



Advance Care Planning



WHAT WOULD YOU DO IF . . .

- You were in an accident and unable to communicate?
- You were diagnosed with a serious illness such as cancer or Alzheimer's disease?
- You were in the hospital and unable to express your wishes?

WHO WILL SPEAK FOR YOU WHEN YOU NO LONGER CAN?

Talk to your loved ones about the kind of health care you want if you become too sick to speak for yourself. Having this talk will relieve those closest to you from making tough choices or having to guess what you would want. Choose someone you trust to speak for you. Write your wishes down on an Advance Directives and Durable Power of Attorney for Health Care form to make sure your wishes are respected when the time comes.



Flip for details.

WHAT IS AN ADVANCE DIRECTIVE?

An Advance Directive is a form that allows you to write down the type of medical care that is most important to you. You have the right to refuse care, treatment and services that you don't want. You can change your choices at any time. An Advance Directive is only used by your Patient Advocate and the health care team when you are no longer able to speak for yourself. Until that time comes, you will make your own health care choices.

HOW DO I START?

1. Start the conversation with your loved-ones. Talk with them about your choices.
2. Choose someone you trust to serve as your Patient Advocate. Your Patient Advocate will make medical decisions for you if you are too sick or unable to make them yourself.
3. Write your choices down on an Advance Directives and Durable Power of Attorney for Health Care form.
4. Share the completed form with your physician, nurse, social worker, friends, family, and Patient Advocate.

WHERE CAN I FIND AN ADVANCE DIRECTIVE?

An Advance Directive form can be found at: henryford.com/ADForm. Talk to your doctor if you have questions about your medical choices. Give a copy of your completed and signed Advance Directive form to your doctor and your Patient Advocate.

WHERE CAN I GET MORE INFORMATION?

Visit henryford.com/AdvanceCarePlanning for tools, forms and information to help you get started with Advance Care Planning.

