

CAGE

In the past have you ever:

C—tried to Cut down or Change your pattern of drinking or drug use?

A—been Annoyed or Angry because of others' concern about your drinking or drug use?

G—felt Guilty about the consequences of your drinking or drug use?

E—had a drink or used a drug in the morning (as an “Eye-opener”) to decrease hangover or withdrawal symptoms?

Two or more positive responses indicate misuse or dependence and suggest patients need further assessment.

AUDIT-C and the Full AUDIT

1. What is the AUDIT-C?

The AUDIT-C is an alcohol screen that can help identify patients who are hazardous drinkers or have active alcohol use disorders (including alcohol abuse or dependence). The AUDIT-C questions are:

Q#1: How often did you have a drink containing alcohol in the past year?

- Never (0 points)
- Monthly or less (1 point)
- Two to four times a month (2 points)
- Two to three times per week (3 points)
- Four or more times a week (4 points)

Q#2: How many drinks did you have on a typical day when you were drinking in the past year?

- 1 or 2 (0 points)
- 3 or 4 (1 point)
- 5 or 6 (2 points)
- 7 to 9 (3 points)
- 10 or more (4 points)

Q#3: How often did you have six or more drinks on one occasion in the past year?

- Never (0 points)
- Less than monthly (1 point)
- Monthly (2 points)
- Weekly (3 points)
- Daily or almost daily (4 points)

What is SBIRT? How Do You Do It and Teach It Effectively?

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