

# 2025 Bereavement support groups

## July-December

### 2nd Wednesday of the month

10:30 a.m. – 12:00 p.m.

**Location:**

Henry Ford Macomb Hospital  
Medical Pavilion – 4th Floor Meeting Room #6  
16151 19 Mile Road  
Clinton Township, MI 48038

Monthly: 7/9, 8/13, 9/10, 10/8, 11/12, 12/10

### 3rd Tuesday of the month

1:00 p.m. – 2:30 p.m.

**Location:**

Virtual via Teams

Monthly: 7/15, 8/19, 9/16, 10/21, 11/18, 12/16

### 4th Friday of the month

10:00 a.m. – 11:30 a.m.

**Location:**

17333 Federal Drive, Suite 260  
Allen Park, MI 48101

Monthly: 7/25, 8/22, 9/26, 10/24, 11/21, 12/19

### SandCastles children's grief support program

SandCastles offers services in Oakland, Macomb and Wayne counties, as well as virtually. Call **313-771-7005** or email [sandcastles@hfhs.org](mailto:sandcastles@hfhs.org) for more information.



### Henry Ford Hospice bereavement services

Offers bereavement support to hospice family members, caregivers and anyone in the community 18 years or older who has experienced the loss of a loved one.

Program offerings include:

- Periodic phone calls
- Monthly newsletters
- Support groups
- Grief education
- One/one support is determined on an individual basis.
- Memorial services
- Community resources/referrals

In general, services last for 13 months, but support can be extended or discontinued. These services are free, with no cost to you.

To learn more about these services please call **586.276.9570** or go to [henryford.com/services/at-home/hospice/support](https://henryford.com/services/at-home/hospice/support).

Henry Ford provides qualified interpreters and other aids and services for the deaf and hard of hearing at no cost.

To request assistance, call Henry Ford bereavement services at 586.276.9570.

A three-day notice is required when requesting an interpreter.

# Behavioral and mental health treatment

## General helplines

1. National Suicide Prevention lifeline (24/7) call or text 988
2. Veterans Crisis hotline: (24/7) 1.800.273.8255, press 1
3. Crisis helpline: Text "HOME" to 741741
4. Common Ground Crisis helpline 1.800.231.1127 or 248.456.1991
5. National Alliance on Mental Illness (NAMI) helpline: 1.800.950.6264  
Open Monday – Friday, 10:00 a.m. – 10:00 p.m. EST
6. Macomb County Crisis line: 586.307.9100
7. Oakland County Crisis line: 248.456.1991
8. Wayne County Crisis line: 1.833.55.REACH or 1.833.557.3224, Text #63288

## Online

Compassionatefriend.org

Griefshare.org

Whatsyourgrief.com

Google Bereaved Parents USA to find a local chapter.

## New Hope Center for grief support

248.348.0115

## Henry Ford Health behavioral health services

Southeast Michigan 1.800.422.1183

South Central Michigan 1.800.531.3728

## Agencies that are free or income-based

1. Wayne State University Psychology Clinic  
5229 Cass Ave. Detroit MI 48202  
313.577.4840
2. The University of Detroit Mercy Counseling Clinic  
4100 West McNichols, Reno Hall Room 141, Detroit, MI 48221  
313.993.1093  
Email: counselingclinic@udmercy.edu
3. Eastern Michigan University Psychology/Community Based Behavioral Clinic  
1075 North Huron River Drive Ypsilanti, MI 48197  
734-487-4987  
Email: psychclinic\_admin@emich.edu *\*May have a small fee.*
4. Oakland University Counseling Center  
Graham Health Center East Wing, 408 Meadow Brook Road, Rochester, MI 48309  
248-370-3465
5. University of Michigan Psychology Clinic  
Mary A. Rackham Institute (MARI), 210 S. 5th Ave. Ann Arbor, MI 48104  
734-615-7853  
*Accepts insurance. May offer financial assistance, see website.*