## Safety Tips

At Henry Ford Health System, we all work together to make your care safe. Here is how you can help:

- Ask questions. Questions help you to stay informed. If you're thinking it, ask it!
- Ask a trusted family member or friend to be your advocate.
- If you don't understand something, ask
   again it's your body and you have a right to know.
- "Speak up" if something doesn't seem right.
- Review instructions with your doctor, nurse or pharmacist. You might say, "This is new to me. I want to make sure I know how to care for myself at home. I'm supposed to... (repeat back instructions as you understood them)."



For more information: 1-800-HENRY FORD 1-800-436-7936

www.henryford.com

Let the health care team know if you need an interpreter.

Henry Ford Health System provides interpreter services, to all of our patients, free of charge.





## Partners in Patient Safety



## Be Involved in your Health Care

You are the most important member of the health care team. Let's work together to make your health care even safer.

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Make a list of your medications and take it with you to hospital and doctor visits.  My Allergies:	Ask us, we have the time.  My Questions:  What is my health problem?  What do I need to do?	Find out if you need follow-up care before you leave.  My Follow-up Care:  Date: Time: Place: Place: Phone Number: Reason for follow-up:
My Medications:  Don't forget to ask for medication renewals if you need them.	Why is this important?	Who can I call if I have questions or concerns?  Name: Phone Number:
	Other Questions:	