Emotional Wellness Symposium
Mind Matters when Living a Healthy Lifestyle

Monday, October 10, 2016  7:45 a.m. to 12:30 p.m.
Henry Ford Hospital  Buerki Auditorium
2799 West Grand Boulevard  Detroit, Michigan 48202

This is a no-cost Symposium and includes a continental breakfast
Registration is required

Bringing together all disciplines interested in advancing emotional wellness
CEU credits pending approval

Emotional wellness is an important dimension of total health. It is an active, lifelong process of learning about ourselves and establishing a constant regular routine. In these ways, we can develop immunity from compassion fatigue and successfully adapt to the emotional challenges of everyday life.

HFHS Employees please register: http://www.henryfordconnect.com/HFHSUniversity
All others register by emailing your name, phone number and company you work for to: EAPregistration@hfhs.org
You will receive a confirmation email response.
For questions call: 586.263.2825

Self-Parking is available for $2.50 in multiple lots or the parking garage. Valet parking is offered at Henry Ford Main Hospital entrance for a fee of $4.00.

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