

Affirmant: Health Partners Mealth Partners Mealth Partners Mealth Partners Mealth Partners Mealth Partners

Newsletter June 2017

A HEALTHY MICHIGAN AT AN AFFORDABLE COST

Message from the CEO

Dear Affirmant Team,

It was wonderful to see so many of you in attendance at the Affirmant Health Partners Leadership Retreat on May 31, in Kalamazoo. For those of you unable to attend we will have links to the speakers' videos and presentations available on SharePoint.

This month's newsletter features highlights from the retreat. The theme this year was "Lighting a Fire for Transformation" and each topic centered around our "Fire Triangle." I am proud of our Board, the committees, our participating physicians and our team and what we have accomplished together over the past year. I am thrilled that we were able to spend time in person celebrating our work. The biggest difference I had witnessed between this year and our first retreat in June of 2016 is how much our relationships have grown over the last 12 months. Last year was a time of new introductions - learning names, interests and specialties. This year was like old friends coming back together. Our Board Chairman, Dennis Swan, in his opening remarks quoted Henry Ford, "coming together is a beginning; keeping together is progress; working together is success."

I would like to highlight the work that has been accomplished on the Health Plan Partnership side. Health Plan Partnerships are essential to achieving our vision of a healthy Michigan at an affordable cost. They allow us to share in the rewards of bending the cost curve and provide funding to ensure our sustainability and continued success. Our Contracting Committee and Negotiating Team have been working to secure contracts for Medicare Advantage and Commercial populations. As our contracting Committee and Board have agreed:

- Contracts must add value to each Chapter
- Prior consent is required for changes in risk-sharing
- Contract participation is required in Affirmant contracts for all participating providers

This is not an easy or quick process; rather, we have had to adapt our approach and create a more collaborative solution. This collaborative model is our "Runway to Value." Now that we have a roadmap for health plan collaboration, we can make faster progress in securing contracts. Here is a snapshot of where we are today:

So what's next? For the duration of 2017 our sights are set on:

- Inking a deal for Medicare Advantage with BCBSM, Humana, Priority and United Health Care
- Securing Commercial contracts for existing products with HAP, PHP, and United Health Care
- Selecting a Third Party Administrator (TPA) and Pharmacy Benefit Manager (PBM) vendor for Bronson, Covenant, Lakeland and MidMichigan

We will continue our efforts to achieve these milestones and keep you posted on our progress. Thank you for your continued engagement and support in working together to achieve a healthy Michigan at an affordable cost.

Best,

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Plan	NDA	Data Sharing	Deal Terms Discussion	Letter of Agreement	Contract
PHP	X	Х	X	X	
HAP	X	Х	X		
Priority	X	X	X		
BCBSM	X	Х	X		
Humana	X	X	X		
United	X	X	X		
Aetna	*In initial discussions				

2nd Annual Leadership Retreat Summary

The results are in and you agree that the Leadership Retreat was a success. Early in the planning phase we established our retreat objectives:

- Create understanding & excitement for the Fire Triangle
- Strengthen relationships
- Share best practices
- Build Affirmant culture

Based on your feedback from the evaluations, you feel we met those objectives and we couldn't be happier.



Affirmant:

Dr. Elliott Fisher, Director of The Dartmouth Institute for Health Policy and Clinical Practice did an outstanding job as our keynote speaker, and his presentation "The Journey to Accountable Care" was a very insightful look at the state of health care and where it is heading. More and more patients are taking an active role in addressing the quality of their own care and are trying to find solutions to reduce their medical costs. Health systems, networks like Affirmant and physicians who are partnering with patients to achieve such, are on the leading edge of this new frontier in health care.

Epic gave us an overview of Constellation and presented examples of clinical data on technological steroids. This reporting and analysis of patient data among physicians will be instrumental in our understanding of key clinical matters, provider and patient care, and in helping us answer the five W's (who, what, when, where and why) on our quest for a healthy Michigan at an affordable cost.

Every breakout session tied back to the "Fire Triangle" with topics presented to help participants understand the three key focus areas within the triangular structure, Data Analytics, Clinical Transformation and Health Plan Partnerships. In addition to that, the







will allow us to successfully achieve Clinical Transformation, and that is through shared best practices, shared resources and continued relationship building.

New this year was the Affirmant Leadership Awards ceremony. Awards were presented to those who are putting Affirmant's values to work – Accountability, Compassion, Collaboration, Knowledge and Transformation. See a <u>list of winners</u> on page three. Congratulations to all of the winners and thanks for living our values!

Thank you to everyone that turned in an evaluation (30% return rate!) which will be helpful in our planning for next year's retreat. We hope that everyone enjoyed the networking and social hour, and we look forward to bringing us all together in 2018.

Post-Acute Care Workgroup

The first clinical priority that Affirmant is focusing on is Post-Acute Care. We assembled a workgroup, comprised of representatives from each member system, to identify and establish a best practice in post-acute care that will reduce the variation in cost and care. The workgroup has identified the following purpose:

Utilize industry best practices and developments from Affirmant's local chapters to establish a standardized and optimized approach to post-acute network performance that promotes and signals the value of Affirmant's local chapters to the regions they serve.

Affirmant is partnering with Navigant to assess each chapters current state, facilitate working sessions and help accelerate the process. The workgroup will meet three times; in May they determined what strategies the group should focus on, June's meeting will be around how to implement the chosen strategies and the third session will be focused on finalizing the implementation plans. The outcome will be three to five strategies and prioritized collective strategies that will promote enhancement of high-impact post-acute care capabilities and performance.

Leadership Award Winners

Accountability

We are leaders in quality, and hold ourselves and our partners to the highest standards of integrity and performance.

Bronson Healthcare Human Resources

Kristyn Casselman

Todd Horst

Tara Smith

Amy Wright

John Hayden

Nikki Romence

Diane Luyendyk

Robin Welch

Joe Pant

Ian Cooper

Sparrow Health System

Sandra Denison

Collaboration

We support, empower and leverage our high-performing teams.

Lakeland Health Marketing Communications Team

Megan Yore

Cindy Myers

Matt Shine

Sarah Clemons

Christopher Johnson

Jessica Hines

Kathy Starbuck

Lenee Svorec

Covenant HealthCare

Larry Daly

Jamie Jager

MidMichigan Health

Dr. Thomas Johnson

Compassion

We seek to understand and respect our patients, colleagues and community partners.

Lakeland Health

Mike Getty

Henry Ford Allegiance Health

Dr. Amy Schultz

Knowledge

We learn, teach and adopt evidence-based best practices.

Henry Ford Health System

Eugene Berezovsky

Matt Hussmann

Lakeland Health

Tim Grove

Dr. Lowell Hamel

Transformation

We inspire and enable rapid improvement.

Sparrow Health System

Renee Hoyt

Bronson Healthcare

Paul Peabody

Thank you for living our values!















What is a "message map"

At the end of the Leadership retreat, attendees were presented with two take-aways: a candle to symbolize the lighting of a fire and a "message map." A message map is the foundation to consistent, concise and inspiring communications. It is a quick reference, visual aid that summarizes key messages. Use this tool when describing the work of Affirmant or preparing for a presentation. If you would like a hard copy of the message map, please contact info@affirmant.com.





COMET is Coming!

Continuing Online Medical Education and Training or COMET will be the tool Affirmant uses to push out best practice training and information to our participating physicians. In addition to that, physicians will have opportunities to earn CME credits from a laptop or even a smart phone. Look for more information in our July newsletter!

August Town Hall

Please join us for our second Affirmant Town Hall, hosted by Sparrow Health System, on August 9. Dr. Bill Mayer, President and CEO of Affirmant will give an overview of our progress, outline our vision for the future and allow members to ask questions. The town hall series will be hosted quarterly at different member sites. We are thrilled to offer this unique opportunity and hope you will save the date! WebEx information coming in July!

