HENRY FORD HEALTH®

Donanemab (Kisunla®) Infusions

Patient Education Guide



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Welcome

Thank you for choosing Henry Ford Health. This book has information about the intravenous (IV) infusion medicine Kisunla® and how it works for mild cognitive impairment or mild dementia due to Alzheimer's disease.

- Once you have read through this book, contact the Kisunla® Infusion Nurse Navigator if you have questions or concerns.
- At the end of this book, there is an appointment tracker you can use to organize your upcoming appointments.

Nurse Navigator

Skye Baker, BSN, RN

- Office phone: (248) 325-0129
  - Monday through Friday, 8:00 a.m. to 4:30 p.m.
- After hours number for neurologist on call: (313) 916-2600
  - Monday through Friday, 4:40 p.m. to 8:00 a.m.
  - Weekends and holidays
- Fax number: (248) 325-3125

Locations

You may get your Kisunla® infusions at an infusion center. Talk with your doctor and insurance company about infusion locations.

Henry Ford Medical Center – Columbus
39450 W. 12 Mile Rd.
Novi, MI 48377

Henry Ford Hospital
2799 W. Grand Blvd
Detroit, MI 48201

Henry Ford Medical Center – Taylor
24555 Haig St.
Taylor, MI 48180

Henry Ford Macomb Hospital
Rapid Infusion Center
15855 19 Mile Rd.
Clinton Township, MI 48038

Intro to Infusion Therapy

Kisunla® infusion therapy may be an option for you if:

- You were recently diagnosed with mild cognitive impairment (MCI) due to Alzheimer's disease or mild Alzheimer's dementia.
- You meet specific criteria for infusion therapy. Your doctor will talk more about this with you.

What is donanemab (Kisunla®)?

Kisunla® is an intravenous (IV) medicine that is used to treat the early stages of Alzheimer's disease. It is **not** a cure, but a tool to help slow the progression of Alzheimer's disease.

How does it work?

Alzheimer's disease is a brain condition that gets worse over time. One way that Alzheimer's disease gets worse may be due to the buildup of a protein on the brain called amyloid. Kisunla® works in 2 ways:

- It targets the harmful amyloid proteins.
- It helps to remove existing amyloid proteins.

Testing Before Infusion Therapy

Before you start Kisunla® infusion therapy, there are some tests and scans that need to be done.

Functional and Cognitive Testing	Your doctor may do one or more of the following tests: • Functional impairment test: Functional Assessment Staging Test (FAST) • Cognitive impairment test: – Mini-Mental State Examination (MMSE) – Saint Louis University Mental Status (SLUMS) – Montreal Cognitive Assessment (MoCA)
Cerebral Spinal Fluid (CSF) Testing and Amyloid PET Scan	Your doctor may order one of the following tests: • Cerebral Spinal Fluid (CSF) Testing – The test is done in the Interventional Radiology department. – A needle is put into your low back to gather CSF in your spinal cord (called a lumbar puncture). – This test confirms the presence of Alzheimer's markers. • Amyloid PET Scan – The test is done in the radiology department. – It is a brain scan to look for the presence of the amyloid proteins.
ApoE4 Testing	ApoE4 is a gene marker that can increase the chances of developing Alzheimer's disease. • The ApoE4 gene also increases the risk for a potentially serious side effect of the infusion called amyloid-related imaging abnormalities (ARIA). • The ApoE test is done through a blood draw and looks at the ApoE4 gene variants.
Baseline Brain MRI	You will have an MRI of your brain before your first infusion to provide a baseline during your treatment. More MRIs will be ordered throughout your treatment to monitor for side effects called ARIA.

How You Get Kisunla® Infusions

You get Kisunla® through an IV (needle in one of your veins) over about 30 minutes.

- You will get infusions once a month (once every 4 weeks).
- The treatment length is about 18 months, however, some patients were able to complete treatment earlier, depending on their imaging results.
- You will start on a lower dose. Your dose will increase slowly over your first 4 infusions. By the 4th infusion, you will be at the full dose. This slow increase helps lower the chances of a side effect called ARIA (amyloid-related imaging abnormalities).
- You will get infusions in an infusion center. Please talk with your doctor and insurance company about infusion locations.
- A caregiver must be present at every infusion appointment.



MRI Schedule Between Infusions

You will complete a few more MRIs of your brain throughout the first 7 treatments (7 months) to monitor for side effects. The MRI schedule is:

- Scan before the 2nd treatment
- Scan before the 3rd treatment
- Scan before the 4th treatment
- Scan before the 7th treatment
- After you complete your 7th infusion treatment, you will **not** be expected to complete any more MRIs of your brain unless your doctor tells you different.

Henry Ford Health MRI Department

All 4 of your treatment MRI scans must be done at a Henry Ford Health location because a specific protocol is used to check for ARIA.

- Your Nurse Navigator will help you as needed to make sure the MRIs are scheduled on time.
- The MRI Department's phone number is (248) 661-7300.

Side Effects

Like with any medicine, side effects are possible. Below are different side effects that can happen. It is important to talk to your nurse navigator or doctor if you notice any of the side effects below.

ARIA

ARIA (amyloid related imaging abnormalities) is a potential side effect of Kisunla®. It most commonly shows small spots of bleeding on the brain or temporary swelling. Most people who have ARIA do not have symptoms. However, some people may notice:

- Headaches
- Confusion
- Dizziness
- Nausea
- Vision changes
- Aphasia (not able to talk or understand words)
- Weakness
- Seizure
- Sometimes serious symptoms of ARIA may occur. You may need to stay in the hospital if that happens.

Allergic Reactions

Serious allergic reactions have happened in patients who get Kisunla®. Watch for symptoms like:

- Hives and itching
- Difficulty breathing
- Feeling of your throat tightening or swelling
- Coughing

Infusion Related Reactions

Some patients have a reaction to the infusion itself which would typically happen with the first infusion. Watch for symptoms such as:

- Nausea
- Vomiting
- Changes in blood pressure
- Aching joints
- Fatigue
- Headache

Other Reasons to Call Your Doctor

Call your doctor or nurse navigator if you have any of the following before or during your treatment:

- A new cancer diagnosis or other cancer-related disease
- You visit the Emergency Department for any reason
- You have a stroke or heart attack
- You are newly diagnosed with any other disease, especially those of the immune system, your brain or nervous system, your heart, or your lungs

Please note, if you need to go to a non-Henry Ford Emergency Department, please tell them that you are on an anti-amyloid infusion therapy (Kisunla®) and have a higher chance of developing ARIA.

Follow-up

Follow-up Appointments

After infusion treatment has started, you will follow up in the office every 6 months for re-evaluation and cognitive testing. These appointments will be alternated between the Infusion Nurse Coordinator and the doctor.

- Appointments with the Infusion Nurse Coordinator will be much shorter and include:
  - One cognitive test.
  - Time for questions.
- Appointments with the provider will be longer and include additional cognitive testing.
- Our office will assist with setting up these appointments.

Insurance Coverage

Most insurance companies will cover some portion of Kisunla® infusion therapy. Once the order for the infusions has been placed, Henry Ford Health will get authorization from your insurance company.

- It is a good idea to reach out to your insurance company as well and ask if Kisunla® is covered, and what your estimated out-of-pocket cost will be.
- The codes below may be helpful when you talk to your insurance company about copays or deductibles that you may be responsible to pay.

Test or Procedure	Procedure Code
MRI Brain Without Contrast	70551
Infusion Treatment	J0175

Diagnosis	Code
Alzheimer's Disease	G30.9
Mild Cognitive Impairment	G31.84

Alzheimer's Network (ALZ-NET)

ALZ-NET is a national registry that collects clinical data about Alzheimer's patients and the treatments and devices used to manage Alzheimer's disease. All patients receiving the Kisunla® infusions are required to register for ALZ-NET. Henry Ford Hospital works with the ALZ-NET registry.

- A member from our research department will reach out to provide more information and step-by step instructions for how to sign up.
- For more information, visit the website or scan the QR code: alz-net.org.

To scan the QR code:

1. Open the camera on your smartphone.
2. Place the QR directly in the center of the camera and the link should appear on the screen.
3. Click the link to go to the webpage.

Support Resources

Alzheimer's Association

The Michigan Chapter of the Alzheimer's Association is a great resource for patients and their families as they navigate this new diagnosis.

- They offer a 24/7 helpline, support groups, education programs, social engagement programs, and care consultation. Call (800) 272-3900.
- Visit the website or scan the QR code to learn more: alz.org/gmc

Lilly Support Services

This is a patient support program that offers customized support and helps you navigate your treatment with Kisunla®. This includes helping you understand your treatment costs.

Visit the website or scan the QR code to learn more: kisunla.lilly.com/support

Henry Ford C.A.R.E. Program

The Henry Ford C.A.R.E. Program (Caregiver Assistance Resources & Education Program) is designed for those who are caring for a loved one, no matter what problem they are facing.

- They provide virtual and in-person support.
- Visit the website or scan the QR code to learn more: henryford.com/visitors/caregivers

Appointment Tracker

Below is a table you can use to track your appointments and write down notes you have for your doctor.

Appointment **(Infusion or MRI)**	Date and Location	Time	Notes

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