



The Henry Ford Weight Management Program Self-pay and Insurance Guide

Thank you for your interest in the Henry Ford Weight Management program at the Detroit and Livonia locations. Below is program cost. There is no difference in cost whether you choose our virtual, hybrid (combination of in person and virtual), individual health coach follow-ups, or group classes. If you have questions or would like to sign up for a free virtual orientation, please call 313-972-1919.

Weight Management Program Cost			
Description	¹Full coverage*	²Partial coverage*	³No coverage* (Out-of-Pocket)
Initial weight loss plan and support (4 months) Weight loss plan development with a Registered Dietitian and 4-months of follow-up appointments with your Health Coach. Includes: - Bi-weekly health coach visits - Bi-monthly RD visits	\$0 (Unless deductible is not met)	\$176.00	\$275.00
Continuation of active weight loss plan (4 months) Includes: - Bi-weekly health coach visits - Bi-monthly RD visits	\$0 (Unless deductible is not met)	\$176.00	\$176.00
Maintenance plan Includes: - Once monthly health coach visits	\$100.00	\$100.00	\$100.00

*Some insurance plans will cover RD visits only

**Coverage does not include the cost of meal replacements

***Payment is the same regardless of program type (i.e. virtual, in-person, or group class)

- **1 Full Coverage**
 - HAP coverage is a up to 1 year (12 consecutive months). Patients may be responsible for any deductibles or co-Pays and should verify with HAP.
 - Cigna powered by HAP. Plans vary. Must contact Cigna.
 - Former patients with HAP may re-join the program
- **2 Partial Coverage**
 - **HAP Senior Plus:** Coverage is limited to partial coverage. The dietitian visit is a covered benefit. Coach visits are not covered. (See chart #2 for cost).
Note: If you have already used your HAP coverage benefits, please see chart #3.
 - **BCBS:** Some BCBS plans will cover the dietitian visit. Coach visits are not covered. (See chart #2 for cost)
 - **BCN:** Some BCN plans will cover the dietitian visit. BCN requires pre-authorization. Coach visits are not covered. (See chart #2 for cost)
- **3 No Coverage**
 - Some insurances will not cover any portion of the Weight Management Program.

YOU ARE RESPONSIBLE FOR ANY CHARGES INCLUDING DEDUCTIBLES THAT YOUR INSURANCE DOES NOT COVER.

- **Payment plan**
 - For those without any insurance coverage they can pay \$275 upfront or \$300 over 4 months.
 - **To participate in the payment plan you must make your first payment in person to sign the payment plan agreement which allows us to charge your credit card according to the below schedule. Only credit cards can be used for the payment plan.**

	Amount due	Due Date
Initial RD visit	\$100	Time of appointment
2nd payment	\$50	15 th of the month
3rd payment	\$50	15 th of the month
4th payment	\$50	15 th of the month
5th payment	\$50	15 th of the month

For those with BCBS or an insurance that covers the initial RD visit they can pay \$176 upfront or \$200 over 2 months

	Amount due	Due Date
Initial RD visit	\$100	Time of appointment
2nd payment	\$50	15 th of the month
3rd payment	\$50	15 th of the month
Total	\$200	

If you have questions about your payments or coverage, please call 313-972-1919. Thank you again for choosing Henry Ford.