

Happy New Year!



Welcome to 2021

Dear Participant,

Our Henry Ford *All of Us* Research Program Team (AoURP) is wishing you a happy New Year.

Each year our team looks back on both the “good” and the “not good” events to learn and focus on a new beginning. We all know that 2020 was filled with unexpected events that changed all of us forever.

As we look back, we recognize the hardships and pain that the COVID-19 pandemic has caused. Yet, we celebrate some of the impact you and the nearly 10,000 *All of Us* participants in Metro Detroit had in such a challenging year.

In Gratitude and Health

A core value of the AoURP is recognizing participants as true partners. Our team appreciates each one of you, no matter where you are in your *All of Us* Journey, you’re a critical part in improving the future of health!

A special thank you to our Community and Participant Advisory Board members and the new volunteers who are completing their training in 2021. Your contributions have helped us through this past year and will continue to be a key factor of our success.

Warm Regards,

The *All of Us* Research Team



Looking Back at 2020

Working with some of you since 2017, we know that our participants are a hopeful group that chose to join All of Us to improve the future of health. As our health system's founder Henry Ford said, "Whether you think you can, or you think you can't - you're right", and what was achieved in difficult times is amazing.



COPE Survey

The COVID-19 Participant Experience, or COPE, survey, asks questions about how you're doing and feeling. It also asks about how COVID-19 may be affecting your physical and mental health, your daily life, and your community.

The pandemic has affected many aspects of people's lives, like health, housing, and job security. By surveying participants on these topics, we can better understand the pandemic's impact on physical and mental well-being.

Beginning in May 2020, thousands of participants across the country completed the survey in their online Participant Portal. The survey was updated and repeated throughout the remainder of 2020, and is now available one final time in the new year.

Thank you to our participants in Metro-Detroit that completed the surveys previously! You can view some of the COPE survey results at ResearchAllOfUs.org.

Support of Front-Line Workers and Research Projects

For some months, most of the Henry Ford *All of Us* Team was reassigned to new duties including calling thousands of COVID-19 results to patients, enrolling participants in new research trials and writing research papers related to COVID-19. Like you, we found new ways to be "socially distant" and work safely from home. Even though our enrollment visits were paused, we found new ways to keep in touch with our participants through phone calls and a new survey.



Antibody Testing

All of Us has tested blood samples from more than 24,000 participants who joined the program between January and March 2020, during the early days of the pandemic in the U.S. We are looking to see if any of the samples have antibodies against the virus that causes COVID-19.

By examining participants' blood samples, we can add an important puzzle piece to learn more about the spread of COVID-19 in the U.S.

All of Us will tell all participants what we learn with a summary of our findings when the study is completed. To learn more, visit:

JoinAllofUs.org/coronavirus.



Looking Forward 2021



Reactivation Plans

Our priority is the safety of our participants and team members. Our team has been trained on safety requirements and PPE usage by working with National Institutes of Health (NIH). In December, we reopened at Henry Ford Hospital in Detroit to allow participants who are already in the building for other appointments to complete their AoURP clinic visit. We will continue to reopen clinics through 2021, so look for updates on our website henryford.com/joinallofus and newsletters.

Return of Genetic Results

All of Us has started returning DNA results! If you're interested, please start by logging in to your *All of Us* Account and going through the Consent to Get DNA results. DNA results are returned on an individualized basis, so you may receive your results at a different time than somebody else.

You can now learn about your genetic ancestry and trait DNA results. Find out what may be influenced by your DNA, like your earwax type or whether you like the taste of cilantro.

There will be more opportunities for you to get other types of DNA results, such as health-related results. Keep your contact information up-to-date in your *All of Us* account profile. When new DNA results are available, we will contact you.



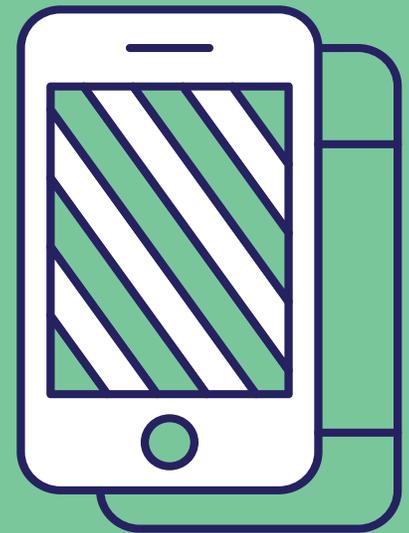
Quarantine has you missing out? Here's how to stay up to date!

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