsequent therapies, including intra-aortic balloon pump counter-pulsation (IABP)<sup>5</sup>. This lack of progress is worrisome since the incidence of AMICS appears to be increasing<sup>6-7</sup>.

With the FDA approval of Impella (Abiomed, Danvers, MA) in AMICS, a powerful new tool has become available for hemodynamic support. Impella is a transcatheter axial flow pump, delivered percutaneous, with the ability to provide 2.5 to 4.0 liters/minute of forward flow. The device should provide sufficient forward cardiac flow to support vital organs in the majority of patients who present with AMICS. Since Impella is the only percutaneous temporary ventricular support device approved as safe and effective for use in AMICS, the use of the device has steadily grown<sup>8</sup>. Unfortunately, there is little data available to providers as to the best practice patterns associated with the delivery and use of Impella in AMICS. In fact, a retrospective analysis of 15,259 patients treated with an Impella between 2009 and 2017 revealed a wide variety of outcomes associated with the use of Impella in AMICS, with approximately one third of hospitals having a survival rate of 25%, another third of hospital having a survival rate of 50%, and yet another third of hospitals having a survival rate of 75%.

In the summer of 2016, cardiologists from four highly competitive healthcare systems in southeast Michigan came together in an attempt to increase survival in patients who present with AMICS. Leaders from each healthcare system debated and discussed key elements in the improvement of care for patients who present with AMICS. Using the most up-to-date research, a treatment algorithm for AMICS was developed and subsequently implemented as a quality improvement initiative throughout southeast Michigan. Patient information was gathered by each of the sites and collected in a retrospective registry. Outcomes and results were shared during quarterly meetings and concluded with a 41-patient pilot feasibility study. This initial pilot study revealed 76% survival to discharge, a significant improvement compared to prior historical controls<sup>9</sup>.

Given the promising outcomes, leaders from around the world have implemented the treatment algorithm in their local clinical practices with similar results. We have therefore launched the National Cardiogenic Shock Initiative (NCSI). The aim of the NCSI is to bring together experienced centers across the nation who are experts in mechanical reperfusion therapies and have a large experience with the use of mechanical circulatory support devices to systematize care in AMICS. Our goal is to dramatically decrease the duration patients remain in cardiogenic shock and attempt to decrease total usage and duration of vasopressors and ionotropic agents. We aim to further demonstrate that rapid delivery of mechanical circulatory support will improve hemodynamics, reverse the spiraling neuro-hormonal cascade associated with cardiogenic shock, allowing clinicians to decrease use of vasopressors and inotropic agents and ultimately improve survival.

Healthcare systems that have agreed to adopt the NCSI treatment algorithm are being asked to participate in this prospective registry so that patient outcomes can be analyzed (see Appendix 2). Participating investigators will be asked to voluntarily provide data from patients completing the treatment algorithm to be included in the NCSI Registry.

#### **Research Procedures**

After a patient has been treated according to the NCSI treatment algorithm at the discretion of their physician (see Appendix 1), they will be approached prior to discharge and asked to participate in NCSI registry, including obtaining permission to allowing coordinators to conduct a 1month and 1-year phone follow-up. If the patient is discharged prior to obtaining consent, a consent form and explanation of the study can be mailed to the patient for their signature and return. If more than one (1) year has passed, all data may be obtained retrospectively.

If consent is provided, then the following data will be collected (see case report form - Appendix 3):

#### **Retrospective Data (from their medical records)**

- Medical history
- Admission characteristics
- Procedure dates and times
- Procedure characteristics
- Diagnostic values
- Post-procedure information

#### **Prospective Data (from follow up phone calls)**

- Mortality at 1 month from AMICS
- Mortality at 12 months from AMICS

From this data, the following Quality Metrics will be tracked:

- Discharge survival
- Duration of shock-to-support times
- Use of Impella Support pre-PCI
- Use of right heart catheter for hemodynamic monitoring
- Attainment of TIMI III flow post reperfusion
- Attainment of Cardiac power > 0.6 watts after completion of therapy
- Reduction or elimination of vasopressors and inotropic agents.

#### **Population and Eligibility Criteria**

Due to the heterogeneous cohort comprised of patients who present with AMICS, we have defined a specific subset of patients from whom outcomes are to be collected. Approximately 400 patients will be approached to participate in the registry at up to 40 sites in the United States. The duration of hospital participation in this research study is anticipated to be approximately two years.

#### **Registry Inclusion Criteria**

- Symptoms of acute myocardial infarction (AMI) with ECG and/or biomarker evidence of S-T elevation myocardial infarction (STEMI) or non-S-T elevation myocardial infarction (NSTEMI)
- 2. Systolic blood pressure  $\leq$  90mm at baseline or use of inotropes or vasopressors to maintain SBP  $\geq$  90
- 3. Evidence of end organ hypoperfusion

- 4. Patient is supported with an Impella
- 5. Patient undergoes PCI
- 6. Patient signs informed consent document

#### **Registry Exclusion Criteria**

- 1. Evidence of Anoxic Brain Injury
- Unwitnessed out of hospital cardiac arrest or any cardiac arrest in which return of spontaneous circulation (ROSC) is not achieved in 30 minutes
- 3. IABP placed prior to Impella
- 4. Septic, anaphylactic, hemorrhagic, and neurologic causes of shock
- Non-ischemic causes of shock/hypotension (pulmonary embolism, pneumothorax, myocarditis, tamponade, etc.)
- 6. Active bleeding for which mechanical circulatory support is contraindicated
- 7. Recent major surgery for which mechanical circulatory support is contraindicated
- 8. Mechanical complications of AMI (acute ventricular septal defect (VSD) or acute papillary muscle rupture)
- Known left ventricular thrombus for which mechanical circulatory support is contraindicated
- 10. Mechanical aortic prosthetic valve
- 11. Contraindication to intravenous systemic anticoagulation

#### **Risks/Benefits of and Alternatives to Patient Participation**

This is not a treatment study. This is a registry that captures data generated during procedures which are considered standard of care using FDA-approved technology. There are no risks other than breach of confidentiality. To mitigate this risk, patient identifiers are not being captured, and all data will be stored in a secure REDCap database (please see below). There are no benefits in participation other than the scientific knowledge gained, and the only alternative to participation is not participating.

#### **Data Management**

Data collected by the participating sites will be stored and managed in a secure REDCap study database hosted through the Henry Ford Health System Department of Public Health Sciences in Detroit, Michigan. REDCap (Research Electronic Data Capture) is a secure, webbased application designed to support data capture for research studies. A specific database was created solely for NCSI in September 2017. The REDCap database that was custom-built for this study includes only the specific data fields that pertain to the data points being collected in the study, which are present on the case report form (CRF) (see Appendix 3).

For patients who present to affiliated hospitals with AMICGS but are excluded from entry into the registry, a Patient Exclusion Form will be sent to track the reasons for exclusion (see Appendix 4).

The CRFs and Patient Exclusion Forms from an individual site will be transmitted to the lead site, Henry Ford Hospital, via secure email and accessed only on hospital-approved, password-protected computers and stored on a password-protected and encrypted OneDrive system by Microsoft. Access to the OneDrive system and the REDCap database will be managed at the lead site by the NCSI coordinator and the co-investigator of the study via hospital-

approved, password-protected computers inside locked offices in Henry Ford Hospital.

#### **Access to Patient Information**

The following will have access to patient medical information, and any necessary Data Use Agreements will be completed for each participating site.

Henry Ford Hospital – Detroit, Michigan:

- The NCSI team:
  - o PI
  - Co-Investigator
  - o NCSI Coordinator
  - o Research Nurse
  - o Data Coordinator
- Statistician, based at Henry Ford Hospital

#### **Analysis and Publication of Data**

There will be planned interim analysis of the data for the purpose of presentation as well as a final analysis and submission for publication of all data at the end of the study enrollment and follow-up.

#### References

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#### **APPENDIX 1**

#### **NSCI Treatment Algorithm**

#### 1. Confirmation of AMI Shock

The diagnosis of AMI is confirmed by electrocardiographic changes indicative of new or presumed new ischemia (new ST-T wave changes), detection of elevated cardiac biomarkers or angiographic findings of an infarct related artery on coronary angiogram in the presence of ischemic symptoms.

Cardiogenic shock is defined as the presence of all of the following:

- Hypotension (systolic blood pressure <90 mm Hg, or inotropes/vasopressors to maintain systolic blood pressure >90 mmHg)
- 2. Signs of end organ hypoperfusion (cool extremities, oliguria or anuria, or elevated lactate levels)
- Hemodynamic criteria represented by cardiac index of <2.2 L/min/m2 or left ventricular end diastolic pressure of >15 mmHg.

#### 2. Access, Baseline Invasive Hemodynamics

Femoral artery access and femoral angiography will be performed first. Once access is achieved, a pigtail catheter will be advanced into the left ventricle and LVEDP can be obtained. If LVEDP >15 is present, placement of the large-bore access will occur, followed by systemic anticoagulation. The Impella CP catheter will be inserted and manipulated to obtain > 3 liters/min forward flow. Right heart catheterization (RHC) will be performed for calculation of cardiac power output (CPO), SVR and PCWP/RA ratio and pulmonary artery pulsatility index (PAPi). The timing of RHC is left to the primary operator.

#### 3. Intervention

PCI of the culprit lesion will be performed. Other non-culprit lesions will not be treated unless <TIMI III flow is present in the involved artery. PCI can be performed with thrombectomy if a heavy thrombus burden is present. Once appropriately sized stents have been implanted angiography will be performed to assess TIMI flow. If TIMI III flow is not present, intracoronary vasodilatory should be administered at the discretion of the primary operator.

Prior to discharge from the cath lab, a formal neurovascular check should be performed for assessment of Impella-related limb ischemia. This can be performed either by a peripheral angiogram or lower extremities Doppler. If signs of limb ischemia are noted, the peel-away sheath should be removed (if not already done so) with reassessment. If limb ischemia persists, antegrade access should be performed to provide distal lower extremity blood flow.

#### 4. Post-PCI Hemodynamics

After the intervention is completed, right heart pressures, cardiac output, and CPO will be obtained. If CPO is > 0.6, no further intervention is required. If CPO is  $\leq$  0.6, right heart pressure will be reviewed to identify evidence of right ventricular failure if present (PAPi < 0.9).

If evidence of right ventricular failure are present (PAPi < 0.9), or if Impella suction alarms are happening and CPO < 0.6, right ventricular support with commercially available devices (Impella or Tandem Heart) should be performed. Irrespective of CPO, evidence of RV shock is a warning not to increase alpha agonists. These agents dramatically increase pulmonary vascular resistance (PVR) at a time of minimal RV reserve and can cause a lethal spiral as increasing doses of alpha against to maintain arterial pressure leads to decrease forward RV forward flow and worsens hypotension. If CPO < 0.6 persists and RV shock is not the cause, consideration for the placement of an Impella 5.0 or a durable left ventricular assist device (LVAD) should be considered.

#### 5. Weaning and Explantation

Impella devices should only be considered for explantation once the following criteria have been met:

- 1. Weaning of all inotropes and vasopressors
- 2. CPO > 0.6 watts without vasopressors or inotropes, and
- 3. PAPi > 0.9.

#### 6. Safety and Monitoring

Cautious attention should be paid to the infrequent yet serious complication of limb ischemia with the use of large bore sheaths and devices. Detailed neurovascular checks should be performed while on Impella support. Use of antegrade sheaths to provide flow to the affected limb is strongly recommended in such cases. Prophylactic use antegrade access may also be considered, especially in patients who will likely require >24 of support. Although rare hemolysis can also occur, daily hemoglobin level should be obtained while on support. If there are signs of hematuria, Impella positioning should be checked via echocardiography.



#### **APPENDIX 2**

#### Adoption of the NCSI Treatment Algorithm & Joining the NCSI

Adoption to the NCSI treatment algorithm is completely voluntary. Deviation from the treatment algorithm can occur without consultation of the primary investigators at the discretion of the primary operator. All AMICS patients, including those with treatment algorithm deviation, can be included in the NCSI registry as there is no formal, nationally accepted or standardized protocol or treatment algorithm for treatment of AMICS. Operators and hospitals are encouraged to review the pilot study data and treatment algorithm to determine if they wish to adopt the NCSI treatment algorithm as their standard of care for the treatment of AMICS.

Multi-hospital collaboration is considered a cornerstone to the success of the NCSI. We are reaching out nationally and encouraging hospitals to work together to collect data and demonstrate the success of regional shock protocols and/or treatment algorithms. Hospitals joining the NCSI group voluntarily agree to share data, post-discharge, including demographics, procedural characteristics and outcomes as detailed in the case report form. Data is de-identified and HIPAA-compliant. NCSI contains two prospective data points collected after patient discharge: survival at 30 days and survival at 1 year. Therefore, patients must give informed, written consent prior to being discharged from the hospital (or via mail if already discharged), to collect their data and to agree to a 1-month and 1-year follow-up, to be conducted either by chart review or phone call.

To formally join and affiliate with NCSI, we request the minimum following requirements of the interested hospitals:

1. Implantation of >10 Impella per year (for any indication)

2. Adoption of the NCSI treatment algorithm as standard of care for patients who present with AMICS

3. Identification of a local Primary Investigator (PI) to coordinate data collection After the above requirements are met, a hospital may request to join NCSI through Henry Ford Hospital's NCSI website (www.henryford.com/cardiogenicshock). The hospital site will be contacted and interviewed by the NCSI coordinator. Once a hospital is accepted to join NCSI, a formal data-use agreement between the institution and Henry Ford Hospital must be completed.

#### **APPENDIX 3**

## National Cardiogenic Shock Initiative Case Report Form

(Version 1.4)

Please complete the entirety of the worksheet. Upon completion, please email this worksheet **[SECURE]** to: NationalCSI@hfhs.org. Please email/call if there are any questions or concerns.

<u>Demographics</u>				
Record ID #				
Date of Impella Insertion				
Implanting Physician				
Hospital Name				
City, State				
Age of Patient				
Gender (please circle)	Male	Female		
Race (please circle)	White	Black	Hispanic	Other
Medical History				
Does the patient have a histo	ry of <b>Diabetes?</b>	Yes	No	N/A
Doe the patient have a histor	y of <b>TIA/CVA?</b>	Yes	No	N/A
Does the patient have a histo	ry of <b>ESRD?</b>	Yes	No	N/A
Does the patient have a histo	ry of <b>CKD?</b>	Yes	No	N/A
Does the patient have a know	m LVEF <50%?	Yes	No	N/A
Has the patient had a prior CA	Yes	No	N/A	
Has the patient had a prior PC	CI?	Yes	No	N/A
Has the patient had a prior <b>M</b>	yocardial Infarction?	Yes	No	N/A

### **Admission Characteristics**

Was the patient <b>transferred</b> from another hospital? If yes, was the patient on support	Yes	No	N/A
prior to transport?	Yes	No	N/A
What support device was used?	IABP	Other:	
Was cardiogenic shock present on admission to your institution?	Yes	No	N/A
Did the patient experience any of the following ( <i>prior</i> to arrival in the Cath Lab): Anoxic Brain Injury?	Yes	No	N/A
Cardiac Arrest (In Hospital)?	Yes	No	N/A
Cardiac Arrest (Out of Hospital)?	Yes	No	N/A
Did the patient require CPR prior to Impella implant?	Yes	No	N/A
Was the patient undergoing active CPR at the time of Impella implantation?	Yes	No	N/A
Was the patient treated with medically-induced hypothermia?	Yes	No	N/A

### \*\* Important Timings \*\* Please estimate if exact timings are unavailable. Please do not leave blank.

Arrival to Hospital (date and time)	Date	_Time			
Onset of AMI (date and time)	Date	_Time			
Onset of Shock (date and time)	Date	_Time			
Time of Impella Insertion (date and time)	Date	_Time			
Using the above timings, please calculate the	ne following times:				
Door to Support Time (mins):					
Door to Balloon Time (mins):					

Procedural Char	Procedural Characteristics (please circle the best choice, if answer is not known please write "N/A")							
Impella Placement:	1. Prior to	o PCI 2. Post PCI		3.	ural			
RHC Placement:	1. Prior to	o Impella 2. Post Impella		3.	ained			
Impella	Used:	Impella /	Access:		AMI	Туре?		
2.5 CP	5.0 RP							
Other:		Femoral Other:			STEMI	NSTEMI		
PCI Attempted?	TIMI FLOW	TIMI FLOW	# of Diseased	# Vessels	# of	Lesion Location?		
	(Pre PCI)	(Post PCI)	Vessels?	Treated?	Stents?			
YES NO						1. LM 5. Ramus		
	0	0	0	0		2.LAD 6. SVG		
Successful?	1	1	1	1		3. LCx 7. LIMA		
	2	2	2	2		4. RCA 8. RIMA		
YES NO	3	3	3	3				
Access for PCI?	Was complete	Thrombectomy	Atherectomy	PCI Compli	cations? YE	S NO		
1 Radial performed?		used?	usear	If Yes, plea	se explain:			
1. 1. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4.	periornica							
2. Femoral	YES NO	YES NO	YES NO					

Please give a brief description of the patient admission:

HEMODYNAMIC & LABORATORY VALUES (Pre-procedure & Prior to starting Vasoactive Medications)					
These values should represent the "worst hemodynamics" that demonstrate level of shock					
HR	SBP	DBP	MAP		

HEMOD	HEMODYNAMIC & LABORATORY VALUES (Pre-Impella)							
These va	These values represent the hemodynamics prior to Impella Insertion, at the beginning of the PCI procedure							
HR	SBP	DBP	MAP	Troponin	Cr	AST	Hgb	Lactate
RA/CVP	RV	PA	PCWP	СО	CI	СРО	PAPI	LVEDP
				Gira Fick Fick				
PA Sat.	Admission	<u>VASOACTIVE</u>	Norepinephrine	Dopamine	Epinephrine	Vasopressin	Dobutamine	Milrinone
	Glucose	<u>AGENTS:</u>						
		<u>(DOSE):</u>						

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#### HEMODYNAMIC & LABORATORY VALUES: Post-PCI, in the Cath Lab (with Impella running) These values represent the Cath Lab hemodynamics post PCI, at the end of the procedure

HR	SBP	DBP	MAP					
RA/CVP	RV	PA	PCWP	CO	CI	СРО	PAPI	LVEDP
				🗆 Fick 🗆 TD				
PA Sat.	<u>VASOACTIVE</u>	Norepinephrine	Dopamine	Epinephrine	Vasopressin	Dobutamine	Milrinone	Other:
	AGENTS:							
	(DOSE):							
	<u>.                                    </u>							

HEMODYNAMIC & LABORATORY VALUES: 12 hours- Post Impella Implant (with Impella running)								
HR	SBP	DBP	MAP	Troponin	Cr	AST	Hgb	Lactate
RA/CVP	RV	PA	PCWP	со	CI	СРО	PAPI	LVEDP
				🗆 Fick 🗆 TD				
PA Sat.	<u>VASOACTIVE</u>	Norepinephrine	Dopamine	Epinephrine	Vasopressin	Dobutamine	Milrinone	Other:
	<u>AGENTS:</u>							
	<u>(DOSE):</u>							

HEMODYNAMIC & LABORATORY VALUES: 24 hours- Post Impella Implant (with Impella running)								
HR	SBP	DBP	MAP	Troponin	Cr	AST	Hgb	Lactate
RA/CVP	RV	ΡΑ	PCWP	СО	CI	СРО	ΡΑΡΙ	LVEDP
				🗆 Fick 🗆 TD				
PA Sat.	VASOACTIVE	Norepinephrine	Dopamine	Epinephrine	Vasopressin	Dobutamine	Milrinone	Other:
	<u>AGENTS:</u>							
	<u>(DOSE):</u>							

#### POST PROCEDURAL FOLLOW UP

Time & Date of Impella Explant

Time:\_\_\_\_\_Date:\_\_\_\_\_

#### Total hospital duration

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Left Ventricle Ejection Fraction (Pre-Impella):	_ (Prior to discharge):			
DID THE PATIENT SURVIVE THE INDEX PROCEDURE?	Yes	No	N/A	
Was the patient transferred to VAD/Transplant Center	Yes	No	N/A	
If "Yes", DID THE PATIENT SURVIVE TO TRANSFER?	Yes	No	N/A	
Did the patient have any additional support				
devices implanted post-index procedure?	Yes	No	N/A	
If "Yes", which device was used:				
DID THE PATIENT SURVIVE TO DISCHARGE?	Yes	No	N/A	
Was the patient discharged to hospice?	Yes	No	N/A	
Did the patient experience any significant Impella-related complications, hemolysis, etc.)?	d complicat	ions (including	vascular	
Please Explain:				
Was any external form of vascular bypass performed to p during Impella (i.e. Antegrade access, "up and over" perf	provide low usion cathe	er extremity pe ter, etc.)?	erfusion	
Please Explain:				
Please provide a brief description of the patient's hospita complications and discharge circumstances):	al course (in	cluding signific	ant	
Please Explain:				
If the patient did not survive, please indicate the major c	ause of dea	th (anoxic braiı	n injury,	
worsening cardiogenic shock, patient/family wishes?)				
Please Explain:				
Cardiac Medications on Discharge:				
Follow Up Phone Calls: 1 & 12 month(s) from Impella Im	plant Day:			
Did the patient survive 1 month	YES	NO	N/A	
Did the patient survive 1 year	YES	NO	N/A	

## APPENDIX 4 National Cardiogenic Shock Initiative

### PATIENT EXCLUSION FORM

Please complete and email this form via [SECURE] email to: <u>NationalCSI@hfhs.org</u>. Please email/call if there are any questions or concerns.

Hospita	al:			
City, St	ate:			
Physici	an:			
Date: _				-
Age:				
Gender	: 🛛 Male	□ Female		
Race:	□ White	□ Black	🗆 Hispanic	□ Other

Patients will be excluded if there is at least one NO response to the inclusion criteria or at least one YES response to the exclusion criteria.

#### **INCLUSION CRITERIA:**

YES	NO	
		Symptoms of AMI with ECG and/or biomarker evidence of STEMI or NSTEMI
		Systolic blood pressure < 90mm at baseline, or use of inotropes or vasopressors
		to maintain SBP <u>&gt;</u> 90
		Evidence of end organ hypoperfusion
		Patient is supported with Impella
		Patient undergoes PCI
		Patient signs informed consent for two follow-up phone calls (1M and 1Y)

Continued on next page  $\rightarrow$ 

#### **EXCLUSION CRITERIA:**

YES	NO	
		Evidence of Anoxic Brain Injury
		Unwitnessed out of hospital cardiac arrest or any cardiac arrest in which ROSC
		is not achieved in 30 minutes
		IABP placed prior to Impella
		Septic, anaphylactic, hemorrhagic, and neurologic causes of shock
		Non-ischemic causes of shock/hypotension (Pulmonary Embolism,
		Pneumothorax, Myocarditis, Tamponade, etc.)
		Active Bleeding
		Recent major surgery
		Mechanical Complications of AMI
		Known left ventricular thrombus
		Patient did not receive revascularization
		Mechanical aortic valve

Notes:

Completed by:

SIGNATURE

#### NAME (PRINTED)

#### DATE

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