Date of Preparation: August 20, 2020

Signature

#### CHARLES S. DAY, MD, MBA

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EDUCATION	DATES
Master of Business Administration, University of Pittsburgh Pittsburgh, PA	9/1996-5/2001
Doctor of Medicine, University of California, San Francisco, CA	9/1990-6/1994
Bachelor of Arts in Human Biology, Stanford University, Stanford, CA	9/1986-6/1990
POSTGRADUATE TRAINING	
Medical Education Fellowship, Shapiro Institute for Education and Research, Harvard Medical School, Boston, MA	9/2005-6/2006
Orthopaedic Surgery Fellowship, Barnes-Jewish Hospital, Washington University, St. Louis, MO	8/2001-7/2002
Orthopaedic Surgery Residency, University of Pittsburgh Medical Center, Pittsburgh, PA	7/1995-6/2001
Orthopaedic Research Resident, Growth and Development Laboratory, University of Pittsburgh Medical Center, Pittsburgh, PA	7/1995-6/1997
General Surgery Internship for Orthopaedic Residency, University of Pittsburgh Medical Center, Pittsburgh, PA	7/1994-6/1995
FACULTY APPOINTMENTS	
Full Professor, Orthopaedic Surgery, Wayne State University School of Medicine, Detroit, MI	9/2020-Present
Associate Professor, Orthopaedic Surgery, Harvard Medical School, Boston, MA	9/2009-10/2016
Assistant Professor, Orthopaedic Surgery, Harvard Medical School, Boston, MA	9/2005-8/2009
Instructor, Orthopaedic Surgery, Harvard Medical School, Boston, MA	9/2002-8/2005
Clinical Instructor, Orthopaedic Surgery, Washington University, St. Louis, MO	8/2001-7/2002
HOSPITAL OR OTHER PROFESSIONAL APPOINTMENTS	
Attending Physician, Orthopaedic Surgery, Henry Ford Hospital Detroit, MI	10/2019-Present

Executive Vice Chair, Orthopaedic Surgery Service Line, Henry Ford Hospital/Henry Ford Health System, Detroit, MI	9/2019-Present
Chief, Orthopaedic Hand and Upper Extremity Surgery, Henry Ford Hospital/Henry Ford Health System, Detroit, MI	9/2019-Present
Chief, Orthopaedic Hand and Upper Extremity Surgery, St. Elizabeth Medical Center, Brighton, MA	7/2016-8/2019
Program Director, Beth Israel Deaconess Medical Center/Harvard Medical School Orthopaedic Hand and Upper Extremity Fellowship	8/2006-11/2014
Chief, Orthopaedic Hand and Upper Extremity Surgery, Beth Israel Deaconess Medical Center, Boston, MA	9/2005-1/2015
Attending Physician, Orthopaedic Surgery, Beth Israel Deaconess Medical Center, Boston, MA	9/2002-10/2016
Attending Fellow, Orthopaedic Surgery Barnes-Jewish Hospital, St. Louis, MO	8/2001-7/2002
Chief Resident, Orthopaedic Surgery-University of Pittsburgh Medical Center, Pittsburgh, PA	7/2000-6/2001
MAJOR PROFESSIONAL SOCIETIES	
Massachusetts Orthopaedic Association	9/2009-3/2015
American Orthopaedic Association	6/2009-Present
The Academy of Harvard Medical School	9/2006-10/2016
American Medical Association	9/2005-6/2009
American Society for Surgery of the Hand American Academy of Orthopaedic Surgery	10/2002-Present 9/1999-Present
MEDICAL LICENSURE	7/21/2010 7/21/2022
Michigan Medical License #4301500358, Active Massachusetts Medical License #215250	7/31/2019-7/31/2022 7/10/2002-6/21/2021
Missouri Medical License #2001012244	6/6/2001-1/31/2004
Pennsylvania Medical License #MD066798L	12/23/1998-12/31/2002
NPI# 1073672432	12/23/1770-12/31/2002
BOARD CERTIFICATION	
Hand Surgery, American Board of Orthopaedic Surgery	8/05/2006-12/31/2025
Orthopaedic Surgery, American Board of Orthopaedic Surgery	7/11/2004-12/31/2025
HONORS/AWARDS	
Best Poster in Plastic and Cosmetic Surgery, Cureus Journal of Medical Science, on "Emergency Transfer for Hand Surgery Evaluation: When is it Necessary?"	2012
Top Doctor, US News and World Report	2012
Top Doctor for Hand Surgery, Boston Magazine	2011-2015
American-British-Canadian Traveling Fellowship, American Orthopaedic Association	2011
Five chosen orthopedic surgeons nationwide every 2 years	

Sterling Bunnell Traveling Fellowship Award Recipient, American	2011
Society for Surgery of the Hand	
One chosen hand surgeon nationwide each year	2010
Excellence in Mentoring Award Recipient, Harvard Medical School,	2010
Boston, MA	
Over 7500 Eligible HMS Faculty members	
Young Investigators NIH Grant Writing Initiative, US Bone and Joint Decade	2009
Best Poster Award, American Academy of Orthopaedic Surgeons Annual	2008
Meeting	
Excellence in Mentoring Award Nomination, Harvard Medical School,	2008
Boston, MA	
Harvard Medical School award submitted by mentees	
Julian M. Bruner Award for Outstanding Poster, American Foundation	2008
for Surgery of the Hand/American Society for Surgery of the Hand	
Leadership Fellows Program, American Academy of Orthopaedic	2008
Surgeons Class of 2009-2010	
Department of Orthopaedic Surgery Teaching Award, Beth Israel	2006
Deaconess Medical Center, Boston, MA	
Faculty Prize for Excellence in Teaching Nomination Harvard Medical	2006
School, Boston, MA	
Humanism in Medicine Award Nomination, Harvard Medical School,	2006
Boston, MA	
Leadership Development Participant, Young Members Leadership	2004
Forum, American Society for Surgery of Hand	
Julian M. Bruner Award for Outstanding Poster, American Foundation	2003
for Surgery of the Hand/American Society for Surgery of the Hand	
Graduation Speaker at the 2001 Graduation Ceremony, Katz Graduate	2001
School of Business, University of Pittsburgh	
Best Poster representing the American Society for Surgery of Hand at the	2000
American Academy of Orthopaedic Surgeons, Council of	
Musculoskeletal Societies, American Academy of Orthopaedic	
Surgeons Annual Meeting	
Best Scientific Exhibit Award, American Society for Surgery of Hand	1999
Annual Meeting	
Alternate Winner, American Orthopaedic Association Zimmer 11 <sup>th</sup>	1998
Annual Travel Award	
3M Science Award, American Orthopaedic Society for Sports Medicine	1997
Best Basic Science Research Award, Fifth Annual Department of	1997
Orthopaedics Residents and Fellows Research Day Competition,	
University of Pittsburgh	
Herodicus Award, American Orthopaedic Society for Sports Medicine	1997
Graduated with Honors and Distinction in Human Biology, Stanford	1990
University, Stanford, CA	

Scholastic Collegiate Scholarships from Bank of America, Sandpipers,	1986
Palos Verdes High School, National Charity League, Elk's National	
Foundation	

#### SERVICE

#### Henry Ford Health System, Detroit, MI Leader, Post COVID-19 Orthopaedic Surgery Recovery Task Force 4/2020 - Present Leader, Research Consortium on Impact of COVID-19 Pandemic on 3/2020-Present Orthopaedic Surgery Co-Leader, Orthopaedic Service Line Executive Council 1/2020-Present Co-Leader, Orthopaedic Alumni Jubilee CME Committee, Henry Ford 12/2019-Present Medical Group Co-Leader, Hand Trauma Surgery, System Redesign and Transformation 12/2019-Present Keepage Owners Committee Leader, Orthopaedic Hand Research Committee 11/2019-Present Participant, Service Line Financial Oversight Committee 11/2019 Leader, Monthly Orthopaedic Hand Division Meeting 10/2019-Present Member, Musculoskeletal Health Care Council 10/2019-Present Member, Orthopaedic Patient Reported Outcomes Committee 10/2019-Present Member, Orthopaedic Surgery All Vice Chair Committee 10/2019-Present Member, Orthopaedic Surgery Preference Card Standardization 10/2019-Present Committee Member, Quarterly Orthopaedic Service Line Strategy Retreat 10/2019-Present Member, Orthopaedic Patient Reported Outcomes Committee 10/2019-Present St. Elizabeth's Medical Center, Brighton, MA Member, Operating Room Steering Committee 2017-2019 Beth Israel Deaconess Medical Center, Boston, MA Co-Chair, Orthopedics and Plastics Joint Hand Surgeon Recruitment 2014 Committee Facilitator, Harvard Combined Hand Fellowship Collaborative 2014 Member, Beth Israel Deaconess Medication Center Orthopedic Focus 2014 Group for Campus Master Plan Physician Representative, Signature Health Care Orthopedic Steering 2014 Committee Member, New England Baptist/Beth Israel Deaconess Medical Center 2013-2014 Joint Venture Leadership Committee Chair, Orthopedic Research and Education Committee 2012-1/2015 Member, Educational Environment Subcommittee 2010 Director, Orthopedic and Plastic Surgery Combined Hand Trauma Clinic 2007-11/2014 Program Director, Hand Fellowship Annual Faculty Retreat 2007-2009 Member, Principal Clinical Experience Longitudinal Curriculum 2005-1/2015 Committee Member, Undergraduate Medical Education Committee 2005-1/2015

Member, Graduate Medical Education Committee 2005-2014

Education Resource Faculty Appointment, Orthopedic Surgery, Carl J. Shapiro Education and Research	2005-2009
Representative, Harvard Combined Orthopaedic Surgery Residency	2005
Retreat, sponsored by Massachusetts General Hospital	2005
Member, Peri-Operative Operations Committee	2004-1/2015
Member, Harvard Combined Orthopedic Surgery Residency Selection	2004-2006
Committee	2001 2000
Director, Orthopedic Elective in the General Surgery Core Rotation	2003-3/2015
Moderator, Weekly Hand Surgical Indications Conference	2003-8/2014
Member-at-Large, Harvard Medical Faculty Physicians Board of	2003-2006
Directors	2000 2000
Harvard Medical School, Boston, MA	
Project Participant, Dimensions of Harvard Medical School	2014
https://mfdp.med.harvard.edu/sites/default/files/files/Dimensions/dim28.j	
pg	
Member, Admissions Committee	2012-8/2015
Member, Harvard Medical School Academy Critical Thinking Interest Group	2012-2014
Member via Dean's appointment, Faculty Council. Representing 11,000	2011-2014
Harvard Medical School faculty	
Member, Council of Mentors	2010-8/2015
Member, Taskforce on Teaching Imaging	2010-2011
Member, Dean's Community Service Award Advisory Committee	2009-3/2015
Director, Human Systems Pathophysiology Orthopedic Block	2007-7/2015
Director, Patient-Doctor II Musculoskeletal Physical Examinations Centralized Sessions	2007-7/2015
Member, Fundamentals of Medicine Steering Committee	2007-2009
Course Director, Orthopaedic Pre-Clinical Curriculum Committee	2006-7/2015
Member, Fundamentals of Medicine Year II Planning Committee	2006-6/2015
Member, Patient-Doctor II Policy Group	2006-2009
Member, Musculoskeletal Education Curriculum Task Force	2005-2006
University of Pittsburgh Medical Center, Pittsburgh, PA	
Member, Adverse Drug Reaction Committee	1999-2001
Member, Orthopaedic Residency Education Committee	1997-1998
Member, Committee on Cost Effective Quality Healthcare	1996-1997
Professional	2015
Member, Hand Surgery Certification & Recertification Examinations	2017
Standard Setting Exercise, American Board of Orthopaedic	
Surgery/American Society for Plastic Surgery/American Board of	
Surgery Co. Chain, Hand Surgery, Followshin Milestone, Committee, Accorditation	2014 2015
Co-Chair, Hand Surgery Fellowship Milestone Committee, Accreditation Council for Graduate Medical Education/American Board of	2014-2015
Orthopaedic Surgery/American Society for Plastic Surgery	

Member, Residency Milestone Committee, Accreditation Council for Graduation Medical Education/American Board of Orthopaedic Surgery	2011-2012
Member, Step 1 Standard Setting Panel, United States Medical Licensing	2009
Examination	2007
American Society for Surgery of the Hand	
Member, Courses and Meetings Advisory Committee	2014-2015
Co-Chair, "Embracing change: the practice of hand surgery in the 21 <sup>st</sup> Century", 2015 Annual Meeting	2014-2015
Diversity Committee Representative, Committee Advisory Group	2014-2015
Member, Commercial Support Committee	2014-2015
Member, Bunnell Fellowship Selection Committee	2012-2015
Member, Young Leaders Selection Committee	2012, 2014, 2015
Chair, Diversity Committee	2011-2015
Member, Clinical Trials and Outcomes Committee	2011-2014
Co-Chair, Local Host Committee Boston	2010
Vice-Chair, Diversity Committee	2010
Member, Expanding Hand Surgery Task Force	2009-2010
Member, Nominating Advisory Group	2009-2010
Member, Young Members Steering Committee	2009-2010
Chair, Young Members Steering Committee	2008-2009
Member, Diversity Committee	2008-2009
Member, Evidence Based Practice Committee	2006-2012
Member, Crucial Elements of Hand Surgery Committee	2006-2008
Member, Leadership Forum Task Force	2006-2008
Member, Young Leaders Program Task Force	2006-2008
Member, Annual Meetings Program Committee	2006-2007, 2011-2015
Member, Clinical Investigators Workshop	2006-2007
Member, Clinical Research Committee	2006-2007
Regional Coordinator and Harvard MS Representative, Lend a Hand Task Force	2005-2009
Member, Young Members Steering Committee	2005-2008
American Orthopaedic Association	
Association of American Medical Colleges Council of Faculty and	2020-2023
Academic Societies (AAMC-CFAS); Liaison, CORD/Academics Committee	
Member, Critical Issues Committee	2014-2015
Moderator, "Musculoskeletal work force needs: are mid-level providers	2014-2015
the solution?", 2015 American Orthopaedic Association Symposium	
American Academy of Orthopaedic Surgery	2011 2014
Member, Guidelines & Technology Oversight Committee	2011-2014

Massachusetts Orthopaedic Association Member, Board of Directors	2009-2015
American Medical Association	
Member, Hand Surgery Caucus Delegate for American Society for Surgery of the Hand, Young	2006-2009 2005-2009
Physician Section	
Scholarly Service	
Service for Peer-Reviewed Journals	
Review of Manuscripts	
Journal of Bone and Joint Surgery Essential Surgical Technique	2019-Present
Physical Therapy	2014-2016
Teaching and Learning in Medicine	2012-2016
Current Rheumatology Reviews	2011-2016
Medical Education	2010-2016
The Clinical Journal of Pain	2009-2012
Journal of Bone and Joint Surgery [Am]	2007-Present
Clinical Orthopedics and Related Research	2007-2016
Journal of Hand Surgery [Eu]	2007-2016
Journal of Hand Surgery [Am]	2007-2016
Orthopaedic Knowledge Online	2007-2016
TEACHING	
Teaching at Wayne State University	
Orthopaedic Surgery Interest Group: "Introduction to Orthopaedic	2/2020
Surgery" (30 First Year Medical Students; 1 hour lecture)	
Teaching at Henry Ford Hospital, Detroit, MI	
Orthopaedic Surgery Teaching Conference: "Hand Examination" (35	9/2019
orthopaedic surgery residents and medical students; 1 hour lecture)	<i>,,_</i> ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Teaching at Harvard Medical School, Boston, MA	
Emergency Medicine Boot Camp: "Hand lecture" (15 Fourth Year Medical Students; 1 hour lecture)	4/2015
Human Systems Orthopedics Course: "Course review"	10/2013, 10/2014
(175 Second Year Medical Students; 1 hour lecture)	
Human Systems Orthopedics Course: "Critical thinking session: arm	10/2013, 10/2014
pain"	
(175 Second Year Medical Students; 1 hour lecture)	
Human Systems Orthopedics Course: "Critical thinking session:	10/2013,10/2014
fractures"	
(175 Second Year Medical Students; 1 hour lecture)	
Human Systems Orthopedics Course: "Lower extremity: clinical cases"	

(Three 20-student small groups; 1 hour lecture)	10/2013,10/2014
Human Systems Orthopedics Course: "Low back pain: clinical cases"	10/2013,10/2014
(Three 20-student small groups; 1 hour lecture)	
Human Systems Orthopedics Course: "Bone, nerve, tendon healing" (175 Second Year Medical Students; 1 hour lecture)	10/2013,10/2014
	10/2013,10/2014
Human Systems Orthopedics Course: "Introduction: clinical cases"	10/2013,10/2014
(Three 20-student small groups; <sup>1</sup> / <sub>2</sub> hour lecture)	2011 10/2014
Human Systems Orthopedics Course: "Orthopedic physical examinations small group"	2011-10/2014
(Three 20-student small groups; 1 hour lecture)	
Human Systems Orthopedics Course: "Introduction to orthopedics" 175	2008-10/2014
(Second Year Medical Students; 1 hour lecture)	
Human Systems Orthopedics Course: "Adult fractures"	2008-10/2014
(175 Second Year Medical Students; 1 hour lecture)	
Human Systems Orthopedics Course: "Peripheral neuropathies"	2008-10/2014
(175 Second Year Medical Students; 1 hour lecture)	
Patient-Doctor II Centralized MSK section: "Case presentation:	2008-10/2014
shoulder/hand"	
(175 Second Year Medical Students; 1 hour lecture)	
Human Body Course: "Functional reconstruction of the hand"	2008
(175 First Year Medical Students; 1 hour lecture)	
Human Body Course: "Orthopedic surface anatomy of the back and	2008
extremities"	
(175 First Year Medical Students; 1 hour lecture)	
Human Systems Musculoskeletal Pathophysiology: Fractures"	2007-2013
(160 Second Year Medical Students; ½ hour lecture)	
Human Systems Orthopedics Block: "Introduction to musculoskeletal	2007-2013
medicine – orthopedics"	
(160 Second Year Medical Students; ½ hour lecture)	
Advanced Clinical Anatomy Elective: "Orthopedic physical exams of the	2007-2008
upper hand" and "Clinical anatomy of the hand"	
(25 Third and Fourth Year Medical Students; 1 hour lecture each)	
Advanced Clinical Anatomy Elective: "Orthopedic physical exams of the	2007-2008
upper limb"	
(170 Second Year Medical Students; lecturer for 9 new orthopaedic	
small group cases)	
Human Systems Course Fall Integration Week	2007-2008
(170 Second Year Medical Students; faculty for orthopaedic	
components of the review cases and final examination, 3 hours of	
contact time)	
Human Systems Course Orthopedic Block	2007-2008
(25 Third and Fourth Year Medical Students; 1 hour lecture)	
Human Systems Course Orthopedic Block	2007-2008
(170 Second Year Medical Students; lecturer for 9 new orthopaedic	
small group cases)	
Human Systems Orthopedics Block: "Compressive neuropathies"	2007-2008

(160 Second Year Medical Students ½ hour lecture)	
Patient-Doctor II Course: "Musculoskeletal examinations I: hand case	2007
presentation"	
(160 Second Year Medical Students; 1 hour lecture)	
Patient-Doctor II Course: "Musculoskeletal examinations I: low back	2007
case presentation"	
(160 Second Year Medical Students; 1 hour lecture)	
Patient-Doctor II Course: "Musculoskeletal examinations I: knee case	2007
presentation"	
(160 Second Year Medical Students; 1 hour lecture)	
Patient-Doctor II Course: "Musculoskeletal examinations I: shoulder case	2007
presentation"	
(160 Second Year Medical Students; 1 hour lecture)	
Patient-Doctor II Musculoskeletal Examinations	2007
(170 Second Year Medical Students; lecturer for centralized sessions	2007
for musculoskeletal examinations [knee, low back, shoulder and	
hand])	
Core Surgery Clerkship: "Top 5 orthopedic problems and splinting and	2006
casting"	2000
(Third Year Medical Students; 1 hour lecture)	
Patient-Doctor II Course: "Physical exam and differential diagnosis of	2006
upper extremity pathologies"	2000
(Second Year Medical Students; two 1 hour lectures) Core Surgery Clerkship: "Top 15 orthopaedic and musculoskeletal	2005-2012
diagnoses"	2003-2012
e	
(40 Third Year Medical Students; 1 hour lecture, every 3 months)	2005
Human Body Course: "Clinical pearls of upper limb anatomy" and	2005
"Clinical pearls of lower limb anatomy"	
(200 First Year Medical Students; 2 1 hour lectures)	2005
Musculoskeletal Review Lecture	2005
(50 Fourth Year Medical Students; 2 lectures covering pertinent	
aspects of musculoskeletal medicine for preparation USMLE step 2, 2	
hour lectures)	2005
Patient-Doctor II Course: "Physical examination and differential	2005
diagnosis of the lower extremity"	
(40 Second Year Medical Students; 1 hour lecture)	2005
Patient-Doctor II Course: "Physical examination and differential	2005
diagnosis of the upper extremity"	
(40 Second Year Medical Students; 1 hour lecture)	
Principal Clinical Experience: "Fundamentals of musculoskeletal	2005
radiology"	
(8 Third Year Medical Students; 3 hour lecture)	
Advanced Clinical Anatomy Elective: "Clinical surface anatomy of the	2004, 2005, 2007-2008
upper extremity" and "Clinical surface anatomy of the lower	
extremity"	
(35 Third and Fourth Year Medical Students; 3 hour lecture)	

Advanced Clinical Anatomy Elective (35 Third and Fourth Year Medical Students; lecturer, designed all 6	2004
orthopedic cadaveric dissection sessions, 2 hours of contact time) Surgical Clerkship: "Physical examination and differential diagnosis of the upper extremity" (40 Third Year Medical Students; 3 hour lecture)	2004
Patient-Doctor II Course: "Lifestyles of a surgeon"	2003-2005
(30 Second Year Medical Students; 3 hour lecture)	2000 2000
Patient-Doctor II Course: Objective Structured Clinical Exams	2003-2004
(35 Second Year Medical Students; Surgical Liaison at Beth Israel	2003 2001
Deaconess Medical Center, Boston, MA for 9 full days involving six	
1-hour didactic lectures, OR participation, surgical clinic shadowing,	
and 6 hours of preparation time)	
Teaching at Beth Israel Deaconess Medical Center, Boston, MA	
General Surgery Clerkship - Third Year Medical Students	2004-3/2015
Orthopedic subspecialty director at Beth Israel Deaconess Medical	
Center, Boston, MA as a portion of their general surgery clerkship, 10	
hours of contact time and 1 hour of preparation time every 2 weeks	
Residents/Fellows	2009
Emergency Room Residents Teaching Conference: "Hand Injuries"	
(25 emergency residents; 2 hour lecture)	
Emergency Medicine Residency Core Hand and Wrist Cadaveric	2005
Anatomic Dissection	
(25 emergency residents; $\frac{1}{2}$ hour lecture and $\frac{1}{2}$ hours of cadaver	
dissections)	
Quarterly Internal Medicine Residency Program Brief Clinical Review:	2004
"Physical Examination and Differential Diagnosis of the Wrist"	
(25 internal medicine residents; 1 hour lecture )	
Weekly Hand Surgical Indications Conference	2003-8/2014
(15 plastics, emergency, orthopaedic, musculoskeletal, radiology	
residents and fellows; 1 hour lecture each week)	
Primary Care Internal Medicine Lecture Series: "Physical examination	2003-5/2014
and differential diagnoses of the wrist"	
(80 internal medicine residents; 1 hour lecture)	
Emergency Medicine Basic Core Lecture Series: "Management of upper	2002, 2004
extremity trauma: part I"	
(15 emergency residents; 1 hour lecture)	2002 2004
Emergency Medicine Basic Core Lecture Series: "Management of upper	2002, 2004
extremity trauma: part II''	
(26 emergency residents; 1 hour lecture)	2002 2004
Human Body course: "Clinical Pearls of Limb Anatomy (200 First Year Medical Students: 20 minute leature)	2002-2004
(200 First Year Medical Students; 20 minute lecture)	

# Teaching at Brigham & Women's Hospital for Harvard Combined Orthopaedic Residency Program

Orthopaedic Basic Core Curriculum: "Arthritidies"	2012
(25 orthopaedic residents; 1 hour lecture)	
Orthopaedic Basic Core Curriculum: "Distal Radius Fractures"	2011
(25 orthopaedic residents; 1 hour lecture)	
Orthopaedic Anatomy Course: Casting	2011
(2 <sup>1</sup> / <sub>2</sub> hour lecture; dissection workshop supervisor for 2 hours)	2011 2000 2001
Orthopaedic Surgery Core Hand Curriculum: "Wrist pain and hand infections"	2011, 2008-2004
(25 orthopaedic residents; 1 hour lecture)	
Teaching at University of Pittsburgh Medical Center, Pittsburg, PA	
Emergency Medicine Advance Core Lecture Series: "Fingertip injuries	2000
and nail bed injuries"	
(20 emergency residents; 1 hour lecture)	
Emergency Medicine Basic Core Lecture Series: "Emergency room	2000
orthopaedics"	
(20 emergency residents; 1 hour lecture)	
General Surgery Rotation: "Basic fracture care"	2000
(20 medical students; 1 hour lecture)	
Mentorship	
Stephanie DeBolle, Orthopaedic Surgery Resident	06/2020-Present
Mentor for Hand Trauma Revenue Project	
Madelyn Skinner, Undergraduate at the University of Michigan	03/2020-Present
Mentor for Comparative Analysis of Sex and ethnic diversity in	
Orthopedic Surgery Applicants and Residents; Comparative analysis	
of Diversity in Orthopedic Surgery Leadership, DRF with KP NorCal	
Karthik Ravi, Undergraduate at the University of Michigan	03/2020-Present
Mentor for Comparative Analysis of Sex and ethnic diversity in	
Orthopedic Surgery Applicants and Residents; Comparative analysis	
of Diversity in Orthopedic Surgery Leadership, DRF with KP NorCal	
Anointing Onuoha, Medical Student	03/2020-Present
Mentor for Comparative Analysis of Sex and ethnic diversity in	
Orthopedic Surgery Applicants and Residents; Comparative analysis	
of Diversity in Orthopedic Surgery Leadership, DRF with KP NorCal	
Austin Meadows, Medical Student	03/2020-Present
Mentor for Comparative analysis of Diversity in Orthopedic Surgery	
Leadership; Comparative Analysis of Sex and ethnic diversity in	
Orthopedic Surgery Applicants and Residents, DRF with KP NorCal	
Jonathan Shaw, MD, Orthopaedic Surgery Resident	02/2020-04/2020
Mentor for hand surgery rotation for 2 months	
Benjamin Sims, Medical Student	12/2019-Present
Mentor for COVID-19 Pandemic Delayed Care, Survey Fatigue	
Project	11/0010 D
Ankur Patel, Medical Student	11/2019-Present

Mentor for COVID-19 Pandemic Delayed Care, Survey Fatigue Project, DRF with KP NorCal	
Nikhil Yedulla, Medical Student Mentor for COVID-19 Pandemic Virtual Care -Surgeon Satisfaction; COVID-19 Pandemic Virtual Care; PROMIS Test - Acquire Normative Data; Variability of PROMIS Across Hand Conditions; PROMIS MCID in Hand; Patient Preference for Follow Up: Traditional vs Virtual	10/2019-Present
Zachary A. Montgomery, Medical Student Mentor for COVID-19 Pandemic Virtual Care -Surgeon Satisfaction; COVID-19 Pandemic Virtual Care; Variability of PROMIS Across Hand Conditions; PROMIS MCID in Hand; Grip Strength Correlation with PROMIS UE; TDABC Carpal Tunnel: Traditional vs WALANT; National Labor Database: Hand and UE Injuries; Survey Fatigue - When does it kick in?	10/2019-Present
Cade Cantu, Neuroscience Undergraduate Student Mentor for COVID-19 Pandemic Delayed Care ;PROMIS Test - Acquire Normative Data; Grip Strength Correlation with PROMIS UE; Perception of WALANT vs Traditional - Who wants WALANT	10/2019-Present
Eric Battista, Medical Student Mentor for COVID-19 Pandemic Virtual Care -Surgeon Satisfaction; COVID-19 Pandemic Virtual Care; Variability of PROMIS Across Hand Conditions; PROMIS MCID in Hand; Examining Relationship between Press Ganey and PROMIS Outcome Scores; TDABC Carpal Tunnel: Traditional vs WALANT; National Labor Database: Hand and UE Injuries	10/2019-Present
Brooke Garnica, Medical Student Mentor for Corticosteroid Injections for CTS; COVID-19 Pandemic Delayed Care;Variability of PROMIS Across Hand Conditions, PROMIS MCID in Hand; Perception of WALANT vs Traditional - Who wants WALANT; Patient Preference for Follow Up: Traditional vs Virtual, DRF with KP NorCal	10/2019-Present
Arvind Balasundaram, Medical Student Mentor for COVID-19 Pandemic Delayed Care; Variability of PROMIS Across Hand Conditions, PROMIS MCID in Hand; Examining Relationship between Press Ganey and PROMIS Outcome Scores; TDABC Carpal Tunnel: Traditional vs WALANT; Survey Fatigue - When does it kick in?, DRF with KP NorCal	10/2019-Present
Eric Guo, Medical Student Mentor for BLS CTS clerical vs Labor 2003-2018; Grip Strength Correlation with Patient Reported Outcomes Measurement Information System (PROMIS) – Upper Extremity; Examining Relationship between Press Ganey and PROMIS Outcome Scores Dylan Koolmees, Medical Student	10/2019-Present
•	10/2019-Present

Mentor for COVID-19 Pandemic Virtual Care -Surgeon Satisfaction, COVID-19 Pandemic Virtual Care; BLS: Workplace Related Injuries,	
the Accurate Trends in the United States from 1992-2018; Grip	
Strength Correlation with PROMIS UE; Time Driven Activity Based	
Costing (TDABC) Carpal Tunnel: Traditional vs Wide Awake Local	
Anesthesia No Tourniquet (WALANT); National Labor Database:	
Hand and UE Injuries; Survey Fatigue - When does it kick in?	10/0010 D
Majd Faraj, Medical Student	10/2019-Present
Mentor for COVID-19 Pandemic Delayed Care; COVID-19	
Pandemic Virtual Care; Perception of WALANT vs Traditional -	
Who wants WALANT	2014
Thomas J Dowling III, Medical Student	2014
Mentor for Hands Surgeons Perceptions of Affordable Care Act	
project	2012 2015
Nana Owusu, Medical Student	2013-2015
Mentor for ongoing studies on the cost, conflict, and safety of the	
FDA 510(k) Process, the effect of acetic acid iontophoresis on scar	
tissue, and knowledge and satisfaction of elderly distal radius fracture	
patients.	2012 2015
Ariel Park, Post-Baccalaureate program	2013-2015
Mentor for ongoing studies on the effect of acetic acid iontophoresis	
on scar tissue, and epidemiology of DRF treatment options including	
osteotomy in the Kaiser population.	2012 2015
Kaitlynne Cunningham, Undergraduate Student	2013-2015
Mentor for ongoing studies on epidemiology of DRF treatment	
options including osteotomy in the Kaiser population, prediction of	
post-operative pain, and knowledge and satisfaction of elderly distal radius fracture patients.	
Kelly Zhang, Undergraduate Student	2013-2015
Mentor for ongoing studies on patient outcomes with TenoGlide	2013-2013
Protector Sheets following surgical repair of metacarpal fractures.	
Bushra Guenoun, Undergraduate Student	2013-2015
Mentor for ongoing studies on the prediction of post-operative pain	2013-2013
and knowledge and satisfaction of elderly distal radius fracture	
patients.	
Joseph Moran-Guiati, Medical Student	2013-2015
Mentor for ongoing studies on the prediction of post-operative pain	2013-2013
and the effect of acetic acid iontophoresis on scar tissue.	
Prashant Rajan, Medical Student	2013-2015
Mentor for ongoing studies on the prediction of post-operative pain,	2013-2013
the effect of acetic acid iontophoresis on scar tissue, and satisfaction	
of patient amputees in restoration clinics.	
Frederick Rozenshteyn, Medical Student	2013-2015
Mentor for ongoing studies on the prediction of post-operative pain,	2013 2013
the effect of acetic acid iontophoresis on scar tissue, and knowledge	
and satisfaction of elderly distal radius fracture patients.	
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David Park, Medical Student	2013-2015
Mentor for ongoing studies on the prediction of post-operative pain,	
the effect of acetic acid iontophoresis on scar tissue, and satisfaction	
of patient amputees in restoration clinics.	
Michael Lin, MD, Orthopedic Hand Surgery Fellow	2013-2014
Mentor for orthopedics hand fellowship for 5 months	
Olukemi Fajolu, MD, Orthopedic Hand Surgery Fellow	2013-2014
Mentor for plastics hand fellowship for 5 months	
Jacob Bloom, MD, Plastics Hand Surgery Fellow	2013-2014
Mentor for plastics hand fellowship for 2 months	
Wei K Wu, Post-Baccalaureate program and Medical Student	2012-2016
Mentor for publications on distal radius fracture outcomes, Kaiser distal	
radius database on malunion osteotomies, and New England Journal	
of Medicine video on Hand Examination	
Gordon Bae, Medical Student	2012-2015
Mentor for publications on acetic acid iontophoresis for recalcitrant	
scarring in post-operative hand patients, ethnic diversity of hand	
surgeons compared to other specialties, how vinegar can be used to	
minimize post-surgical scar tissue	
Natalie Erlich, Medical Student	2012-2015
Mentor for publications on the impact of multiple diagnoses on treatment	
decisions	
Christian Calilung, Post-Baccalaureate program	2012-2014
Mentor for ongoing studies on the prediction of post-operative pain,	2012 2011
patient outcomes with TenoGlide Protector Sheets following surgical	
repair of metacarpal fractures, the effect of acetic acid iontophoresis	
on scar tissue, and satisfaction of patient amputees in restoration	
clinics.	
chines.	
Austin Lee, Undergraduate Student	2012-2014
Mentor for ongoing studies on amputee patient satisfaction of	2012 2011
restoration clinics, the effect of acetic acid iontophoresis on scar	
tissue	
Peyton Hayes, MD, Orthopedic Hand Surgery Fellow	2012-2013
Mentor for orthopedics hand fellowship for 9 months	2012 2013
Benjamin Christian, MD, Plastics Hand Surgery Fellow	2012-2013
Mentor for plastics hand fellowship for 3 months	2012 2013
Michael Daly, Medical Student	2011-2013
Mentor for studies on spinal cord stimulation for intractable upper	2011-2013
extremity pain, effect of acetic acid iontophoresis on postoperative	
scarring, radial tunnel, and evaluation of an amputation clinic	
Irfan Ahmed, MD, Orthopedic Hand Surgery Fellow	2011-2012
Mentor for orthopedics hand fellowship for 9 months	2011-2012
Reena Gupta, MD, Plastics Hand Surgery Fellow	2011-2012
	2011-2012
Mentor for plastics hand fellowship for 3 months	

Brandon Wilkinson, Undergraduate Student	Summer 2011
Mentor for 3-months on project to validate the effectiveness of a	
collagen matrix in improving total active motion following internal	
fixation of metacarpal fractures	
Khin-Kyemon Aung, Undergraduate Student	2010-2015
Mentor for studies on dual degree holders in orthopedic surgery,	
negative perceptions of orthopedics among medical students, web-	
based information sources for improving patient communication	
Diana Miao, Undergraduate Student	2010-2014
Mentor for studies on dual degree holders in orthopedic surgery,	
barriers to international volunteerism in orthopedics, seasonal	
variation in surgical volume, emergent patient transfer to hand clinics,	
appropriateness of medical curricula, and wound closure	
Agnes Dardas, Undergraduate Student	2010-2012
Mentor for 1 published review on carpometacarpal and	
scaphotrapeziotrapezoid arthritis; ongoing studies of hand surgeons'	
perspectives on healthcare reform, radial tunnel, and acetic acid	
iontophoresis on postoperative scarring	
Simon Talbot, MD, Plastics Hand Surgery Fellow	2010-2011
Mentor for plastics hand fellowship for 3 months	
Greg Byrd, MD, Orthopedic Hand Surgery Fellow	2010-2011
Mentor for orthopedics hand fellowship for 9 months	
Winsor Wesson, Undergraduate Student	Summer 2010
Mentor for study on web-based information sources for improving	
patient communication	
Arthur Yule, Post-Baccalaureate program	2009-2011
Mentor for 1 publication on the effectiveness of the American	
Academy of Orthopaedic Surgeons leadership fellows program;	
ongoing treatment of mallet finger, spinal cord stimulation for	
intractable upper extremity pain, emergent patient transfer to hand	
clinics, secondary displacement of distal radius fractures, negative	
perceptions of orthopedics among medical students, and acetic acid	
iontophoresis on postoperative scarring	
Jorge Brito, MD, Plastics Hand Surgery Fellow	2009-2010
Mentor for plastics hand fellowship for 4 months	
Robert Waugh, MD, Orthopedic Hand Surgery Fellow	2009-2010
Mentor for orthopedics hand fellowship for 8 months	
Brian Lawson, Medical Student	2008-2012
Mentor for ongoing studies on secondary displacement of distal radius	
fractures and spinal cord stimulation for intractable upper extremity	
pain	
Richard Li, Undergraduate Student	2008-2011
Mentor for publications on international contributions of published hand	
surgery literature and workers' compensation reimbursement;	
ongoing studies on prediction of post-operative pain, patterns of	

operative rates in hand surgery, and multiple diagnoses in the upper extremity	
Daniel Lage, Undergraduate Student	2008-2011
Mentor for 2 publications on the diversity in the orthopedic workforce	2000 2011
and the effect of socioeconomic status on the timing of surgery and	
on negative perceptions of orthopedics among medical students	
Brian Ahn, Post-Baccalaureate Student	2008-2010
Mentor for 2 publications on the effectiveness of the American	
Academy of Orthopaedic Surgeons leadership fellows program and	
international contributions of published hand surgery literature;	
ongoing studies on international contributions of published hand	
surgery literature, spinal cord stimulation for intractable upper	
extremity pain, emergent patient transfer to hand clinics, secondary	
displacement of distal radius fractures, and multiple diagnoses in the	
upper extremity	
Joseph Dollard Vithanaga, Undergraduata Student	2008-2010
Joseph Pollard-Vithanage, Undergraduate Student Mentor for ongoing studies on spinal cord stimulation for intractable	2008-2010
upper-extremity pain, epidemiology of wrist pain, and seasonal	
variation in surgical volume	
Erika Mejia, Undergraduate Student	2008-2009
Mentor for 1 publication on the effect of socioeconomic status on the	2000 2007
timing of surgery	
Matthew Carty, MD, Plastics Hand Surgery Fellow	2008-2009
Mentor for plastics hand fellowship for 4 months	
George Mundanthanam, MD, Orthopedic Hand Surgery Fellow	2008-2009
Mentor for orthopedics hand fellowship for 8 months	
Phoebe Kuo, Undergraduate Student	2007-2011
Mentor for 5 publication on international contributions of published	
hand surgery literature, secondary displacement of distal radius	
fractures, guidelines for emergent patient transfer to hand clinics,	
total wrist arthroplasty, and characteristics of ideal candidates for	
residency programs, and web-based information sources for	
improving patient communication	
Shervin Tabrizi, Undergraduate Student	2007-2011
Mentor for 3 publications on the effectiveness of the American	
Academy of Orthopaedic Surgeons leadership fellows program, HMS	
medical education curriculum reform, and complications of distal	
radius plating; ongoing studies on secondary displacement of distal	
radius fractures	
Christine Ahn, Undergraduate Student	2007-2010
Mentor for 5 publications on Harvard Medical School medical	
education curriculum reform, diversity in the orthopedic work force,	
and international contributions of published hand surgery literature;	
ongoing studies on treatment of mallet finger, operative treatment	

rates for hand pathologies, and multiple diagnoses in the upper	
extremity Melvin Makhni, Medical Student	2007-2010
	2007-2010
Mentor for 2 publication on distal radius fractures in elderly patients,	
and volunteering in academic orthopedic surgery Shalini Lal, Medical Student	2007-2010
Mentor for 3 publications on the effect of workman's compensation on	2007-2010
diagnosis and treatment of hand and wrist pathologies, and validation	
of an objective device for measuring wrist circumduction; ongoing	
study on characteristics of ideal candidates for residency programs	
Yangyang Yu, Undergraduate Student	2007-2009
Mentor for 3 publications on HMS medical education curriculum reform	2007 2009
and complications of distal radius plating; ongoing studies on	
operative treatment rates for hand pathologies and multiple diagnoses	
in the upper extremity	
Amir Taghinia, MD, Plastics Hand Surgery Fellow	2007-2008
Mentor for plastics hand fellowship for 3 months	2007 2000
Rebecca Bennett, MD, Orthopedic Hand Surgery Fellow	2007-2008
Mentor for orthopedics hand fellowship for 9 months	
Janet Yueh, Medical Student	2007-2008
Mentor for clinical research projects in plastic surgery	
Eric Makhni, Medical Student	2006-2010
Mentor for 6 publications on osteoporosis following distal radius	
fractures, plating of distal radius fractures, radiographic outcomes of	
distal radius, validation of a modern activity hand survey, and	
comminution in distal radius fractures	
Andrew Synn, Medical Student	2006-2010
Mentor for 1 publication on distal radius fractures in elderly patients	
Marc Alexander, Undergraduate Student	2006-2009
Four publications on the effect of workman's compensation on	
diagnosis and treatment of hand and wrist pathologies, validation of	
an objective device for measuring wrist circumduction, and validation	
of a modern activity hand survey	
Abby Zamora, Undergraduate Student	2006-2009
Mentor for 3 publications, including a study on endoscopic versus	
open carpal tunnel release	
Henry Horton, Medical Student	2006-2009
Mentor for 1 publication on the effect of workman's compensation on	
diagnosis and treatment of hand and wrist pathologies	
Orrin Franko, Medical Student	2006-2009
Mentor for 7 publications on plating of distal radius fractures,	
functional disability of the wrist, Harvard Medical School medical	
education curriculum reform, validation of an objective device for	
measuring wrist circumduction, validation of a modern activity hand	
survey, and functional outcomes after distal radius fracture reduction	2006 2000
Albert Yeh, Medical Student	2006-2008

Mentor for 5 publications on Harvard Medical School medical education curriculum reform	
Jennifer Graham, MD, Orthopedic Hand Surgery Fellow	2006-2007
Mentor for orthopedics hand fellowship for 10 months	
Miguel Ramirez, Medical Student	2005-2008
Mentor for 2 publications on medical education curriculum reform at	
Harvard Medical School and wrist arthroplasty	
Atul Kamath, Medical Student	2004-2007
Mentor for 2 publications on plating of distal radius fractures	
GRANTS, CONTRACTS, AND OTHER FUNDING	
Previously Funded National Grants and Contracts	
Role: Principal Investigator, Percent Effort: 5%	
Title: Prospective, randomized trial comparing splinting and percutaneous pinnin	g for mallet
fingers	
Source: American Society for Surgery of the Hand	
2006-2009	
Total Direct Cost: \$100,000	
Role: Principal Investigator, Percent Effort: 5%	
Title: The goal is to establish that pinning is an effective alternative to splinting a	t the distal
interphalangeal joint	
Source: American Society for Surgery of Hand	
2006-2009	

Total Direct Cost: \$20,000

Role: Principal Investigator, Percent Effort: 5%

Title: Prospective, randomized trial assessing the functional difference between a simulated motionless and limited motion wrist.

Source: Small Bone Innovations

2006-2008

Total Direct Cost: \$100,000

Role: Principal Investigator, Percent Effort: 5%

Title: Prospective, randomized trial comparing open and the Mirza endoscopic carpal tunnel releases.

Source: AM Surgical

2006-2008

Total Direct Cost: \$100,000

Role: Co-Investigator, Percent Effort: 5%

Title: Functional outcomes of distal radius fractures in the elderly.

Source: Hartford Geriatrics

2006-2007

Total Direct Cost: \$10,000

Role: Principal Investigator, Percent Effort: 5%

Title: Prospective, randomized trial comparing percutaneous pinning and open reduction and internal fixation for non-comminuted distal radius fractures. Source: Wright Medical

2005-2007

Total Direct Cost: \$100,000 Role: Co-Investigator, Percent Effort: 5% Title: The use of growth factor and gene therapy for denervated muscle. Source: American Society of Surgery of Hand 1999-2001 Total Direct Cost: \$50,000

#### **Previously Unfunded National Grants**

Role: Principal Investigator, R21 AR066298-01 Title: Acetic acid iontophoresis, a novel treatment for recalcitrant post-operative scar. Source: NIH Exploratory/Development Research Grant Award (R21) Impact Score: 31 Release Date: 1/14/2014 Total Direct Cost: \$472,688 Role: Principal Investigator, R21 AR063921-01A1 Title: Dynamic prediction of long-term postoperative outcomes in basal thumb arthritis. Source: NIH Exploratory/Development Research Grant Award (R21) Impact Score: 48 Release Date: 8/9/2013 Total Direct Cost: \$501,137 Role: Principal Investigator, R21 AR063921-01 Title: Dynamic prediction of long-term postoperative outcomes in basal thumb arthritis. Source: NIH Exploratory/Development Research Grant Award (R21) Impact Score: 41 Release Date: 8/8/2012 Total Direct Cost: \$502,036 Role: Principal Investigator, R34 AR059798-01A1 Title: Distal radius fractures in older patients: radiographic versus functional outcome Source: NIH Clinical Trial Planning Grant Program (R34) Impact Score: 20 Release Date: 12/14/2010 Total Direct Cost: \$186,528 Role: Principal Investigator, R34 AR059798-01 Title: Distal radius fractures in older patients: radiographic versus functional outcome Source: NIH Clinical Trial Planning Grant Program (R34) Impact Score: 38 Release Date: 3/26/2010 Total Direct Cost: \$196,204

# PUBLICATIONS

#### **Peer-Reviewed Publications**

\*Indicates trainee co-authors.

Impact factors and times cited counts are from Web of Science (as of 5/15/2020).

#### **Reports of Original Work**

1. **Day CS**, Wu WK<sup>\*</sup>, Smith CC. Examination of the hand and wrist. *N Engl J Med* 2019;380(12):e15. PMID: 30893537. Impact factor: 70.67; Times cited: 1.

- 2. Yang BW<sup>\*</sup>, Iorio ML, **Day CS**. Orthopedic device approval through the premarket approval process: a financial feasibility analysis for a single center. *J Bone Joint Surg Am* 2017;99(6):e26. PMID: 28291189. Impact factor: 4.716; Times cited: 1.
- 3. **Day CS**, Park DJ<sup>\*</sup>, Rozenshteyn FS<sup>\*</sup>, Owusu-Sarpong N<sup>\*</sup>, Gonzales A<sup>\*</sup>. Analysis of FDAapproved orthopaedic devices and their recalls. *J Bone Joint Surg Am* 2016;98(6):517-24. PMID: 26984921. Impact factor: 4.716; Times cited: 25.
- 4. Aung KK<sup>\*</sup>, Wu WK<sup>\*</sup>, Tokumi A<sup>\*</sup>, Kuo P<sup>\*</sup>, **Day CS**. Does a directive to an internet site enhance the doctor-patient interaction? A prospective randomized study for patients with carpal tunnel syndrome. *J Bone Joint Surg Am* 2015;97(13):1112-8. PMID: 26135078. Impact factor: 4.716; Times cited: 4.
- Bae G<sup>\*</sup>, Lee AW<sup>\*</sup>, Park DJ<sup>\*</sup>, Maniwa K<sup>\*</sup>, Zurakowski D, ASSH Diversity Committee; Day CS. Ethnic and gender diversity in hand surgery trainees. *J Hand Surg Am* 2015;40(4):790-7. PMID: 25639841. Impact factor: 2.09; Times cited: 12.
- 6. Bae GH<sup>\*</sup>, Daly MC<sup>\*</sup>, Li R<sup>\*</sup>, Park DJ<sup>\*</sup>, **Day CS**. A 20-year analysis of hand and wrist research productivity in Asia. *Hand Surg* 2014;19(2):211-6. PMID: 24875505. Impact factor: NA; Times cited: NA.
- Buijze GA, Goslings JC, Rhemrev SJ, Weening AA, Van Kijkman B, Doornberg JN, Ring D, CAST Trial Collaboration. Cast immobilization with and without immobilization of the thumb for nondisplaced and minimally displaced scaphoid waist fractures: a multicenter, randomized, controlled trial. *J Hand Surg Am* 2014;39(4):621-7. PMID: 24582846. Impact factor: 2.09; Times cited: 29. *Pole: Patient reservitment*.

*Role: Patient recruitment* 

- Dardas A<sup>\*</sup>, Bae GH<sup>\*</sup>, Yule A<sup>\*</sup>, Wright J, Straughn N, Day CS. Acetic acid iontophoresis for recalcitrant scarring in post-operative hand patients. *J Hand Ther* 2014;27(1):44-8. PMID: 24373451. Impact factor: 1.532; Times cited: 1.
- Day CS. National healthcare initiatives and pursuit of wrist surgery innovations: a report of the 2011-2012 Sterling Bunnell Traveling Fellow. *J Hand Surg Am* 2014;39(1):111-6. PMID: 24140363. Impact factor: 2.09; Times cited: 0.
- 10. Kuo P<sup>\*</sup>, Hartzell TL, Eberlin KR, Miao D<sup>\*</sup>, Zurakowski D, Winograd JM, **Day CS**. The characteristics of referring facilities and transferred hand surgery patients: factors associated with emergency patient transfers. *J Bone Joint Surg Am* 2014;96(6):e48. PMID: 24647515. Impact factor: 4.716; Times cited: 6.
- Makhni MC<sup>\*</sup>, Miao D<sup>\*</sup>, Zurakowski D, Day CS. Are academic orthopedic surgeons interested in global health? *Am J Orthop (Belle Mead NJ)* 2014;43(3):E37-42. PMID: 24660182. Impact factor: NA; Times cited: NA.
- 12. Eberlin KR<sup>\*</sup>, Hartzell TL<sup>\*</sup>, Kuo P<sup>\*</sup>, Winograd J, **Day C**. Patients transferred for emergency upper extremity evaluation: does insurance status matter? *Plast Reconstr Surg* 2013;131(3):593-600. PMID: 23446571. Impact factor: 3.946; Times cited: 16.
- Hartzell TL<sup>\*</sup>, Kuo P<sup>\*</sup>, Eberlin KR<sup>\*</sup>, Winograd JM, Day CS. The overutilization of resources in patients with acute upper extremity trauma and infection. *J Hand Surg Am* 2013;38(4):766-73. PMID: 23395105. Impact factor: 2.09; Times cited: 19.
- 14. Hill J<sup>\*</sup>, Yule A, Zurakowski D, **Day CS**. Residents' perceptions of sex diversity in orthopaedic surgery. *J Bone Joint Surg Am* 2013;95(19):e1441-6. PMID: 2408979. Impact factor: 4.716; Times cited: NA.
- 15. Rozental TD, Deschamps LN, Taylor A, Earp B, Zurakowski D, **Day CS**, Bouxsein ML. Premenopausal women with a distal radial fracture have deteriorated trabecular bone density

and morphology compared with controls without a fracture. *J Bone Joint Surgery Am* 2013;95(7):633-42. PMID: 23553299. Impact factor: 4.716; Times cited: 35.

- 16. Stern PJ, Albanese S, Bostrom M, Day CS, Frick SL, Hopkinson W, Hurwitz S, Kenter K, Kirkpatrick JS, Marsh JL, Murthi AM, Taitsman LA, Toolan BC, Weber K, Wright RW, Derstine PL, Edgar L. Orthopedic surgery milestones. *J Grad Med Educ* 2013;5(1 Suppl 1):36-58. PMID: 24404213. Impact factor: NA; Times cited: NA. *Role: Implementation and content design*
- Ahn CS<sup>\*</sup>, Li RJ<sup>\*</sup>, Ahn BS<sup>\*</sup>, Kuo P<sup>\*</sup>, Bryant J<sup>\*</sup>, Day CS. Hand and wrist research productivity in journals with high impact factors: a 20 year analysis. *J Hand Surg Eur Vol* 2012;37(3):275-83. PMID: 21987270. Impact factor: 2.225; Times cited: 16.
- 18. Day CS, Bernstein J, Boyer MI. Educating medical students in musculoskeletal surgery and medicine-how to get a course up and running at your institution: AOA Critical Issues. *J Bone Joint Surg Am* 2012;94(23):e1761-6. PMID: 23224396. Impact factor: 4.716; Times cited: NA.
- 19. **Day CS**, Daly MC<sup>\*</sup>. Management of geriatric distal radius fractures. *J Hand Surg Am* 2012;37(12):2619-22. PMID: 23123152. Impact factor: 2.09; Times cited: 9.
- 20. FitzPatrick SK, Casemyr NE, Zurakowski D, Day CS, Rozental TD. The effect of osteoporosis on outcomes of operatively treated distal radius fractures. *J Hand Surg Am* 2012;37(10):2027-34. PMID: 22938805. Impact factor: 2.09; Times cited: 21. *Role: Patient recruitment*
- 21. Day CS, Ahn CS<sup>\*</sup>, Yeh AC<sup>\*</sup>, Tabrizi S<sup>\*</sup>. Early assessment of a new integrated preclinical musculoskeletal curriculum at a medical school. *Am J Orthop (Belle Mead NJ)* 2011;40(1):14-8. PMID: 21712136. Impact factor: NA; Times cited: NA.
- 22. Makhni EC<sup>\*</sup>, Li R<sup>\*</sup>, **Day CS**. Worker's compensation: how do orthopedic surgeons fare? *Am J Orthop (Belle Mead NJ)* 2011;40(5):E71-7. PMID: 21734936. Impact factor: NA; Times cited: NA.
- 23. Yu YR<sup>\*</sup>, Makhni MC<sup>\*</sup>, Tabrizi S<sup>\*</sup>, Rozental TD, Mundanthanam G<sup>\*</sup>, **Day CS**. Complications of low-profile dorsal versus volar locking plates in the distal radius: a comparative study. *J Hand Surg Am* 2011;36(7):1135-41. PMID: 2171213. Impact factor: 2.09; Times cited: 58.
- 24. **Day CS**, Alexander M<sup>\*</sup>, Lal S<sup>\*</sup>, Horton H<sup>\*</sup>, Pauyo T<sup>\*</sup>, Ahn CS<sup>\*</sup>, Pauyo T, Rozental TD. Effects of workers' compensation on the diagnosis and surgical treatment of patients with hand and wrist disorders. *J Bone Joint Surg Am* 2010;92(13):2294-9. PMID: 20926723. Impact factor: 4.716; Times cited: 12.
- 25. **Day CS**, Lage DE<sup>\*</sup>, Ahn CS<sup>\*</sup>. Diversity based on race, ethnicity, and sex between academic orthopaedic surgery and other specialties: a comparative study. *J Bone Joint Surg Am* 2010;92(13):2328-35. PMID: 20926728. Impact factor: 4.716; Times cited: 43.
- 26. **Day CS**, Makhni EC<sup>\*</sup>, Mejia E<sup>\*</sup>, Lage DE<sup>\*</sup>, Rozental TD. Carpal and cubital tunnel syndrome: who gets surgery? *Clin Orthop Relat Res* 2010;468(7):1796-803. PMID: 20049568. Impact factor: 4.154; Times cited: 1.
- 27. Day CS, Tabrizi S\*, Kramer J, Yule AC, Ahn BS\*. Effectiveness of the AAOS Leadership Fellows Program for Orthopaedic Surgeons. *J Bone Joint Surg Am* 2010;92(16):2700-8. PMID: 21084580. Impact factor: 4.716; Times cited: 16.
- 28. Makhni EC<sup>\*</sup>, Taghinia A<sup>\*</sup>, Ewald T<sup>\*</sup>, Zurakowski D, **Day CS**. Comminution of the dorsal metaphysis and its effects on the radiographic outcomes of distal radius fractures. *J Hand Surg Eur Vol* 2010;35(8):652-8. PMID: 20237191. Impact factor: 2.225; Times cited: 8.
- 29. Day CS, Ahn CS<sup>\*</sup>, Yu Y<sup>\*</sup>. The addition of an upper-extremity curriculum in medical

education and its assessment. *J Hand Surg Eur Vol* 2009;34(6):797-9. PMID: 19786404. Impact factor: 2.225; Times cited: 8.

- 30. Day CS, Yu YR\*, Yeh AC\*, Newman LR, Arky R, Roberts DH. Musculoskeletal preclinical medical school education: meeting an underserved need. *J Bone Joint Surg Am* 2009;91(3):733-9. PMID: 19255239. Impact factor: 4.716; Times cited: 12.
- 31. Rozental TD, Blazar PE, Franko OI<sup>\*</sup>, Chacko AT, Earp BE, Day CS. Functional outcomes for unstable distal radius fractures treated with open reduction and internal fixation or closed reduction and percutaneous fixation: a prospective randomized trial. *J Bone Joint Surg Am* 2009;91(8):1837-46. PMID: 19651939. Impact factor: 4.716; Times cited: 152.
- Synn A\*, Makhni EC\*, Makhni MC\*, Rozental TD, Day CS. Distal radius fractures in older patients: is anatomic reduction necessary? *Clin Orthop Relat Res* 2009;467(6):1612-20. PMID: 19082864. Impact factor: 4.154; Times cited: 42.
- 33. Alexander M\*, Franko OI\*, Makhni EC\*, Zurakowski D, Day CS. Validation of a modern activity hand survey with respect to reliability, contruct and criterion validity. *J Hand Surg Eur Vol* 2008;33(5):653-60. PMID: 18977836. Impact factor: 2.225; Times cited: 11.
- 34. **Day CS**, Kamath AF<sup>\*</sup>, Makhni E<sup>\*</sup>, Jean-Gilles J, Zurakowski D. "Sandwich" plating for intra-articular distal radius fractures with volar and dorsal metaphyseal comminution. *Hand* (*NY*) 2008;3(1):47-54. PMID: 18780121. Impact factor: NA; Times cited: NA.
- Day CS, Yeh AC<sup>\*</sup>. Evidence of educational inadequacies in region-specific musculoskeletal medicine. *Clin Orthop Relat Res* 2008;466(10):2542-7. PMID: 18636305. Impact factor: 4.154; Times cited: 30.
- 36. Franko OI, Lal S, Pauyo T, Alexander M, Zurakowski D, Day C. Validation of an objective device for assessing circumductive wrist motion. *J Hand Surg Am* 2008;33(8):1293-300. PMID: 18929191. Impact factor: 2.09; Times cited: 3.
- 37. Franko OI<sup>\*</sup>, Zurakowski D, **Day CS**. Functional disability of the wrist: direct correlation with decreased wrist motion. *J Hand Surg Am* 2008;33(4):485-92. PMID: 18406951. Impact factor: 2.09; Times cited:20.
- 38. Makhni EC<sup>\*</sup>, Ewald TJ<sup>\*</sup>, Kelly S, **Day CS**. Effect of patient age on the radiographic outcomes of distal radius fractures subject to non-operative treatment. *J Hand Surg Am* 2008;33(8):1301-8. PMID: 18929192. Impact factor: 2.09; Times cited: 40.
- 39. Makhni EC, Synn A, Makhni MC, Taghinia A, Franko OI, Rozental TD, **Day CS**. The effects of patient age on the radiographic and functional outcomes of distal radius fractures: a two-study review. *Orthopaedic Journal at Harvard Medical School* 2008;10:91-94. Impact factor: NA; Times cited: NA.
- 40. Rozental TD, Makhni EC<sup>\*</sup>, **Day CS**, Bouxsein ML. Improving evaluation and treatment for osteoporosis following distal radial fractures: a prospective randomized intervention. *J Bone Joint Surg Am* 2008;90(5):953-61. PMID: 18451385. Impact factor: 4.716; Times cited: 104. *Role: Patient recruitment*
- Williams A, Shetty SK, Burstein D, Day CS, McKenzie C. Delayed gadolinium enhanced MRI of cartilage (dGEMRIC) of the first carpometacarpal (1CMC) joint: a feasibility study. *Osteoarthritis Cartilage* 2008;16(4):530-2. PMID: 18194872. Impact factor: 4.879; Times cited: 23.

Role: Study conception and patient recruitment

Yeh AC\*, Franko O\*, Day CS. Impact of clinical electives and residency interest on medical students' education in musculoskeletal medicine. *J Bone Joint Surg Am* 2008;90(2):307-15. PMID: 18245590. Impact factor: 4.716; Times cited: 20.

- 43. **Day CS**, Franko OI<sup>\*</sup>. Low-profile dorsal plating for dorsally angulated distal radius fractures. *Tech Hand Up Extrem Surg* 2007;11(2):142-8. PMID: 17549020. Impact factor: NA; Times cited: NA.
- 44. **Day CS**, Franko OI, Alexander M, Makhni E, Zurakowski D. Wrist motion correlation with functional outcomes and progress in the field of total wrist arthroplasty. *Orthopaedic Journal at Harvard Medical School* 2007;9:91-4. Impact factor: NA; Times cited: NA.
- 45. **Day CS**, Yeh AC<sup>\*</sup>, Franko O<sup>\*</sup>, Ramirez M<sup>\*</sup>, Krupat E. Musculoskeletal medicine: an assessment of the attitudes and knowledge of medical students at Harvard Medical School. *Acad Med* 2007;82(5):452-7. PMID: 17457065. Impact factor: 4.937; Times cited: 81.
- 46. Kamath AF\*, Zurakowski D, Day CS. Low-profile dorsal plating for dorsally angulated distal radius fractures: an outcomes study. *J Hand Surg Am* 2006;31(7):1061-7. PMID: 16945704. Impact factor: 2.09; Times cited: 58.
- 47. **Day CS**, Gelberman R, Patel AA, Vogt MT, Ditsios K, Boyer MI. Basal joint osteoarthritis of the thumb: a prospective trial of steroid injection and splinting. *J Hand Surg Am* 2004;29(2):247-51. PMID: 15043897. Impact factor: 2.09; Times cited: 66.
- 48. **Day CS**, Buranapanitkit B, Riano FA, Tomaino MM, Somogyi G, Sotereanos DG, Kuroda R Huard J. Insulin growth factor-1 decreases muscle atrophy following denervation. *Microsurgery* 2002;22(4):144-51. PMID: 12111979. Impact factor: 1.942; Times cited: 24.
- 49. **Day CS**, Riano F, Tomaino MM, Buranapinitkit B, Somogyi G, Sotereanos D, Huard J. Growth factor may decrease muscle atrophy secondary to denervation. *J Reconstr Microsurg* 2001;17(1):51-7. PMID: 11316285. Impact factor: 1.837; Times cited: 19.
- 50. Bosch P, Musgrave D, Ghivizzani S, Latterman C, Day CS, Huard J. The efficiency of muscle-derived cell-mediated bone formation. *Cell Transplant* 2000;9(4):463-70. PMID: 11038063. Impact factor: 3.477; Times cited: 41. *Role: Data collection and data analysis*
- 51. Day CS, Prayson MJ, Shuler TE, Towers J, Gruen GS. Transsacral versus modified pelvic landmarks for percutaneous iliosacral screw placement--a computed tomographic analysis and cadaveric study. *Am J Orthop (Belle Mead NJ)* 2000;29(9 Suppl):16-21. PMID: 11011775. Impact factor: NA; Times cited: NA.
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- 53. Day CS, Bosch P, Kasemkijwattana C, Menetrey J, Moreland MS, Fu FH, Ziran B, Huard J. Use of muscle cells to mediate gene transfer to the bone defect. *Tissue Eng* 1999;5(2):119-25. PMID: 10658219. Impact factor: 3.508; Times cited: 17.
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Role: Data collection and data analysis

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#### **Case Reports**

- 60. Rajan PV<sup>\*</sup>, **Day CS.** Scapholunate ligament insufficiency. *J Hand Surg Am* 2015;40(3):583-5. PMID: 25499841. Impact factor: 2.09; Times cited: 5.
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#### **Review Articles**

62. Crawford K, Owusu-Sarpong N<sup>\*</sup>, **Day C**, Iorio M. Scapholunate ligament reconstruction: a critical analysis review. *JBJS Rev* 2016;4(4):e41-8. PMID: 27487428. Impact factor: NA; Times cited: 0.

Role: Study concept

- 63. **Day CS**, Boden SD, Knott PT, O'Rourke NC, Yang BW<sup>\*</sup>. Musculoskeletal workforce needs: are physician assistants and nurse practitioners the solution? AOA Critical Issues. *J Bone Joint Surg Am* 2016;98(11):e46. PMID: 27252443. Impact factor: 4.716; Times cited: 5.
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- 66. Ahmed I, Yule A, **Day CS**. Primary repair of chronic ulnar collateral ligament injury of thumb metacarpophalangeal joint. *Oper Tech Orthop* 2012;22:167-170. Impact factor: NA; Times cited: NA.
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- 71. **Day CS**, Herndon J, Fogel D. Globalization of U.S. healthcare. *Pittsburgh Orthopaedic Journal* 1998;9:38-44. Impact factor: NA; Times cited: NA.
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#### **Commentaries/Editorials**

- 73. **Day CS**. CORR Insights(R): operative treatment is not associated with more relief of depression symptoms than nonoperative treatment in patients with common hand illness. *Clin Orthop Relat Res*. 2020;478(6):1330-2. PMID: 32271172. Impact factor: 4.154; Times cited: NA.
- 74. **Day CS**, Smith CC. Examination of the hand and wrist. Reply. *N Engl J Med* 2019;381(1):98. PMID: 31269384. Impact factor: 70.67; Times cited: 0.
- 75. Day CS. An alternative solution for the diagnosis of carpal tunnel syndrome: commentary on an article by John R. Fowler, MD, et al.: "A Comparison of Three Diagnostic Tests for Carpal Tunnel Syndrome Using Latent Class Analysis". *J Bone Joint Surg Am* 2015;97(23):e78. PMID: 26632004. Impact factor: 4.716; Times cited: 0.
- 76. Day CS, Maniwa K<sup>\*</sup>, Wu WK<sup>\*</sup>. More evidence that volar locked plating for distal radial fractures does not offer a functional advantage over traditional treatment options. *J Bone Joint Surg Am* 2013;95(19):e1471-2. PMID: 24088982. Impact factor: 4.716; Times cited: NA.
- 77. **Day CS**, Ahn CS<sup>\*</sup>. Commentary: the importance of musculoskeletal medicine and anatomy in medical education. *Acad Med* 2010;85(3):401-2. PMID: 19786404. Impact factor: 4.937; Times cited: 7.

#### Letters to the Editor

1. **Day CS**, Lee AH<sup>\*</sup>, Ahmed I<sup>\*</sup>. Acute carpal tunnel secondary to metallosis after total wrist arthroplasty. *J Hand Surg Eur Vol* 2013;38(1):80-1 PMID: 22821776. Impact factor: 2.225; Times cited: 5.

#### **Book Authorships, Editorships, and Chapters**

- 1. Laporte D, **Day CS**, eds. *Hand: Musculoskeletal Medicine*. Bone and Joint Initiative USA, Codman Group, 2017.
- 2. Makhni MC, Makhni EC, Swart EF, **Day CS**, eds. *Orthopedic Emergencies*. Switzerland: Springer; 2017.
- 3. **Day C,** Rozental T, Hays PL. Arthritides of the hand and wrist. In: Boyer MI, ed. *AAOS Comprehensive Orthopaedic Review 2*. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2014.
- 4. Shin AY, **Day CS**, eds. *Advances in Scapholunate Ligament Treatment*. Chicago: American Society for Surgery of the Hand; 2014.

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- 6. **Day CS**, Stern PJ. Fractures of the metacarpals and phalanges. In: Wolfe S, Hotchkiss R, Pederson W, Kozin S, eds. *Green's Operative Hand Surgery*, 6<sup>th</sup> ed. Philadelphia: Elsevier Churchill Livingstone; 2011:239-90.
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- 9. **Day CS**, Franko OI. Dorsal plating. In: Gelberman R, ed. *Master Techniques in Orthopaedic Surgery: The Wrist*; Philadelphia: Lippincott Williams & Wilkins; 2010:67-74.
- 10. **Day CS**, Rozental TD. Arthritides of the hand. In: Lieberman JR, ed. *AAOS Comprehensive Orthopaedic Review*. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2009: .
- 11. Franko O, **Day CS**. Dislocation and reduction of the PIP and DIP joints. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
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- 13. Makhni E, Ramappa A, **Day CS**. Dislocation and reduction of the shoulder. In: Thomsen T, Setnik G, ed. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
- 14. Ramirez MA, Richardson LC, Souza K, **Day CS**. Coaptation splint application. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
- 15. Ramirez MA, Richardson LC, Souza K, **Day CS**. General splinting techniques. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
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- 17. Ramirez MA, Richardson LC, Souza K, **Day CS**. Long leg splint application. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
- 18. Ramirez MA, Richardson LC, Souza K, **Day CS.** Short arm splint application. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
- 19. Ramirez MA, Richardson LC, Souza K, **Day CS.** Short leg splint application. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
- 20. Ramirez MA, Richardson LC, Souza K, **Day CS.** Sugar tong splint application. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
- 21. Ramirez MA, Richardson LC, Souza K, **Day CS**. Thumb spica splint application. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
- 22. Ramirez MA, Richardson LC, Souza K, **Day CS.** Ulnar gutter splint application. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.
- 23. Yeh AC, Appleton P, **Day CS**. Dislocation and reduction of the hip. In: Thomsen T, Setnik G, eds. *Procedures Consult: Internal Medicine*. Philadelphia: Elsevier; 2007:Epub.

- 24. Musgrave DS, **Day CS**, Bosch P, Menetrey J, Kasemkijwattana C, Moreland MS, Fu FH, Huard J. Muscle-based tissue engineering for orthopaedic applications. In: Huard J, Fu FH, eds. *Gene Therapy and Tissue Engineering for Orthopaedic and Sports Medicine*. New York: Springer-Verlag; 2000:196-212.
- 25. Menetrey J, Kasemkijwattana C, **Day CS**, Bosch P, Moreland MS, Fu FH, Huard J. The development of approaches based on gene therapy to improve muscle healing following injury. In: Huard J, Fu FH, eds. *Gene Therapy and Tissue Engineering for Orthopaedic and Sports Medicine*. New York: Springer-Verlag; 2000:74-88.

#### **Non-Peer Review Publications**

#### **Online News**

1. **Day CS**, Reddy S. Medical liability: shouldn't we be discussing this? *Huffington Post*. July 23, 2009. <u>https://www.huffpost.com/entry/healthcare-reform-and-def\_b\_243537</u>

#### Newsletters

- 1. **Day CS**. "Getting a grip on thumb injuries" with Gary Gillis. *Redsox Injury Report in Beth Israel Deaconess Medical Center Newsletter*. June 2011.
- 2. Day CS. The 2011 ABC Traveling Fellowship. AOA January e-Newsletter. January 2011.
- 3. Sohn DH, Parvizi J, **Day CS**. The need for tort reform in the current healthcare debate. *AAOS Now* September 2009.
- 4. Day CS. Ulnar nerve palsy. Orthopedic Knowledge Online. September 28, 2009.

#### Thesis

- 1. **Day CS.** Normative data in digital vibrometry. San Francisco: University of California; 1994.
- 2. **Day CS**. The thermoregulatory effects of the raphe magnus nuclei in a rat model. Stanford, CA: Stanford University; 1990.

# PRESENTATIONS

# **National Conference Podium Presentations**

1. Yedulla N, Garnica B, **Day CS**. Utilizing a Decision Aid for Identifying Patient Preferences in Orthopedic Hand Virtual Care. Presented at: American Society for Surgery of the Hand Annual Meeting; Virtual; October 2020

# **National Conference Poster Presentations**

- 1. Patel AD, Yedulla N, Cantu CA, **Day CS**. Calibrating PROMIS to Age: A Vital Component of Interpreting Upper Extremity Outcomes. Presented at: American Society for Surgery of the Hand Annual Meeting; Virtual; October 2020
- 2. Guo E, Raza S, Cantu CĂ, **Day CS**. Are Patient Reported Outcomes Enough? Presented at: American Society for Surgery of the Hand Annual Meeting; Virtual; October 2020
- 3. Faraj MT, Cantu CA, Garnica BG, **Day CS**. Validation of Wide-Awake Hand Surgery Decision Aid Sequence. Presented at: American Society for Surgery of the Hand Annual Meeting; Virtual; October 2020
- 4. Battista E, Yedulla N, Koolmees D, Montgomery Z, **Day CS**. Manufacturing Workers Have a Higher Incidence of Carpal Tunnel Syndrome. Presented at: American Society for Surgery of the Hand Annual Meeting: Virtual; October 2020

5. Yedulla N, Battista EB, Raza S, **Day CS**. Upper-Extremity Injuries are the 2<sup>nd</sup> Most Common Workplace Injuries from 1992 to 2018. Presented at: American Society for Surgery of the Hand Annual Meeting; Virtual; October 2020

#### <u>Invited Lectures/Presentations</u> International/National

# National

- 1. Day C. Wrist and hand complaints. Presented at: 2019 Harvard Medical School Primary Care Internal Medicine CME Course; Boston, MA; October 2019
- 2. Day C. Orthopedic update: physical exam and diagnosis of hand & wrist pain. Presented at: Pri-Med East Annual Meeting; Boston, MA; September 2015.
- 3. Day C. Musculoskeletal workforce needs: are mid-level providers the solution? Moderator at: 128<sup>th</sup> Annual Meeting of the American Orthopaedic Association; Providence, RI; June 2015.
- 4. Day C. Current perspectives in distal radius fixation. Moderator at: 82<sup>nd</sup> Annual Meeting of the American Academy of Orthopaedic Surgions; Las Vegas, NV; March 2015.
- 5. Day C. Concurrent Scientific Abstract Session IV. Panelist at: Annual Meeting of the American Association of Hand Surgery; Paradise Island, Bahamas; January 2015.
- 6. Day CS. "The Gestation and Birth of the Hand Milestones" / Symposium on Hand Surgery Training in the 21st Century: Getting Ready. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- Day CS. "Hand Surgery Training in the 21st Century: Getting Ready" / Moderator. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- 8. Day CS. "Management of Complex Carpal Injuries: Perilunate Case and Harvard Perspective on 4 Cases" / Instructional Course Lecture. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- 9. Day CS. "Management of Complex Carpal Injuries: Brief Case Presentations and Literature Review" / Instructional Course Lecture. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- Day CS. "Ready to Consider Implant Arthroplasty in the Hand and Wrist?" / Speaker in Symposium 8: Ready to Consider Implant Arthroplasty in the Hand and Wrist. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- 11. Day CS. "Clinical Paper Session: Wrist Reconstruction" / Moderator. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- 12. Day CS. "Changing the Paradigm of Resident and Fellow Education: Accreditation Council for Graduate Medical Education Milestones and More: Accreditation Council for Graduate Medical Education Milestones" / Instructional Course Lecture. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- Day CS. "Proximal Row Carpectomy" / Scapholunate Reconstruction Precourse. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- 14. Day CS. "Open Front-Back Scapholunate Reconstruction 'Modified Ho" / Scapholunate Reconstruction Precourse. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014

- 15. Day CS. "Historical Treatment (Prior to 1990)" / Scapholunate Reconstruction Precourse. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
- 16. Day CS. "Scapholunate Reconstruction Precourse" / Co-chair. Presented at: 69th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2014
  - 17. Day CS. FDA approval process for orthopaedic devices. Presented at: American-British-Canadian Traveling Fellowship Academic Program, Massachusetts General Hospital; Boston, MA; May 2014.
- 18. Day CS. "Thumb Metacarpophalangeal Ulnar Collateral Ligament: Anatomy and Pathophysiology" / Speaker. Presented at: 81st Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, LA; March 2014
- Day CS. "Distal Radius Fixation: Where is the Evidence?" / Speaker. Presented at: 81st Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, LA; March 2014
- 20. Day CS. "Hand Surgery Milestone Project / Co-Chair of Orthopedic Hand Surgery Milestone Working Group, Accreditation Council for Graduate Medical Education, American Board of Orthopaedic Surgery, American Board of Physician Specialties." Presented at: Orlando, FL; February 2014
- 21. Day CS. "Joint Replacement Arthroplasty and Arthrodesis of the Thumb MP Joint" / Speaker. Presented at 68<sup>th</sup> Annual Meeting of the American Society for Surgery of Hand. San Francisco, CA; September 2013
- 22. Day CS. "Hand Infection" / Instructional Course Lecture. Presented at: PRI-Med West Conference. Anaheim, CA; May 2013
- 23. Day CS. "Plate Fixation: Where is the Evidence?" / Instructional Course Lecture. Presented at: 80th Annual Meeting of the American Academy of Orthopaedic Surgeons. Chicago, IL.; March 2013
- 24. Day CS. "The Process of Applying to Medical School" / Speaker. Presented at: First Annual Bridge Medical Conference of ACMA. Boston, MA; October 2012
- 25. Day CS. "Clinical Paper Session: Distal Radius" / Moderator. Presented at: 67th Annual Meeting of the American Society for Surgery of Hand. Chicago, IL; September 2012
- 26. Day CS. "Precourse 10: Evidence Based Treatment of Fractures of the Distal Radius in 2012" / Speaker. Presented at: 67th Annual Meeting of the American Society for Surgery of Hand. Chicago, IL; September 2012
- 27. Day CS. Review of FDA "Minimum Clinically Important Difference (MCID): Defining Outcome metrics for Orthopaedic Devices" / Speaker. Presented at: Corporate Advisory Council. Chicago, IL; April 2012
- 28. Day CS. "Upper Extremity Outcome Instruments" / Speaker. Presented at: Minimal Clinically Important Difference (MCID) Public Meeting of U.S. Food and Drug Administration. Silver Spring, MD; April 2012
- 29. Day CS. "Does Wrist Motion Affect Wrist Function?" / Hand Research Invited Lecture. Presented at: Hospital Special Surgery, New York, NY; November 2011
- 30. Day CS. "Effective and Efficient: Is this You, Your Practice?" / Instructional Course Lecture, Panelist. Presented at: 66th Annual Meeting of the American Society for Surgery of Hand. Las Vegas, Nevada; September 2011

- 31. Day CS. "Management of Failed Operative Treatment of Distal Radius Fractures" / Instructional Course Lecture, Moderator and Panelist. Presented at: 66th Annual Meeting of the American Society for Surgery of Hand. Las Vegas, Nevada; September 2011
- 32. Day CS. "Effectiveness of the American Academy of Orthopaedic Surgeons Leadership Fellows Program" Orthopaedic Leadership Institute Inaugural Meeting. Presented at: New York University Hospital for Joint Diseases. New York, NY: July 2011
- 33. Day CS. Symposium: "Educating Medical Students in Musculoskeletal Medicine and Surgery: A Guide on How to Get a Course 'Up-and-Running' at Your Institution" / Panelist. Presented at: 124nd Annual Meeting of the American Orthopaedic Association. Boston, Massachusetts; June 2011
- 34. Day CS. "Trainee Evaluation" / American Society for Surgery of Hand Resident Educators Workshop, Panelist. Presented at: 65th Annual Meeting of the American Society for Surgery of Hand. Boston, MA; September 2010
- 35. Day CS. "Management of Complex Carpal Injuries" / Instructional Course Lecture, Moderator and Panelist. Presented at: 65th Annual Meeting of the American Society for Surgery of Hand. Boston, Massachusetts; September 2010
- 36. Day CS. Instructional Course Lecture on "Alternatives to Volar Plating for Distal Radius Fractures" and spoke on "Dorsal Plating for Dorsally Angulated Distal Radius Fractures – An Outcomes Study", Panelist. Presented at: 77th Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, Louisiana; March 2010
- 37. Day CS. "Distal Radius Fractures in the Older Patient: Multi-Center Prospective, Randomized Trial" / Speaker. Presented at: United States Bone and Joint Decade Young Investigator Grant Mentoring Workshop. Chicago, Illinois; March 2010
- 38. Day CS. "Clinical Anatomy and Management of Common Conditions and Procedures of the Elbow and Shoulder: Elbow Ligament Reconstruction" / Panelist. Presented at: ASSH 2010 Electives in Hand Surgery course. New Orleans, Louisiana; March 2010
- Day CS. "Current Practice in Scapholunate Ligament Injuries" / Instructional Course Lecture, Moderator and Panelist. Presented at: 64th Annual Meeting of the ASSH. San Francisco, California; September 2009
- 40. Day CS. "Current Clinical Issues in Primary Care: Physical Exam and Diagnoses of Hand & Wrist Pain" / lecture. Presented at: HMS Pri-Med Mid-Atlantic conference, Baltimore, MD. 2000 attendees. Rated 3.95/ 4.0; May 2008
- Day CS. "Current Clinical Issues in Primary Care: Physical Exam and Diagnoses of Hand & Wrist Pain" / lecture. Presented at: HMS Pri-Med East conference, Boston, MA. 2000 attendees. Rated 3.78/ 4.0; January 2008
- 42. Day CS. "Trapeziometacarpal Arthritis and Other Degenerative Arthropathies of the Hand"/ Instructional Course Lecture, Moderator and Panelist. Presented at: 62nd Annual Meeting of the ASSH. Seattle, Washington; September 2007
- 43. Day CS. "Complications of Wrist Fusion and Total Wrist Arthoplasty" / Interactive Case Review, Moderator and Panelist. Presented at: 62nd Annual Meeting of the ASSH. Seattle, Washington; September 2007
- 44. Day CS. "Dorsal Approach: Still a Great Technique". Presented at 6<sup>th</sup> International Distal Radius Fracture Course and Hand and Wrist Rehabilitation Symposium. Presented at: San Francisco, CA; May 2007.

#### International

- Day CS. "Are Distal Radius Malunions in the Older Population Truly Asymptomatic"/ Invited Lecturer. Presented at: 8<sup>th</sup> Beijing International Wrist Course and Wrist Arthroscopy Workshop. Beijing, China; October 2019
- Day CS. "Radio-carpal Joint Structure Identification and Examination" Invited Lecturer/ Expert. Presented at: 2016 Beijing Wrist Arthroscopy Workshop. Beijing, China; November 2016
- 3. Day CS. "Dorsal Plating for Distal Radius Fractures: What is the Evidence" Invited Lecturer/ Expert. Presented at: 11<sup>th</sup> International Congress of Chinese Orthopaedic Association. Beijing, China; November 2016
- Day CS. "Definition and Classification ScaphoLunate Injury: Dynamic, Static Reversible, Static Irreversible. Is the Geissler Classification or Any Classification Adequate" Invited Lecturer/ Expert. Presented at: 11<sup>th</sup> International Congress of Chinese Orthopaedic Association. Beijing, China; November 2016
- 5. Day CS. "Radio-carpal joint structure identification and examination" Invited speaker and "Distal Radius Fractures" / Invited Lecturer. Presented at: 10th International Congress of the Chinese Orthopedic Association. Chong Qing, China; November 2015
- 6. Day CS. "Endoscopic Carpal Tunnel Release" / Invited Lecturer. Presented at: Ji Shui Tan Hospital International Wrist Symposium. Beijing, China; November 2015
- 7. Day CS. "Sandwich Plating for Distal Radius Fractures" / Invited Lecturer. Presented at: Ji Shui Tan Hospital International Wrist Symposium. Beijing, China; November 2015
- 8. Day CS. "Total Wrist Replacement" / Invited Lecturer. Presented at: Ji Shui Tan Hospital International Wrist Symposium. Beijing, China; November 2015
- 9. Day CS. "Does Wrist Motion Correlate with Function?: My Early Experience with Total Wrist Replacement" and "Distal Radius Fractures in the Older Patient"/ Sterling Bunnell Traveling Fellowship. Presented at: Hospital Herriott, Lyon, France; March 16, 2012
- 10. Day CS. "Is the Diagnosis and Treatment of Workman's Compensation Patients Equal than that of Other Types of Patients?" / Sterling Bunnell Traveling Fellowship. Presented at: Kaplan Institute, Barcelona, Spain; March 13, 2012
- 11. Day CS. "Worker's Compensation: Its Effect on Patients and Orthopedic Surgeons" / Sterling Bunnell Traveling Fellowship. Presented at: Kaplan Institute, Barcelona, Spain; March 13, 2012
- 12. Day CS. "Distal Radius Fractures in the Older Patient" / Sterling Bunnell Traveling Fellowship. Presented at: JSSH, Hirosaki, Japan, April 23, 2012
- Day CS. "Hand and Wrist Research Productivity in Journals and High Impact Factors: A 20-Year Analysis" / Sterling Bunnell Traveling Fellowship. Presented at: JSSH, Haneda, Japan, April 19, 2012
- 14. Day CS. "Distal Radius Fractures: Are We Operating Too Much?" / ABC Traveling Fellowship Scientific Programme. Presented at: Auckland Hospital, Auckland, New Zealand. May 26, 2011
- Day CS. "Does Restricting Wrist Motion Affect Function?" / ABC Traveling Fellowship Scientific Programme. Presented at: Millbrook Resort, Queenstown, New Zealand; May 24, 2011
- 16. Day CS. "Distal Radius Fractures in the Older Patient: Is Anatomic Reduction Necessary?" / ABC Traveling Fellowship Scientific Programme. Presented at: Queensland Club, Brisbane, Australia; May 17, 2011

- 17. Day CS. "Effectiveness of a Leadership Training Program for Orthopaedic Surgeons." / ABC Traveling Fellowship Scientific Programme. Presented at: Seddon Society. London, United Kingdom; May 13, 2011
- 18. Day CS. "Diversity in Academic Orthopaedic Surgery: A Comparison to Other Specialties" / ABC Traveling Fellowship Scientific Programme. Presented at: James Cook University Hospital, Middlesbrough, United Kingdom. May 9, 2011.
- 19. Day CS. "Distal Radius Fractures in the Older Patient: Is Anatomic Reduction Necessary?" / ABC Traveling Fellowship Scientific Programme. Presented at: Beardmore Hotel and Conference Center, Glasgow, United Kingdom. May 6, 2011
- 20. Day CS. "Distal Radius Fractures: Are We Operating Too Much?" ABC Traveling Fellowship Scientific Programme. Presented at: Oxford University, Oxford, United Kingdom. April 28, 2011.
- 21. Day CS. "Objective Pre-Operative Pain Tolerance as a Predictor of Post-Operative Pain Experience" / ABC Traveling Fellowship Scientific Programme. Presented at: Southmead Hospital, Bristol, United Kingdom; April 27, 2011
- 22. Day CS. "Non-Diagnostic Factors that Influence a Patient's Decision to have Hand Surgery" / Invited international lecture. 5th Scientific Meeting on Upper Extremity Limb Surgery. Presented at: Aristotle University, Thessaloniki, Greece; 2010
- 23. Day CS. "Complications of Dorsal and Volar Plating for Distal Radius Fractures" / Invited international lecture. Presented at: 5th Scientific Meeting on Upper Extremity Limb Surgery. Aristotle University, Thessaloniki, Greece; 2010
- 24. Day CS. "Dorsal Approach: Still a Great Technique" Presented at: 6th International Distal Radius Fracture Course and Concurrent Hand and Wrist Rehabilitation Symposium. San Francisco, California; November 2005
- 25. Day CS. "Age Discrepancies in the Treatment and Radiographic Outcome of Distal Radius Fractures" / Invited Lecture. Presented at: International Society for Fracture Repair (ISFR) Distal Forearm Workshop II. Rome, Italy; March 2005

# Local/Regional

- Day CS. "Evaluation and management of common disorders of the hand". Presented at: Update in Internal Medicine HMS/Beth Israel Deaconess Medical Center; Boston, MA; September 2012
- 2. Day CS. "Being an Agent of Change in the Academic Medical Center" Presented at: Rabkin Fellowship in Medical Education Seminar, Department of Orthopaedic Surgery, Massachusetts General Hospital; Boston, MA; May 2012
- 3. Day CS. "Evaluation and management of common disorders of the hand". Presented at: Update in Internal Medicine HMS/Beth Israel Deaconess Medical Center; Boston, MA; September 2011
- 4. Day CS. "Being an Agent of Change in the Academic Medical Center" Presented at: Rabkin Fellowship in Medical Education Seminar, Department of Orthopaedic Surgery, Massachusetts General Hospital; Boston, MA; May 2011
- 5. Day CS. "Being an Agent of Change in the Academic Medical Center" Presented at: Rabkin Fellowship in Medical Education Seminar, Department of Orthopaedic Surgery, Massachusetts General Hospital; Boston, MA; May 2010

- 6. Day CS. "Functional disability of the wrist: direct correlation with decreased wrist motion." Presented at: Richard Smith Lectureship, Department of Orthopaedic Surgery, Massachusetts General Hospital; Boston, MA; May 2010.
- Day CS. "Complications of dorsal vs. volar plating". Presented at: Richard Smith Lectureship, Department of Orthopaedic Surgery, Massachusetts General Hospital; Boston, MA; May 2010.
- 8. Day CS. "Being an Agent of Change in the Academic Medical Center" Presented at: Rabkin Fellowship in Medical Education Seminar, Department of Orthopaedic Surgery, Massachusetts General Hospital; Boston, MA; May 2009
- Day CS. "Distal radius fractures and the elderly". Presented at:19<sup>th</sup> Annual Richard J. Smith, M.D. Residents/ Fellows Hand Conference, Massachusetts General Hospital; Boston, MA; May 2008.
- Day CS. "Being an Agent of Change in the Academic Medical Center" Presented at: Rabkin Fellowship in Medical Education Seminar, Department of Orthopaedic Surgery, Massachusetts General Hospital; Boston, MA; 2008.
- 11. Day CS. "Being an agent of change in the academic medical center". Presented at: Rabkin Fellowship in Medical Education Seminar, Beth Israel Deaconess Medical Center; Boston, MA; May 2007
- Day CS. "Updates on musculoskeletal education curriculum at Harvard Medical School. Presented at: Orthopedic Faculty Meeting, Massachusetts General Hospital; Boston, MA; April 2007
- Day CS. "Updates on musculoskeletal education curriculum at Harvard Medical School. Presented at: Brigham and Women's Hospital Roberts Orthopedic Conference; Boston, MA; March 2007
- 14. Day CS. "Distal radius fractures". Presented at: Maine Orthopaedic Society Annual Meeting; Carrabassett Valley, ME; May 2003

Invited Seminars and Grand Rounds

- 1. Day CS. "F.O.O.S.H: Diagnosis and Treatment of Wrist Injuries"/ Primary Care in Sports Medicine Grand Rounds. Presented at: Henry Ford Hospital; 2020
- 2. Day CS. "Orthopedic education in the 21<sup>st</sup> Century: are we on the right track?" Presented at: Grand Rounds, Columbia University Medical Center; New York, NY; November 2014
- 3. Day CS. "Thumb Basal Joint Arthritis" / Rheumatology Grand Rounds. Presented at: Beth Israel Deaconess Medical Center; February 2014
- 4. Day CS. "Joint Replacement Arthroplasty of the Hand" / Lahey Grand Rounds. Presented at: Boston, MA; April 2013
- 5. Day CS. "Low Profile Distal Plating and Distal Radius Fractures in the Older Population" / Grand Rounds. Presented at: Allegheny General Hospital. Pittsburgh, PA; November 2012
- 6. Day CS. "2011 ASSH Bunnell Fellowship: Innovations in Wrist Surgery" / Longwood Orthopaedic Grand Rounds. Presented at: Brigham and Women's Hospital; November 2012
- 7. Day CS. "Distal Radius Fractures: Are We Operating Too Much? / Grand Rounds. Presented at: University of Cincinnati; May 2012
- Day CS. "Distal Radius Fracture in the Older Patient: Is Anatomic Reduction Necessary?" / Grand Rounds. Presented at: University of California, Irvine Medical Center, Irvine, CA; April 2012

- 9. Day CS. "Distal Radius Fractures in the Older Patient" / Hand Surgery Grand Rounds. Presented at: Mayo Clinic. Rochester, MN; November 2011
- Day CS. "Distal Radius Fractures in the Older Patient and the 2011 ABC Traveling Fellowship" / Harvard Combined Orthopedic Program Grand Rounds. Presented at: Brigham and Women's Hospital; November 2011
- 11. Day CS. "Evaluation of Common Hand and Wrist Complaints" / Grand Rounds. Presented at: Mount Auburn Hospital; October 2010
- 12. Day CS. "Distal Radius Fractures: Are We Operating Too Much? / Grand Rounds. Presented at: University of Rochester Medical Center; April 2009
- 13. Day CS. "Orthopaedic education in the preclinical medical school curriculum: Meeting an underserved need" / Grand Rounds. Presented at: University of Pittsburgh School of Medicine Orthopaedic Department, Pittsburgh, PA; November 2008
- 14. Day CS. "Orthopedic Pre-Clinical Medical School Education at Harvard Medical School" / Harvard Combined Orthopedic Residency Program Grand Rounds. Presented at: Massachusetts General Hospital; October 2008
- 15. Day CS. "Common Hand Problems for the Primary Care Physician" / Grand Rounds. Presented at: Mount Auburn Hospital Internal Medicine; September 2007
- 16. Day CS. "Common Hand Surgery Referrals and Physical Examination of the Wrist" / Grand Rounds. Presented at: Milton Hospital Internal Medicine, Milton, MA; May 2005
- 17. Day CS. "Current Management of Distal Radius Fractures" / Grand Rounds. Presented at: UCSF Orthopaedic Surgery; May 2005
- 18. Day CS."Current Management of Distal Radius Fractures" / Grand Rounds. Presented at: Beth Israel Deaconess Medical Center, Boston, MA Plastic Surgery; March 2005
- Day CS. "Physical Examination and Differential Diagnosis of the Wrist" / Grand Rounds. Presented at: Beth Israel Deaconess Medical Center, Boston, MA Department of Rehabilitation; February 2004
- 20. Day CS. "Current Controversies in Distal Radius Fractures"/ Grand Rounds. Presented at: Chang Gung Memorial Hospital General Surgery. Keelung, Taiwan; July 2003
- 21. Day CS. "Wrist Trauma Cases" / Grand Rounds. Presented at: Beth Israel Deaconess Medical Center, Boston, MA Plastic Surgery; January 2003
- 22. Day CS. "Surgical Management of the Rheumatoid Hand: Part I Wrist and Thumb" / Grand Rounds. Presented at: Beth Israel Deaconess Medical Center, Boston, MA Rheumatology; November 2002