At Henry Ford Health System, we all work together to make your care safe. Here is how you can help:

• **Ask questions.** Questions help you to stay informed. If you’re thinking it, ask it!

• **Ask a trusted family member or friend** to be your advocate.

• **If you don’t understand something, ask again** – it’s your body and you have a right to know.

• **“Speak up”** if something doesn’t seem right.

• **Review instructions with your doctor, nurse or pharmacist.** You might say, “This is new to me. I want to make sure I know how to care for myself at home. I’m supposed to... (repeat back instructions as you understood them).”

For more information:
1-800-HENRY FORD
1-800-436-7936

www.henryford.com

Let the health care team know if you need an interpreter. Henry Ford Health System provides interpreter services, to all of our patients, free of charge.

We’re Henry Ford
We Can

Be Involved in your Health Care

You are the most important member of the health care team. Let’s work together to make your health care even safer.
### Make a list of your medications and take it with you to hospital and doctor visits.

**My Allergies:**

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**My Medications:**

Don’t forget to ask for medication renewals if you need them.

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### Ask us, we have the time.

**My Questions:**

**What is my health problem?**

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**What do I need to do?**

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**Why is this important?**

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**Other Questions:**

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### Find out if you need follow-up care before you leave.

**My Follow-up Care:**

- **Date:**
- **Time:**
- **Place:**
- **Doctor’s Name:**
- **Phone Number:**

**Reason for follow-up:**

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**Who can I call if I have questions or concerns?**

- **Name:**
- **Phone Number:**