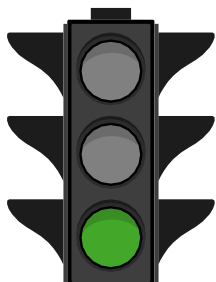


Your Plan for Action

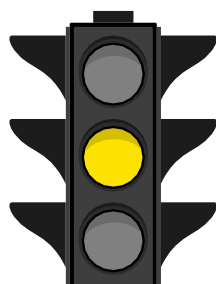
- Use this guide to tell your doctor about changes in your symptoms.
- You are less likely to go to the hospital when you notice your symptoms early and take action.

You are in control and doing well.



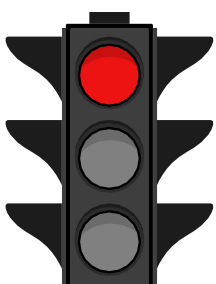
- I am taking my medicine as prescribed.
- My energy is steady, and I can do my daily tasks.
- Any symptoms I have are managed and not getting worse.
- My weight is stable.
- I have no swelling in my legs, feet, or hands.

Take action today. Call your doctor, the MyCare Advice Line, or schedule a same day in-person or virtual appointment.



- I have new or increased swelling in my legs, feet, hands, or face.
- I have a sudden weight gain of 2 to 3 pounds in one day, or 5 pounds in a week.
- I feel more tired than usual.
- I have nausea or decreased appetite.
- I am making less urine than before.
- I have pain when I urinate.
- My blood pressure is higher than usual.
- I have new or worsening side effects from my medicines.
- My blood sugar numbers are higher or lower than usual for several days.
- I have new numbness, tingling, or burning in my hands or feet.
- I have changes in my vision.
- I have sudden, severe fatigue.
- I have missed or will need to miss a treatment.

Take action now! Call 9-1-1 or go to the Emergency Department right away!



- I have severe swelling in my legs, feet, hands, or face.
- I have severe nausea or vomiting.
- My blood pressure is very high (top number is over 180 or bottom number is over 120).
- I have chest pain.
- I have shortness of breath.
- I have been told my BUN levels or creatinine levels in my blood are high.
- I have been told I have high levels of potassium.
- I have been told my hemoglobin levels are very low.
- I have blood in my urine.