

## Introducing the Henry Ford Community Emotional Support Line

Life naturally has its ups and downs. With the current health crisis, we are all dealing with new emotions and stresses that can feel overwhelming. If you're having feelings of anxiety or sadness that won't go away, or are worried about excessive drinking or drug use, we're here for you. Our licensed therapists are available to provide an assessment and guide you to community resources that can help.

Community Emotional Support Line Call us today (313) 874-0343
Open daily, 7 a.m. to 11 p.m.
Open to adults and teens

