

What is PERC?

PERC - Patient-Engaged Research Center at Henry Ford Health System

PERC is a relatively new category of research that uses systematic approaches to transform research results into evidence-based medicine that addresses the outcomes that matter to the patient.

- Patient-centered outcomes research assesses the benefits and harms of preventive, diagnostic, therapeutic, palliative, or health delivery system interventions to inform decision making, highlighting comparisons and outcomes that matter to people
- PERC is inclusive of an individual’s preferences, autonomy and needs, focusing on outcomes that people notice and care about such as survival, function, symptoms, and health related quality of life
- PERC incorporates a wide variety of settings and diversity of participants to address individual differences and barriers to implementation and dissemination; and
- PERC investigates (or may investigate) optimizing outcomes while addressing burden to individuals, availability of services, technology, and personnel, and other stakeholder perspectives



GET INVOLVED!

In order to make Patient-Centered Outcomes Research more meaningful to patients and their families, Henry Ford Health System focuses on building and maintaining trust within the community, starting with each patient. If you are interested in helping our researchers to better understand the needs of yourself, and others in your community, please contact PERC@hfhs.org.

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COMMUNITY ORGANIZATIONS

Advantage Health Center

Henry Ford Hospital's Patient-Engage Research Center (PERC) partners with various community organizations to understand the health care needs that matter most to the members of our community. PERC has successfully partnered with numerous community organizations, all of which will focus on a specific area of health care over the next five years.

This issue's spotlighted Community Organization is The Advantage Health Centers. Advantage Health Centers, which was originally founded in 1986 as the Detroit Health Care for the Homeless, Inc. is a nonprofit agency and federally qualified health center (FQHC) agency committed to improving the health of the individuals and communities of Metro Detroit.

Detroit is considered to be a vulnerable and medically underserved community, as it does not have enough primary care physicians to serve its population. Therefore, it is the mission of Advantage Health Centers

to provide comprehensive healthcare and support services to everyone regardless of insurance status or homelessness. One of those support services was sponsorship of the National Homeless Persons Memorial Day Detroit Observance in December 2014 to raise awareness and response to homelessness.

The Advantage Health Centers, much like PERC, is dedicated to caring for patients at all stages of life, and focus on allowing each patient to actively make decisions about their care. Through strong partnerships, the Advantage Health Centers ensure that their patients get the care when and where they need it, in a culturally and linguistically appropriate manner.

PERC's outreach to the Advantage Health Centers includes an educational presentation on Obesity by Dr. Andrea Cassidy-Bushrow and information on PERC's patient advisor work from Heather Dakki the Center Manager.

Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.
World Health Organization

SPOTLIGHTED INVESTIGATOR



Christine Joseph, Ph.D., MPH, is a Senior Epidemiologist in the Department of Public Health Sciences. Her research interests include racial/ethnic health disparities, adolescent health, asthma and allergic disease, adherence, and school-based health management. Dr. Joseph is the Principal Investigator of the PERC project that focuses on developing a physician discussion guide for practitioners to use in their conversations about weight status with obese or overweight adolescents that also have asthma. In November of 2014, Dr. Joseph received the Henry Ford Health System Diversity Hero Award, an annual award that celebrates workforce diversity and recognized individuals who have demonstrated a commitment to respecting and honoring diversity and inclusion, and customer service excellence.



PROJECT UPDATES

Approaches to Asthma Management in Obese Adolescents

This project seeks to improve asthma control among overweight or obese adolescents. The goal of this project is to conduct in-depth interviews and have comfortable conversations with adolescents and their parents regarding asthma and weight status. The information gathered from the interviews will help to create a physician discussion guide that incorporates the benefits of behavioral strategies, including Motivational Interviewing, to facilitate physician-patient discussions about weight, asthma, and ultimately, achieving a healthy lifestyle. The project is being developed and conducted by Christine LM Joseph, PhD, PI; Allergist, Rachel Kado, MD; Pediatrician, Stacy Leatherwood, MD, and Gwen Alexander, PhD, Research Scientist. The project is coordinated by Ms. Heather Olden, MPH.

Pediatric Preventative Health Screenings

This project is a research study that focuses on healthy weight messaging during children/adolescent's annual checkup. Through patient-centered information gathered from focus groups made up of providers, teens, and parents, the study will use surveys to collect experiences, expectations, and recommendations that will improve the pediatric checkup experience and increase positive health

outcomes. This project is led by Epidemiologist and Assistant Scientist Andrea Cassidy-Bushrow, Ph.D. and the Department Chair of Pediatrics, Physician, Charles Barone, M.D. The project is coordinated by Mr. Andrew Bossick, MPH.

Hysterectomy Surgical Approach Guidelines

This project focuses on patient experiences and expectations before and after hysterectomy, an operation that removes a woman's uterus. A hysterectomy can be performed for many different reasons; therefore, this study aims to determine which outcomes are of interest to the pre-surgery hysterectomy patient and whether those expectations are met. Utilizing focus groups of pre-hysterectomy and post-hysterectomy women, questions of expectations, goals, type of hysterectomy, and recovery will be asked. Surveys will be developed for the observational study phase, in which women will be recruited before they receive a hysterectomy and will be asked to complete surveys at pre-determined intervals. This project is led by Epidemiologist and Associate Scientist Ganesa Wegienka, Ph.D. and Director of Residency Training Program Roopina, Sangha, M.D., M.P.H., FACOG. This project is coordinated by Mr. Andrew Bossick, MPH.

PERC'S MISSION IS TO DEVELOP INNOVATIVE WAYS TO MAKE HEALTH CARE MORE PERSONALIZED AND TO BETTER UNDERSTAND WHICH TREATMENT OPTIONS ARE BEST FOR EACH PATIENT BASED ON THEIR PERSONAL GOALS.

EVENTS

On Wednesday, January 21st 2015 at the Thea Bowman Community Health Center, PERC hosted a lecture by guest speaker, Andrea Cassidy-Bushrow. Dr. Cassidy-Bushrow is an Epidemiologist from Henry Ford Health System. Her lecture was entitled, "Patient-Centered Outcomes Research in Obesity."

AHRQ Statement of Funding

The center is funded by a \$5 million, five-year grant from the Agency for Health Care Research and Quality (AHRQ) (R24 HS022417). Henry Ford is the only Michigan health care system and one of seven sites nationally to be awarded funding for the patient-centered initiative. PERC is led by Christine Cole Johnson, Ph.D., MPH, a nationally recognized health care scientist and epidemiologist. Dr. Johnson also is chair of Henry Ford's Department of Public Health Sciences.



HENRY FORD PATIENT-ENGAGED RESEARCH CENTER

We Need You!

We are looking for a diverse group of individuals who are willing to be involved and share their ideas on how Henry Ford can improve patient care. There are many ways for you to be involved including; online or in-person meetings.

*To learn more about how you can become
a Patient Advisor, please visit
HenryFord.com/PERC*



Become a Patient Advisor!

Henry Ford Patient-Engaged Research Center invites you to join us as a Patient Advisor, a community of people who share feedback on how to improve patient care. We value your insight and your opinions will help us improve experiences for you and others at Henry Ford.

As a Patient Advisor you will:

- Help us learn about better ways to partner with patients
- Help us improve the care we provide
- Learn about improvements made as a result of your feedback

henryford.com/perc