

Blood Pressure Chart

Blood Pressure Readings



Chart Date: ___/___/___ Patient Name: _____

		Systolic / Diastolic	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Wk #1	Morning								
	Evening								
Wk #2	Morning								
	Evening								
Wk #3	Morning								
	Evening								
Wk #4	Morning								
	Evening								
Wk #5	Morning								
	Evening								



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