## Medication list

## **Medication tips:**

- Update this list when medications or dosages change.
  - Include:
    - Aspirin
    - Eye drops
    - Injections
    - Insulin
    - Lotions
    - Medicines taken by mouth (such as pills, tablets, capsules, or liquids)
    - Nose sprays
    - Over-the-counter medications
    - Patches
    - Vitamins/herbal supplements
- Ask the doctor or nurse to review this list at every appointment.
- Always give medications on time and as prescribed.