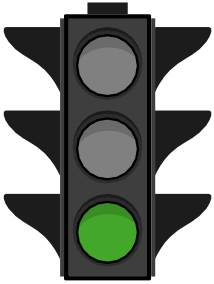


# Urinary Tract Infection (UTI) Action Plan

## Your Plan for Action

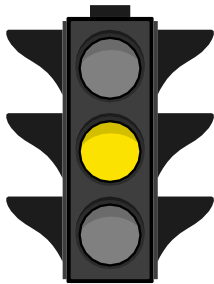
- Use this guide to tell your doctor about changes in your symptoms.
- You are less likely to go to the hospital when you notice your symptoms early and take action.

### You are in control and doing well.



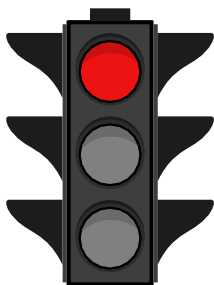
- I am taking my antibiotic medicine as prescribed.
- I am drinking enough fluids as instructed by my doctor.
- I am able to urinate and am urinating like normal for me.
- I have no pain with urination.

### Take action today. Call your doctor, the MyCare Advice Line, or schedule a same day in-person or virtual appointment.



- I am making less urine than usual.
- My urine is cloudy, dark, or smells bad.
- I have pain or burning with urination.
- I can urinate but not much comes out.
- My symptoms are not better after taking my antibiotic medicine for 1 to 2 days.
- My symptoms went away and have come back.
- I have nausea or vomiting.

### Take action now! Call 9-1-1 or go to the Emergency Department right away!



- I have very bad pain in my back or lower belly.
- I have weakness, dizziness, confusion, feeling faint, or fainting.
- I am vomiting or not able to keep fluids down.
- I have a fever or chills.
- I have chest pain.
- I have shortness of breath.