

# HENRY FORD HEALTH

A message from \_\_\_\_\_



**Bruce Muma, MD**  
President and CEO,  
Henry Ford Physician Network



**Jane Thornhill**  
Vice President, Business Operations,  
Henry Ford Physician Network

Dear Colleague,

On behalf of our entire HFPN team, we would like to wish you and yours a happy, joyful and safe holiday season. We have much to be grateful for – finally having a handle on managing this pandemic, the ability to re-engage with activities outside of work and a future that certainly looks brighter than in the most recent history.

Over this past year the HFPN team has strived to advance our communication with all of our members and offer opportunities to connect during educational opportunities such as our webinar series and [the Summit](#). We are excited to begin planning a new series of lunchtime webinars and our 2023 Summit. Should you have any topics you would like us to explore, please send those suggestions to us at [HFPNHelp@hfhs.org](mailto:HFPNHelp@hfhs.org). This is your network as much as it is ours; we always appreciate hearing from our members!

On a serious note, now that the rollercoaster ride of COVID-19 has eased, it is possible that some of our HFPN members may be having a difficult time emerging – emotionally – from the enormous stress we were all under. Please put yourself first this holiday. Take the time you need to process through your feelings and get the rest you need. And if you need extra help, please reach out to mental health resources so that you can more fully move forward.

One such resource is Henry Ford's 1:1 TRUST program, which is overseen by Henry Ford Chief Clinical Wellness Officer **Lisa MacLean, MD**. The TRUST program pairs providers with a peer who “has been there” but has also received special training on supporting colleagues through difficult times. The TRUST program has been used by many Henry Ford providers through the years, and this is now available to our HFPN colleagues. If you are interested in learning more about this program, please [email Dr. MacLean](#) directly so that she can pair you with a peer.

## [HFPN Summit Replay Available](#)

For those who were unable to attend the recent HFPN Summit – *Connecting the Dots: Enhancing Patient Engagement to Improve Clinical Outcomes* – we have good news. The replay of the full Summit, which focused on why patient engagement is so vital to clinical outcomes and presented methods to further



engagement, is now [available for viewing](#). You can also receive 2.5 CMEs (instructions can be found on the HFPN website). Please feel free to share with your colleagues!

Our speakers at this event wowed us with their stories and strategies revolving around engaging patients – and how it directly impacts care and outcomes. Not only were they experts in their specialties, but the array of experiences allowed attendees a truly holistic overview of the impact of patient engagement.

These speakers at the Summit included the keynote by **Adesuwa Olomu, MD, MS, FMCP, FACP**; MSU Vice Chair for Research, and Chief of the Division of General Internal Medicine. She joined speakers/panelists: **Kristen Chasteen, MD**, Henry Ford Director of Hospice/Palliative Care; **Donald Muir, MD**, Family Practice, Alliance Health Clinton; **Frank McGeorge, MD**, Henry Ford Emergency Medicine and Media Specialist; **Uzma Shah, MD**, Henry Ford Chair of Pediatrics.

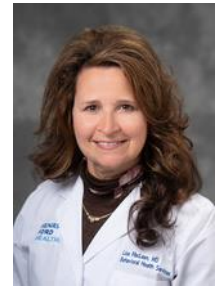


Thank you again, to all who participated in the event, those who attended it and those who will now watch the replay to set up an engaging 2023 – please share with your colleagues!

### Words of Wisdom

Adding on to the comments above regarding caring for yourself, Dr. MacLean had this to share with you on how to ease the stress from this past year. Please take a moment to read this, as it could help to enhance your life.

*Compassion is something we think we should have for our patients and for others in our life who are struggling. It's something we want to have ... and yet sometimes, especially right now, it is hard to find. Many of us are exhausted and suffering. It's important to remember that compassion is not just about our patients. It is about us. Trying to find compassion is also good for us and feels terrible when we don't have it. Some things you can do right now to build compassion for yourself and others includes:*



1. *Accept that life is different right now*
2. *Give yourself permission to be less than perfect*
3. *Recognize we are all grieving the way things used to be*
4. *Look for self-care activities, new and old, that fulfill you*
5. *Focus on maintaining and strengthening important relationships*
6. *Embrace change and uncertainty as our new normal*

### COVID Treatment Changes

Since April of last year, the HFPN has been deeply involved in creating a way for life-saving monoclonal antibodies to be administered to Henry Ford patients and other members of the community. We have strived to make sure all our HFPN physician organizations and independent providers have access to these services for their patients. Related to this, we wanted to update you regarding the therapeutics now available as new strains of the COVID virus emerge. Please read the following information to stay up to date on the treatments:

### The Switch to Remdesivir

It has been learned that Bebtelovimab is not effective against several of the newest COVID variants (BQ1, BQ1.1) and there is no alternative mAB treatment option. Henry Ford has repurposed its mAB infusion centers to provide Remdesivir infusions for high risk COVID patients. Unlike the previous mAB

one-time infusion, [Remdesivir](#) is given by IV infusion for three consecutive days and is indicated for COVID patients with mild to moderate COVID symptoms AND all of the following:

- Contraindication to Paxlovid
- Age 12 or older (minimum 40 kg)
- Absence of significant active liver inflammation (LFT's < 5x normal)
- At least 1 clinical criteria:
  - Moderate or severe immunocompromise
  - Age >75
  - Age >65 with O2 dependent COPD or ESRD
  - Pregnancy

Remdesivir is covered by Medicare and most insurances for ambulatory use.

How to order:

- Physicians on the Henry Ford Health instance of Epic (including Community Care Connect) should order REF370 Ambulatory referral to HF COVID infusion center for Remdesivir infusion. The order will trigger MAB Hub staff to contact the patient to arrange treatment.
- Physicians not on the Henry Ford Health instance of Epic should call the Referring Physician Office (RPO) at 877-434-7470. The RPO will complete the referral to the mAB Hub.

#### **Evusheld Pre-exposure COVID-19 Prophylaxis Discontinued**

Approximately 80% of COVID strains in southeast Michigan are now resistant to Evusheld (tixagevimab co-packaged with cilgavimab). The risk and cost no longer outweigh the benefit and this option will be discontinued. Unfortunately, at this time there are no alternative options for pre-exposure prophylaxis. Henry Ford will continue to monitor COVID variant prevalence in southeast Michigan and restore this option if and when appropriate.

Should you have any questions regarding these protocols, please email us at [HFPNHelp@hfhs.org](mailto:HFPNHelp@hfhs.org).

**December 2022**

*If there is an item you would like to see in the HFPN News, please [email content editor Cyndy Lambert](#). You can view past issues of the HFPN News on the [News/Articles page](#) of the [HFPN website](#).*