

Henry Ford Macomb Family Medicine Program
PGY1

	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
	Obstetrics	Obstetrics	ICU	Family Med floor HF Main	IM floor	IM floor	Gen Surg	Radiology	Fam med Fischer	ER	CHM Ped	Elective
Quarterly			Amb. Dept. Meeting			Amb. Dept. Meeting			Amb. Dept. Meeting			Amb. Dept. Meeting
1st Wed Month	Orientation Coding Proper opioid rx	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system
2nd Wed Month	1)Journal Club(JC) 2)Resident Meeting(RM)	1)RM 2)EPIC efficiency	1)RM 2)Inbox managemnt	1)JC 2)RM	1)RM 2)Family Med M&M	1)RM 2)Retirement	1)JC 2)RM	1)RM 2)Family Med M&M	1)RM 2)Disability	1)JC 2)RM	1)RM 2)Family Med M&M	1)RM 2)Financial Planning
3rd Wed Month	1)Procedure clinic(PC) 2)Pharm review(PR)	1)PC 2)PR	1)PC 2)PR	1)PC 2)PR	1)PC 2)PR	1)PC 2)PR	1)OMT Mock Board 2)PR	1)OMT Review 2)PR	1)PC 2)PR	1)PC 2)PR	1)PC 2)PR	1)PC 2)PR
4th Wed Month	1)Board Review 2)Faculty Lecture 3)Faculty Lecture	1)Faculty Lecture 2)Resident Lecture	1)Board Review 2)Resident Lecture 3)Admin Lecture	1)Faculty Lecture 2)OMT Review	1)Faculty Lecture 2)OMT Review	1)Board Review 2)Resident Lecture 3)Admin Lecture	1)Resident Lecture 2)OMT Review	1)Faculty Lecture 2)OMT Review	1)Board Review 2)Resident Lecture 3)Admin Lecture	1)Faculty Lecture 2)OMT Review	1)Faculty Lecture 2)OMT Review	1)Board Review 2)Resident Lecture 3)Admin Lecture
Rotation specific				MKSAP M & M conference Noon Lec	MKSAP M & M conference Noon Lec						Noon lecture	
Monthly Module	Challenger: Women's Health	Challenger: Maternity Care								Challenger : ER/Urgent Care		

Yearly	OSCE Delivery Bad news	OSCE Informed Consent	OSCE Handoffs	OSCE Error Disclosure	FCCS(critical care course)	SCS Research course	BLS ACLS					
--------	------------------------	-----------------------	---------------	-----------------------	----------------------------	---------------------	----------	--	--	--	--	--

Henry Ford Macomb Family Medicine Program
PGY2

	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
	Ob/Gyn	Ped ER	ER	Newborn	IM floor	Cardiology	Orthopedics	GI	OMT	Geriatrics	Elective	Elective
Quarterly			Amb. Dept. Meeting			Amb. Dept. Meeting			Amb. Dept. Meeting			Amb. Dept. Meeting
1st Wed Month	Orientation Coding	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system	Statewide Campus system
2nd Wed Month	1)Journal Club(JC) 2)Resident Meeting(RM)	1)RM 2)Family Med M&M	1)RM 2)Debt management		1)JC 2)RM	1)RM 2)Family Med M&M	1)JRM 2)Preretirement planning	1)JC 2)RM 3)Intro Ethics	1)RM 2)Family Med M&M	1)RM 2)Planning to start practice	1)JC 2)RM	1)RM 2)Family Med M&M
3rd Wed Month	1)Procedure clinic(PC) 2)Pharm review(PR)	1)PC 2)PR	1)PC 2)PR		1)PC 2)PR	1)PC 2)PR	1)OMT Mock Board 2)PR	1)OMT Review 2)PR	1)PC 2)PR	1)PC 2)PR	1)PC 2)PR	1)PC 2)PR
4th Wed Month	1)Board Review 2)Faculty Lecture 3)Faculty Lecture	1)Faculty Lecture 2)Resident Lecture	1)Board Review 2)Resident Lecture 3)Admin Lecture		1)Faculty Lecture: Sex Trafficking(Fischer) 2)OMT Review	1)Board Review 2)Resident Lecture 3)Admin Lecture	1)Resident Lecture 2)OMT Review	1)Faculty Lecture: Opioid alternatives(Gadzinski) 2)OMT Review	1)Board Review 2)Resident Lecture 3)Admin Lecture	1)Faculty Lecture 2)OMT Review	1)Faculty Lecture 2)OMT Review	1)Board Review 2)Resident Lecture 3)Admin Lecture
Rotation specific				Peds Attending lecture	MKSAP M & M conference Noon Lec							
Monthly						Challenger: CV disease	Challenger: Sports Med/MSK	Challenger:		Challenger: Geriatrics		

Monthly Module						Challenger: Urology/Nephrology							
Yearly	Challenger: Neurology	Challenger: Psychiatry	Challenger: Male Reproductive disorder	Challenger: Respiratory Disorders	Challenger: Dermatology	Challenger: Population Health	Challenger: Patient Based Systems						

Statewide Campus System schedule: by year

PGY1: Derm procedures

- Women's Health Issues
- Orthopedics/Sports medicine
- Colposcopy
- Chronic Pulmonary Disease
- Derm non-procedures(webinar)
- Behavioral Health(webinar)
- OMT board review(webinar)
- GI
- Pediatrics
- OMM

PGY2: Business, Legal, Employment considerations

- ALSO
- Orthopedics/Sports medicine
- Procedures for family medicine
- Quality Improvement 1(webinar)
- Quality Improvement 2(webinar)
- OMT board review(webinar)
- GI
- Pediatrics
- OMM

PGY3: Business, Legal, Employment considerations

Women's Health Issues
Orthopedics/Sports medicine
Board preparation strategies
Derm non-procedures(webinar)
Behavioral Health(webinar)
OMT board review(webinar)
GI
Pediatrics
OMM

Pharmacology Review Topics

Curriculum Year 1

1. Antihypertensives
2. Cholesterol management/tobacco cessation
3. Anticoagulation/antiplatelets
4. Bipolar/antipsychotics
5. Womens health: birth control, OCP management (bi/triphasic and adjustments), STDs, vaginitis
6. Male and female incontinence, BPH and other urological disorders, osteopenia/osteoporosis and HRT
7. Infections 3: sinusitis, pneumonia, strep, bronchitis, otitis media, pediatric URI management
8. Rheumatology (SLE, psoriasis, etc.)
9. Acne/impetigo/rosacea/ Conjunctivitis (allergic, bacterial, viral) / Allergies
10. diabetes (insulin)
11. diarrhea/constipation/IBS
12. Skin infections (cellulitis/abscess and leg ulcers), hidradenitis, antibiotic classes and uses

Pharmacology Review Topics

Curriculum Year 2

1. Antihypertensives

2. Cholesterol management/tobacco cessation
3. Infections 1: animal and human bites, tick bites, bee stings, poison ivy
4. Infections 2: UTI, pyelonephritis, traveler's diarrhea, tinea
5. Pain management/Headaches (migraines, tension, cluster: prevention and termination treatments)
6. Anxiety/depression (SSRIs, benzos, atypicals, etc.)
7. ADHD (kids and adults)
8. Pediatric eczema/dermatitis/rashes/
9. Skin infections (cellulitis/abscess and leg ulcers), hidradenitis, antibiotic classes and uses
10. asthma/copd (maintenance therapy and exacerbations)
11. diabetes (oral)
12. steroids (topical, oral, tapering)
13. GERD (adults and peds), functional diseases (IBS, functional dyspepsia, functional diarrhea, etc)

Procedure Clinic:

Curriculum Year 1

1. IUD/Nexplanon: chief to schedule certification course
2. Colposcopy checkoff in clinic after SCS
4. PFT – how to perform and how to analyze
5. Urine microscopy/wet mount/ Amsel criteria/ cervical cancer screening orders
6. Splinting
7. EKG review

Financial Planning Seminars: Mike Simonds of Mainstay Financial Services

Curriculum Year 1

- 1)Retirement Planning
- 2)Financial Planning Basics
- 3)Disability planning for physicians
- 4)Investment Basics

Curriculum Year 2

- 1)Debt management

- 2) Preretirement Planning
- 3) Planning to Practice

Medical Ethics Seminars:

Curriculum Year 1

- 1) Introduction to Medical Ethics: Med ethics committee member

Curriculum Year 2

- 1) Advanced Directives: Geriatric attending

Yearly Mandatory Michigan Human Trafficking: Dr. Fischer

Yearly Opioid Prescribing Practices:

- 1) Curriculum Orientation: Dr. Fischer proper prescribing habits
- 2) Dr. Gadzinski Opioid alternatives
- 3) Pain management attending: best practices

Yearly Osteopathic conjoined OB workshops

- 1) Low back Pain: PGY1 family med/PGY2 Obgyn
- 2) Sacrum/Pelvis: PGY1 family med/PGY2 Obgyn
- 3) Ribs: PGY1 family med/PGY2 Obgyn
- 4) Dysmenorrhea/Pelvis pain: PGY1 family med/PGY2 Obgyn

Yearly Lab results workshops

- 1) The CMP
 - a. Cr bumps/ AKI: when to send, what to do
 - b. Electrolytes: K+, na+ approach to minimal to moderate abnormalities
 - c. Elevated AP: next steps, when to worry
 - d. Elevated LFTs: next steps, when to worry
- 2) The CBC with diff

- a. Low/high plts
 - b. Atypical diff
 - c. Anemia: when to worry, when to relax, when to send
 - d. Leukocytosis
- 3) Coumadin and DOACs
- a. Coumadin dosing
 - b. DOAC indications
- 4) Antiplatelets
- a. New role of ASA in primary vs secondary
 - b. Evidence base for dual antiplatelet therapies

Stanford 25 Skills Workshop

(stanfordmedicine25.stanford.edu)

Goal: Increase and review physical exam skills

Presentation: Resident will review the material on Stanford 25 site and develop electronic slide presentation on the material.

Utilizing the videos on the site. Expectation is to have a workshop component to practice in pairs.

(Year 1)Session 1: Skin

Dermatology Exam: learning the language

Dermatology Exam: Nevi Exam

Dermatology Exam: Acne vs. Rosacea

(Year 1)Session 2: Organ Exams

Examination of Liver

Examination of Spleen

Liver disease Head to Foot

Ascities(skip the venous pattern)

Lymph Node exam

(Year 1)Session 3: Neuro exams

Cerebellar Exam
Involuntary Movement and Tremor
Pupillary Responses
Deep tendon reflexes
Internal Capsule Stroke

(Year 1)Session 4: HEENT

Exam of tongue
Exam of thyroid
Fundoscopic Exam

(Year 1)Session 5: Sensitive exams

Pelvic Exam
Rectal Exam

(Year 2)Session 6:

Cardiac Second sounds
Pulsus Paradoxus and BP measurement techniques
Neck Veins and Wave forms
Pulmonary Exam: Percussion and Inspection

(Year 2)Session 7: MSK 1

Ankle and Foot, Approach to
Gait abnormalities
Knee

(Year 2)Session 8: MSK 2

Shoulder Exam
Hand Exam
How to document Osteopathic structural exam

(Year 2)Session 9: MSK 3

Approach to Hip region

Approach to Low Back Exam

Faculty Lectures

Dr. Witer

1)OCP

2)Well child exam

Dr. Yousif

1)Dietary coaching and approach to young obese patient

2)Weight loss meds

3)Bariatric screening and long term follow up

4)Newborn exam

Dr. Gadzinski

1)Medicare wellness exam

2)Alcohol abuse outpatient management and resources

3)Opioid alternatives

4)Approach to the nonsurgical low back pain case

Dr. Fischer

1) Board certification/MOC/ options

2) HEDIS guidelines

a. BP

b. Cervical/breast/colon CA

3) DM retinopathy

4) Statins

5) Frailty exclusions

6) Opioid policies office

7) Human trafficking

Behavioral Mrs. Giovannini

1) Advanced Depression

a. Augmentation

- b. How to follow
 - c. Referral indications
 - d. Petition and certifications
 - e. Passive suicidal
- 2) Bipolar
- a. Starting and restarting Mood stabilizers
 - b. Mania: identification and screening
 - c. When to refer
- 3) Antipsychotic management
- a. How to monitor
 - b. When is it safe to follow
 - c. Indications for antipsychotic, FDA and otherwise
 - d. When to refer
- 4) ADHD
- a. Diagnosis children and adults
 - b. Med management
 - c. Best practices for follow up
 - d. How to approach the challenging patient